DHFP UPDATE

Doctors Hospital Family Practice Newsletter

Spring into Wellness!

We attended the Annual ACGME Conference in Orlando, FL in early March. A common theme woven throughout the weekend was “wellness,” and rightfully so! Many physician leaders including former Surgeon General Vivek Murthy, MD spoke about “breaking the silence” with mental health diseases amongst physicians; there were inspiring conversations in support of bettering the mental health of our physician community. This experience served as a great segue into spring cleaning around the office: we are opening spaces and re-furnishing our staff wellness room!

It’s Time for Retreat!

DHFP will be enjoying a day of mindfulness and gourmet cooking at the Woodhaven Farm in Johnston, Ohio this spring for the retreat. Jessica Engleheart of OhioHealth’s Mindfulness based stress reduction program will be leading the group in stretching Yoga and other mindfulness activities to help with centering ourselves while balancing work and life. Jessica is also going to do some work with mindful eating to help with nourishing our bodies while maintaining a full and sometimes hectic life.

Proud of You!

We have a lot to celebrate this spring, as we near the conclusion of another academic year. We will have five graduating residents, two of which have been accepted into fellowship programs. Susan Choe, DO will be joining the Neuromusculoskeletal Medicine Fellowship at O’Bleness Hospital in Athens, OH. Adam Stefaniak, DO will be a fellow of the Sports Medicine Program at Resurrection Medical Center in Chicago, IL. Other graduates of the program will be joining family medicine practices in Ohio!
Congratulations Dr. Smith!

Our Clinical Pharmacist Chelsey Smith PharmD is this year’s recipient of the 2019 Ohio Pharmacists Association (OPA) Young Pharmacists Recognition Award! Within this program, outstanding pharmacists who have exemplified leadership, excellence, and vision in their practice will be honored as distinguished UNDER 40 award recipients at the 2019 OPA Annual Conference. She is a well-deserved recipient, and we are proud to have her on our team!

Dr. Porter Joins the Board!

Our Associate Program Director Jill Porter, DO (‘02) recently became a member of the Board of Directors for Syntero, a local behavioral health resource that has helped many of our patients. As stated on their website, “The mission of Syntero, Inc. is to advocate and support the health and well-being of individuals, families and communities by providing professional, compassionate behavioral health and social services that adapt to the changing needs of the community.” Congratulations Dr. Porter, and “thank you” for advocating for improved mental health and wellness for our patients!

Celebrating our Family

J Todd Weihl, DO (‘01) was this year’s recipient of the highest honor from the Columbus Osteopathic Association (COA): the James F. Sosnowski, DO Distinguished Service Award. Read about it here! The award, established in 1988, honors those who have made lifelong contributions to the osteopathic profession and/or the community. Dr. Weihl is not only an alum, he is a former Program Director at DHFP. He has remained in the OhioHealth system and has served many roles — currently serving a dual role of VP of Medical Affairs and director of Medical Education at OhioHealth O’Bleness Hospital in Athens, OH!
Collaborations Galore!

Above: Dr. Tymbel (PGY 2) collaborated with Dr. Matheiu (PGY 3 at Grant Family Practice, OhioHealth) in presenting their poster titled “HPV Testing and Implications for IUD Placement”

Below: Drs. Baruch and Rahman participated in a co-learning OMT lab for obstetric patients led by Drs. DiPalma (‘08) and Dillinger. This included residents of all PGY levels from the Doctors Hospital OB/GYN and Family Medicine programs.
CME Opportunity:  
Primary Care Conference  
October 4th and 5th, 2019  

Please keep your eyes open for announcements regarding our annual CME conference, the OhioHealth Primary Care Conference, to be held at the Doctors Hospital Heritage Medical Center.

The conference is a collaborative effort among the family medicine programs at Doctors, Riverside, Dublin, and Grant. Traditionally, there is an “adult day” and “pediatric day” with a variety of high-yield topic presentations as well as break-out sessions to keep providers updated with hot topics in family medicine and pediatric medicine.

You can find the program from last year’s conference here.

Give Back to DHFP!
There are easy ways to support our continued efforts in strengthening the DHFP program:

1. Make a donation via the website below:  
   https://foundation.ohiohealth.com/doctors/general-programs-giving  
   (In the designation field, please type DH Family Medicine Residency or Fund# 55039)

2. Send a check or money order to:  
   OhioHealth Foundation  
   180 East Broad Street, Floor 31  
   Columbus, OH 43215-3707  
   (Please note in the memo field of the check that the gift is for the DH Family Residency Fund #55039)

Coming Soon:  
Alumni Spotlight!
Graduates from this program are doing great things, and we would love to celebrate those accomplishments! We will be featuring an Alumni Spotlight in upcoming editions of this newsletter.

Please send any news you would like to share with your fellow DHFP Alumni to:  
tejal.patel@ohiohealth.com