

GIFTS OF GRATITUDE

*Grateful Hearts
Changing Lives*

2022 OHIOHEALTH FOUNDATION FISCAL YEAR IN REVIEW





Thank you

to all the donors, civic leaders, corporate partners and colleagues who provided philanthropic support in Fiscal Year 2022 to the OhioHealth Foundation.

It's because of your generosity and persistent spirit of giving that we are able to uphold OhioHealth's mission to improve the health of those we serve.

Many of you are probably familiar with the logo for OhioHealth — it looks like many strands woven together. It symbolizes the core components of OhioHealth's values of compassion, excellence, stewardship, integrity and inclusion. But the woven pattern also shows that we are all part of the fabric of our community. With your financial commitments, the Foundation can continue to fortify those interlocking symbols of strength to help provide exceptional care for all.

Throughout this year in review, you will read stories of impact. You will see how each story is connected, and why your help is vital to build a stronger, healthier community. It is with gratitude that I share this year in review with you.



Karen Morrison

Karen J. Morrison

President, OhioHealth Foundation

Senior Vice President, OhioHealth



As we embarked on a new year, **Simon Bisson** joined the OhioHealth Foundation as the new Vice President of Philanthropy. In partnership with Foundation President **Karen Morrison**, Simon provides leadership, strategy and execution for our fundraising enterprise.

Simon joined OhioHealth from University Hospitals Health System in Cleveland, where he served as Vice President of Institutional Relations and Development. He also served in executive fundraising roles as Vice President and Chief Executive Officer of the United Way of Greater Cleveland and Associate Dean for Development and Alumni Affairs at Case Western Reserve University.

He holds a master's degree and certificate in fundraising management from the Lilly Family School of Philanthropy at Indiana University as well as a bachelor's degree with honors from Christ Church University College in Canterbury, England. Simon is an active member of the Association of Fundraising Professionals (AFP) and is a graduate of the Johns Hopkins Medicine Philanthropy Institute.

Join us in welcoming Simon to the OhioHealth Foundation, and feel free to connect with him at Simon.Bisson@OhioHealth.com.

Total raised in FY22 **\$21.8M**

5,628
DONORS

3,175
INDIVIDUALS

1,979
OHIOHEALTH ASSOCIATES

297
CORPORATIONS

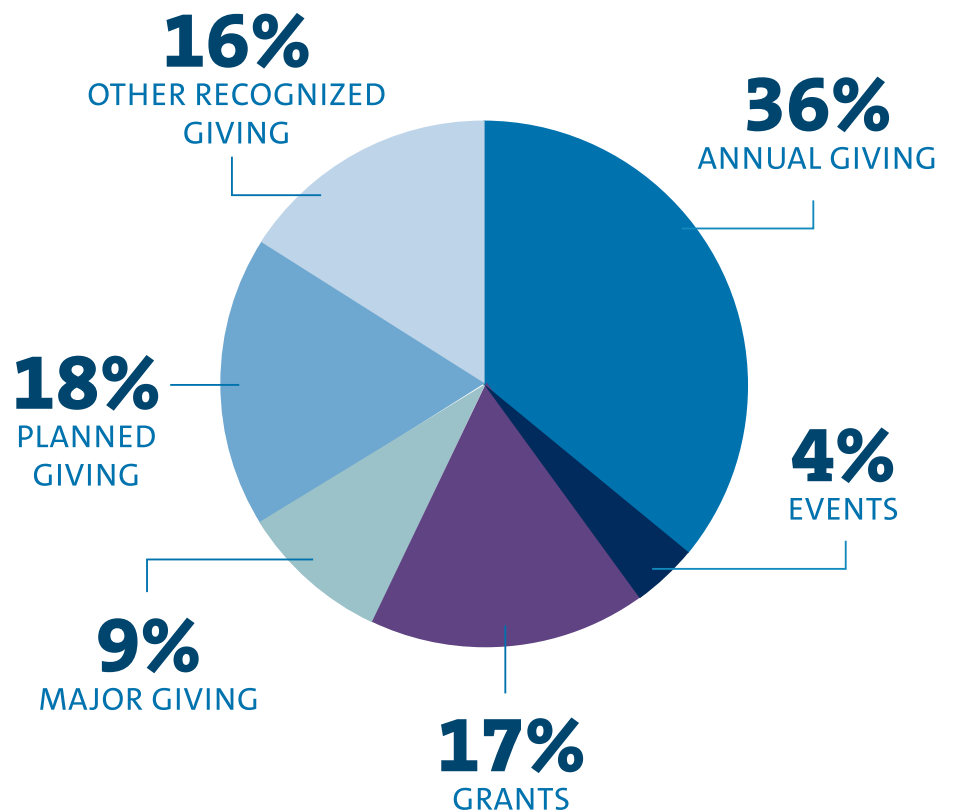
120
ORGANIZATIONS

54
FOUNDATIONS

3
GOVERNMENT AGENCIES

Number of gifts: **31,421**

How do you give?





Innovation and Technology

We support the discovery and use of new innovations, not only because they raise the bar for cutting-edge medicine, but because they reveal unexpected ways to better care for our patients with solutions and improvements to patient experiences in ways both big and small.

Caring for the people who care for us

As the emotional and mental resiliency of our caregivers was challenged during the pandemic, the Richland County Foundation was there for OhioHealth associates at Mansfield and Shelby care sites.

The Richland County Foundation set up the COVID-19 Rapid Response Initiative, a grant that offered well-being support to more than 1,900 associates. This targeted fund alleviated workplace stress with respite and recharge spaces, express fitness rooms, massage chairs and a healing garden. Prize patrols also delivered treats and trinkets, as well as gratitude meals to give frontline caregivers the chance to take a well-deserved break for food and snacks.

By committing resources to care for those dedicated to caring for others, the Richland County Foundation truly made a difference for local care team members in Mansfield and Shelby.



"Thanks to you and your team for the *gratitude meals!*"

"This is an *amazing offer!*"

"Thank you for this wonderful room...this is a place for us to *decompress.*"

"Thanks for all your work on *resiliency!*"

"This is a *great break* from the stress of work!"

Care for cancer patients and their hair

For many cancer patients, losing hair during chemotherapy can be devastating. But a new therapy, called cold capping, helps minimize chemical-induced hair loss by cooling the scalp. A specialized cap with cooling gel is worn before, during and after treatments. By cooling the hair follicles on the scalp, it causes them to go into hibernation, potentially stopping the chemotherapy from penetrating the roots.

OhioHealth partners with Over My Head Boutique and Penguin Cold Caps to provide this service for our patients. Our patients have told us that the therapy can do more than just maintain their hair. It can help cancer patients:

- + Support their mental health by protecting a sense of normalcy.
- + Keep their cancer diagnosis confidential.
- + Regain a sense of control.
- + Help regrow hair faster once treatments are over.

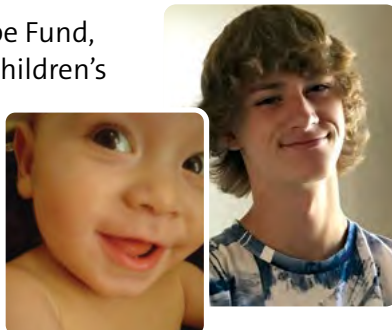
Cold capping isn't often covered by insurance, and it can be costly. Thanks to generous donors who have contributed over \$250,000, more than 100 OhioHealth patients have received cold cap therapy. We're so grateful for this tremendous support to make a difference in the lives of our patients.

Stories of hope for families

When their son **Rollie** was born in 2004, OhioHealth Executive, **Roland Tokarski** and his wife **Stacey** spent 100 days with him in the NICU at OhioHealth Riverside Methodist Hospital. The experience was the most challenging time of their lives, but the nurses, physicians and other NICU families gave them hope every step of the way. Rollie braved many medical procedures and months of therapies over the years. Today, Rollie is a healthy and thriving young man.

The Tokarski family has never forgotten that time in the NICU and the care and compassion of OhioHealth associates. While they continue to pray for those in the NICU, they also wanted to share the gift of hope with other families and their newborns receiving critical care.

They started the Stories of Hope Fund, which will offer each family a children's book when they arrive at the NICU in Riverside for years to come. They can choose from the classic books Give Me Grace, Goodnight Moon and Love You Forever.

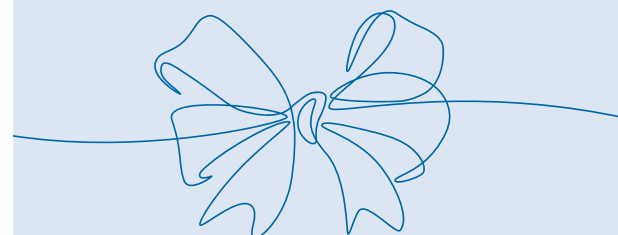


Giving along the way

After overhearing a cancer patient share excitement about their white blood cell count with a family member, an idea was born. **Justin Bates**, president of Stanley Steemer and member of the OhioHealth Dublin Methodist Hospital Development Board, and his wife Heidi brought the idea forward. He and his family wanted to help patients celebrate small milestones in their cancer treatment journey, like good test results, overcoming fears and making it through a treatment.

With a generous gift, the Bates Family Celebration Fund was established. It's used for patients at the Dublin Cancer Center to celebrate exciting milestones along their journey. Patients receive a themed tote bag — “beauty”, “cozy”, “food”, “self-care” and “tech” — with comfort items to match the theme and help them celebrate.

As long-time supporters of OhioHealth and Dublin Methodist Hospital, the Bates family hopes this small gesture will make an impact in patient lives by bringing a little joy to their care journeys.



Research and Education

In healthcare, there's no such thing as knowing too much. We fund research and education so our healthcare professionals can continually gain new knowledge and share what they know with our teams and patients to work towards a healthier future.

Cultivating the path to nursing excellence

Every day, an OhioHealth nurse touches a life, often at a significant and emotional time. It's at these moments that nurses impact others through their dedication, compassion and expertise. Patients and families often tell us how grateful they are for the care they received from OhioHealth nurses and are compelled to show their gratitude with a gift to our nursing excellence funds.



Contributions to our nursing excellence funds support opportunities for nurses to pursue professional development through continuing education and advanced degrees needed to maintain the highest quality of patient care for years to come.

In FY22, your philanthropic support through the OhioHealth Foundation granted **356 scholarships** to OhioHealth nurses and associates:

- + These gifts totaled **\$475,550**.
- + They were awarded to nurses and associates pursuing nursing degrees.
- + This ensures the highest quality of patient care for years to come.



Incredible work leads to support for generations

A celebration was held to recognize **Juan Torres-Reveron, MD**, as he was appointed to the Weary Foundation Janet W. Bay, MD, Endowed Chair in Neurosurgery.

An endowed chair is one of the highest honors a physician can receive. It symbolizes a commitment to groundbreaking clinical trials, educational opportunities and cutting-edge treatments. Dr. Torres-Reveron is the second endowed chair to be appointed at OhioHealth.

Gifford Weary, PhD, a retired yet active professor at Ohio State University, was nearly immobilized by back pain in 2008. She reached out to renowned neurosurgeon **Janet Bay, MD**, at OhioHealth Riverside Methodist Hospital. Dr. Bay performed spinal surgery on Dr. Weary that freed Weary from years of pain and “saved the quality of her life.” As an expression of gratitude and dedication to ensure the same level of excellent care for others, she established this endowed chair.

The fund for an endowed chair is invested in perpetuity, so future generations can benefit from this tremendous gift. Managed by the OhioHealth Foundation, endowed chairs provide permanent resources to attract and retain renowned physicians and seize important opportunities for innovation in patient care.





Community Outreach

We support outreach efforts to carry knowledge and expertise beyond our walls and into our communities. We look for meaningful ways to connect with the residents of Ohio and empower them to seek, find and maintain the care that will keep them healthy and allow them to thrive.

Grief support with compassion

The loss of a loved one is challenging for a child. Though grief is a normal emotion, children and adolescents grieve differently than adults, and may struggle with unfamiliar feelings and reactions. With the support of generous donors, OhioHealth Hospice has been committed to improving the emotional health and well-being of grieving children and adolescents in local schools since 2002. Our school outreach team provides education about grief, loss, trauma and healthy coping skills specific to young people.

OhioHealth Hospice recently received a generous donation from the Sisters Health Foundation, allowing the school outreach program to expand into southeast Ohio. A youth bereavement counselor will now be available to serve children and families in Athens and neighboring counties. The school outreach team proudly serves students in Athens, Delaware, Franklin, Licking, Marion, Pickaway and Richland counties.

In the 2021-2022 school year:

- + **150** schools in 32 districts received services.
- + **187** students received individual counseling.
- + **770** students participated in school groups.
- + **131** eight-week support groups were provided in schools.
- + **1,509** students were served during grief support, education and crisis sessions.
- + **764** adults served through education or crisis support.
- + **2,273** people were served by the school outreach program.

"Unsupported grief and trauma can affect a child's behavior, grades, school attendance and coping skills. Our goal is to provide tools for young people who have experienced loss so they can process their feelings, gain coping skills and begin to establish healthy life plans amidst loss. **We're grateful for our Sisters Health Foundation partnership and for the many donors who support this critical program across the system.**"

-Pam Gompf, OhioHealth Bereavement Services



A healthy approach to growing up

The Women's Health Fund was established in 2021 by an anonymous donor to support the health and well-being of women, girls and families in the communities served by OhioHealth Berger Hospital. It provides them with programs, educational community outreach, services and other initiatives of Berger Hospital Obstetrics and Gynecology.

Carolyn Yost, DO, a physician at Berger Hospital, provided health education to **160 fourth and fifth grade girls** at Circleville Elementary School. Dr. Yost discussed puberty and body changes, hygiene, friendships, girl power and safe adults they can talk to. Dr. Yost gathered input and inspiration from her own children on how to connect and communicate with pre-teen students.



Carolyn Yost, DO

In addition to the program, with support from the Women's Health Fund, all students received a toiletry bag containing personal hygiene products and the book *Celebrate Your Body (And Its Changes, Too!): The Ultimate Puberty Book for Girls*. The program was well-received, and we anticipate classes to happen again in the future.





Peggy L. Wood AUDITORIUM

Infrastructure and Facilities

We're committed to keeping our buildings as up-to-date and efficient as the people and healthcare inside them. When our care sites are tailored to comfort and healing, our patients feel better faster, families are more at ease and our teams can focus on doing what they do best — caring for patients.

The heart of the hospital

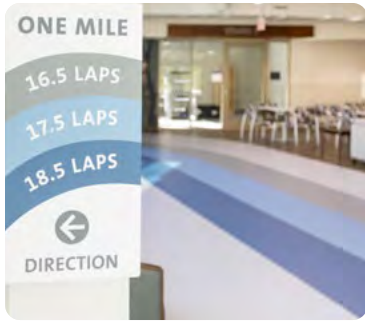
Peggy L. Wood was known to live a simple life of charity and touched many with her kindness and generosity. As a breast and lung cancer patient at OhioHealth Grant Medical Center, she and her family recognized the importance of supporting other families through their cancer journeys.

They created the Peggy L. Wood Cancer Services Endowment and the Wood Family Emergency Support Fund. These funds provide information, navigation, emergency housing and transportation for cancer patients, ensuring that every family at Grant affected by cancer can focus on healing and recovery.

Honoring Peggy's legacy, the Wood family continues her caring and giving spirit at OhioHealth Grant Medical Center. Their contributions over 26 years have enhanced programs and services for patients and their families, provided support for educational opportunities and improved facilities, offering patients a calm and healing environment.

The family recently made a gift to renovate the Grant Medical Center auditorium. During a dedication ceremony, the auditorium was referred to as the "heart of the hospital," a place to gather, celebrate staff, host town halls to discuss important issues, provide educational forums and create meaningful moments.





Accessing wellness without barriers

The OhioHealth Neuroscience Wellness Center provides exercise, education and emotional support programs for people living with neurologic conditions and for their caregivers. **David Hinkle, MD**, was an advocate to create the center — a place with trained exercise physiologists who could offer expert guidance. The Neuroscience Wellness Center serves that need as an innovative, cutting-edge and welcoming facility. Now celebrating its one-year anniversary, it was made possible by the philanthropic support of generous donors, including a lead gift from **John P. McConnell**.

But Dr. Hinkle didn't want his patients to face financial or transportation hurdles just to access the space and its classes. They needed easy access — so, he and his wife, Beth Hinkle, established the Neuroscience Wellness Center Accessibility Fund through the OhioHealth Foundation to reduce membership and transportation costs.

This meaningful gift means that eligible members don't have to worry about accessibility, something that they already contend with daily. Instead, they can ease into an exercise plan that Dr. Hinkle says is "professionally tailored to optimize their function and condition." And as Beth defines it, can "truly engage their mind, body and soul."



David Hinkle, MD

Caring for our smallest patients

In 2021, the OhioHealth Mothers' Milk Bank distributed over **389,000 ounces** of milk to babies in need throughout the United States and Canada — that's about 3,000 gallons! Just one ounce can feed a premature infant for three days, and more donations are needed.

Donors of human milk are essential to the milk bank. "We look at donor milk for premature infants like blood to a trauma patient," said **Chris Smith**, outreach coordinator for the milk bank. "It's lifesaving. It's not just a 'nice thing to have.' It's vital for those babies. It reduces their risk of infections and potential death. So, it's very important."

Breast milk contains a variety of nutrients and immune protection for vulnerable babies, especially those who are premature, ill or have life-threatening conditions. Babies benefit from the active growth hormones, developmental enzymes, infection fighting and immunological factors found in human milk.

Each year, generous donors provide funds to support the Milk Bank. This past year, donations helped purchase an additional pasteurizer and refrigerator needed to meet the growing need for donated milk. We're grateful for your support of this important service which impacts the lives of the most vulnerable babies here in our community and across the country.





Leave a legacy

Strengthening the future of Doctors Hospital



For **Jane Watson Cunningham**, leaving a legacy is a family affair. Jane's father, Dr. James Watson, was one of the original founders of OhioHealth Doctors Hospital. Dr. Watson was an osteopathic physician, a field that was often misunderstood because it took a more holistic approach to medicine. Today, Jane "finds it interesting and rewarding to see how the profession has proven itself by looking at the whole person."

Jane spent her summers growing up working at Doctors Hospital. At the time, she didn't realize how much she would devote herself to changing people's perceptions about osteopathic medicine — that DOs and MDs are both educated, trained and accredited physicians. Jane spent 15 years on the Development Board for Doctors Hospital where she was happy to be involved, answer questions and educate others about osteopathic medicine. She is now the Vice Chair of the Osteopathic Heritage Foundation.

Recently, Jane made a planned gift to the OhioHealth Foundation to support areas with the greatest need at Doctors Hospital. In making her estate commitment, Jane felt it was important to share her interests and make a gift that would have an impact and encourage someone else to give.

Jane still visits Doctors Hospital two or three times a year. She always stops by the plaque of her father — each time, she rubs his nose as a special gesture of affection and recognition that, over the years, has made his nose "very shiny." She's grateful that his work is still remembered to this day.



If, like Jane, you're interested in leaving a legacy through a planned gift, visit OhioHealthLegacy.org.

Amazing

THINGS HAPPEN WHEN

WE GIVE



2021 CAMPAIGN TOTAL:

\$724,000+

2021 WE GIVE CAMPAIGN RESULTS:

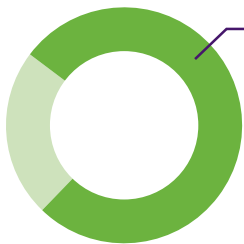


2,221

PARTICIPANTS

OhioHealth associates living our values everyday

For our OhioHealth family: The OhioHealth Foundation



68%

of donations were directed to OhioHealth Foundation Funds

150+

Foundation Funds supported

TOP 3

Funds Supported:

- OhioHealth Greatest Needs
- Associate Emergency Assistance
- Provider and Associate Well-being



100%

executive participation driving philanthropy across the system



695

departments and care teams exemplifying a gratitude-centric culture

For our community: United Way



172

agencies and charitable organizations supported

Top causes supported by our associates:

- Hunger Prevention Initiatives
- Local United Way Priorities
- Basic Needs/Social Service Agencies



600+

more participants this year highlighting organizational values

GIFTS OF GRATITUDE

Grateful Hearts Changing Lives

You make a difference

**We rely on charitable gifts to carry out our mission.
Here are just a few ways you can help:**

Donate Online

OhioHealth.com/Foundation

Mail Your Donation

OhioHealth Foundation
3430 OhioHealth Pkwy, Third Floor
Columbus, OH 43202

Leverage Matching Gifts

Your company may match your gift! Contact your company's Human Resources department to learn if they match charitable contributions.

Planned Giving

Explore the benefits of charitable gift planning. Contact us today for more details at (614) 544-4483 or visit OhioHealthLegacy.org

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Chair

Stephen Markovich, MD
(ex-officio)

Karen Morrison
(ex-officio)

Gifford Weary, PhD
Secretary-Treasurer

Karen Chester

Eric Jones

Nancy Recchie

David Schwarz

Valerie Swiatek

Gifts of Gratitude is published by the OhioHealth Foundation for grateful patients, family members, corporate and community partners, foundations, associates, physicians and volunteers. *Gifts of Gratitude* showcases the donors who are at the heart of giving and how they make a meaningful impact on the lives of others through the OhioHealth Foundation.

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