DHFP UPDATE

Doctors Hospital Family Practice Newsletter

Diversity and Inclusion at Doctors

We are proud to be a part of the change as OhioHealth continues its efforts to improve our community outreach via Diversity and Inclusion Councils for each hospital campus. Our mission as developed by staff members and leaders within Doctors Hospital:

“In order to improve the health of those we serve, we will lead and elevate a diverse, inclusive and respectful environment by celebrating individuality because we are all worthy of equality.”

Around the Corner

The Doctors Hospital Family Practice residency program is taking strides to strengthen our cultural competency and community outreach. These efforts will take the form of spending formal hours with our Diversity and Inclusion partners within OhioHealth, as well as explore the incorporation of time on the Wellness on Wheels mobile unit into our community medicine rotation! We believe these are opportunities to better understand the community we serve, and thus deliver more effective healthcare.

The purpose of this newsletter is to keep our alumni informed about the happenings of Doctors Hospital Family Practice and also to let our future residents know the most up-to-date information about our program.

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Drs. Hardeman (PGY 2) & Porter (2002) at Showers of Love (a homeless outreach event) with Wellness on Wheels
OMT Curriculum and Application

As DHFP prepares for its site visit for Osteopathic Recognition, our OMT curriculum strengthens under the direction of Dr. Fisher. This includes formal assessments at the beginning of the year, as well as OMT labs that have provided real-life scenarios for application of techniques. We had enthusiastic volunteers among our family members to join us for a day of pediatric OMT. We were also able to do a lab involving hospital beds to simulate the inpatient setting!

Left: Drs. Fisher (2015), Boydstun (PGY3) and Marshall (PGY2) discussing visceral techniques.

Right: Drs. Patel (2014), Fiffick (PGY1) and Singh (PGY1) assessing diagnostic techniques for the sacrum and pelvis.

Left: Dr. Marshall (PGY 2) treating volunteer patient Ryan Ellerman during Pediatric OMT Lab

Right: Lab for hospital-based OMT. Hospital beds were used to simulate the inpatient setting.
DHFP Goes to Camp

We hold two retreats during the academic year with full staff participation, and we had the opportunity to once again visit Camp Mary Orton for our fall retreat. Camp Mary Orton is owned and operated by the Godman Guild Association, a non-profit agency building better neighborhoods – “One person, one family at a time.” The work we did at the retreat allowed us to talk through conflict resolution strategies as well as understand our opportunities to improve communication throughout the office. This work was impactful in making the medical team “huddle” more sophisticated. The next day, we were already expressing an appreciation for each other’s efforts toward excellent patient care.

Spreading the Holiday Spirit

In addition to the community outreach spearheaded by Drs. Porter and Hardeman at Showers of Love, we hold a tradition of giving each holiday season. The DHFP Residents, Staff, and Faculty organize an Adopt-A-Family program each year to assist a family in need in fulfilling their holiday wishes. Resident leaders organized a fund and have been in close communication with this year’s pick: a family of 5. We had a wonderful time wrapping gifts at our annual holiday party!
Resident Activities

BELOW: Our second-year residents enjoyed an evening together to celebrate the holidays.

Back Row: Drs. Marshall, Joseph, and Basedow
Front Row: Drs. Koppelman, Hardeman, and Tymbel

ABOVE: Residents and their loved ones enjoy an evening at a local Corn Maze!

Welcome Jennifer Reynolds!

Jennifer joined Doctors Hospital Family Medicine program in November 2018. She graduated from Ohio University with a BSW and then attended Troy University in Alabama for a MS in counseling. Clinical interests include stress management, grief and depression, along with team building and communication skills development. Outside of work Jennifer enjoys reading, hiking, traveling and is always looking to find new restaurants!
Alumni & Second Look Event: “Feed your Soul” at Copious

We invite you to join your DHFP colleagues for an afternoon of fellowship and comradery! Catch up with old friends and get to know our potential class of 2022! We will enjoy eclectic food and music at one of Columbus’ unique venues!

Saturday January 19, 2019 / 1 to 3 PM

_Copious, Columbus OH_

RSVP by January 11:
Laurel.May@ohiohealth.com

Give Back to DHFP!

If you would like to give back to DHFP and support our continued efforts in strengthening our program, please send a check or money order to:

OhioHealth Foundation
180 East Broad Street, Floor 31
Columbus, OH 43215-3707

(Please note in the memo field of the check that the gift is for the DH Family Residency Fund #55039)