

# What to Expect

## Detailed consultation

It all starts with the initial office visit. Our orthopedic surgery experts spend the time to fully understand the problem that brought you to them, listen to your goals and collaborate with you to find a customized plan to treat your pain.

## Conservative treatment options

Our surgeons and expanded care team is committed to your joint preservation. They will exhaust conservative measures first, such as rehabilitation, non-opioid medication and injections.

## Extended care team

A benefit of a connected and comprehensive health system is the ability for our surgeons to collaborate with other physicians. This collaboration allows them to find you the exact care you need for your condition from the expert physician who has specialized training to treat it. For example, our joint replacement surgeons and sports medicine surgeons work with each other to provide the most specialized expertise for your condition.

Our surgeons also collaborate with non-surgical sports medicine and non-surgical orthopedic experts to find you conservative yet innovative treatment options that can delay or avoid surgery.

## If surgery is needed

Rest assured you're in the right place with OhioHealth Physician Group orthopedic surgeons. Whether it's an arthroscopic procedure or a total joint replacement, your surgeon will have you well prepared with what to expect. For patients scheduled for total joint replacement surgery, we also offer an additional educational component through a pre-surgery class. During this free, small group class, you and your loved one can feel fully informed of what to expect on your surgery day — well before you arrive.

## Surgery

Expect the very best with OhioHealth. The staff at our facilities pride themselves on exceeding quality safety metrics and patient satisfaction — all to give you the best outcome possible. Your care team will work with you every step of the way to get you back home as soon as possible — in some cases the same day you have your surgery.

## Post-surgery

Your experience with your surgeon doesn't end after surgery. You can expect a comprehensive rehabilitation plan and office follow-up visits to get you on your way to recovery as quickly as possible.