

# Penile Prosthesis ED Surgery

## Pre- and Post-Operative Instructions

### Pre-Operative Instructions

- + It is important that patients do not eat or drink anything, even coffee or water, starting at midnight the night before erectile dysfunction (ED) surgery; however, all medications can be taken with a sip of water.
- + Please stay on low-dose aspirin prior to surgery.
- + Please arrive at the surgery center two hours before your scheduled surgery time. If your scheduled surgery time is the first of the day, please arrive at 6:00 a.m.
- + Due to rules regarding anesthesia, you will not be able to drive home that day. Please arrange for someone to drive you home, should you be going home the same day as the surgery.

### Post-Operative Instructions

- + Keep area clean and dry for 48 hours. After that time, you may shower with NO direct water contact for 5 days; however, after 5 days, hot water soaks are recommended 3 times per day. Review any test results.
- + Anti-inflammatories, such as ibuprofen, may be used for post-operative discomfort.
- + Remove dressing after 24 hours.
- + Apply ice to scrotum 5 times per day, 30 minutes at a time, for 1 week after the procedure.
- + A pressure bag will be kept on your incision for 2 hours in the recovery room.
- + Scrotal support should be used for the first 10 days after the procedure.
- + No sutures will need to be removed.
- + Ten days after the procedure, please begin to locate both the inflate and deflate mechanisms of the pump in the scrotum, but do not use the device. Begin to gently pull down on the pump mechanism and perform deep tissue massage to the pump area.
- + Inflation and deflation teaching will be done 3 to 4 weeks after the procedure.

### Please call us if:

- + Your temperature is greater than 101.5.
- + Your skin appears very red or hot.
- + You have difficulty voiding.