

# A Letter from the Program Director



Thank you for your interest in our ONMM Residency at OhioHealth O'Bleness Hospital. Our program provides advanced education and training in osteopathic manipulative medicine (OMM) from our board certified faculty.

Our graduates will leave our program with a strong foundation for long-term success in the treatment of acute and chronic pain grounded in the context of the whole patient and the interactions of that pain with other system dysfunction.

Some of the strengths of our program include diversity of educational and clinical opportunities and dedicated faculty with expertise in OMM and flexibility.

## Diverse Opportunities

Our NMM hospital-based consultation service covers the full range of services provided at O'Bleness Hospital – pediatrics, obstetrics, medicine, and surgery. The outpatient continuity clinic serves as a regional outpatient center that accepts community-based referrals for Osteopathic manipulative evaluation and treatment of acute and chronic pain as well as other patient complaints that may be impacted by neuromusculoskeletal dysfunction including functional and visceral complaints.

ONMM residents have access to all educational offerings through the hospital, as well as OU-HCOM seminars. Weekly focused didactics are an integral part of the ONMM residency and include journal club, anatomy/physiology reviews put in the Osteopathic context, participation in teaching in year 1 and 2 OMM labs and other opportunities for research and scholarly activity. Cadaveric dissection will be used to bring focus to particular areas of interest for residents and faculty.

## Faculty

The ability to interface with the faculty of OU-HCOM means that there is a very broad base of basic science expertise upon which to draw along with the specialty clinical acumen of the Ohio Health physicians group and that of the ONMM faculty itself. We are also part of the teaching faculty of Ohio University-Heritage College of Osteopathic Medicine. Our faculties goal is to help the ONMM residents deepen their appreciation of each patient's journey and of assuming an active role in their clinical care with progressive responsibility through the course of the residency year.

## Flexibility

We recognize that trainees enter our program with different skills and goals, necessitating some adjustment of educational opportunities during the course of the residency year in order to optimize each resident's educational experience. Elective opportunities are individually tailored to address the particular focus of each resident.

## Environment

Finally, southeastern Ohio is an amazing place to live and work. Our program is nestled within the lakes and hills of this region which offers many opportunities for the outdoor enthusiast while being part of a university environment. Columbus is slightly more than an hour away with all that larger cities have to offer, as well.

We invite you to learn more about the ONMM Residency at O'Bleness/Ohio Health in Athens, Ohio.

With sincerest appreciation for your interest,

**David C Eland, D.O., FFAO**