

Sports Physical Schedule

MAY 2019

Lexington High School

OhioHealth Ontario Health and Fitness Center

Monday May 13, 2019

1750 West Fourth Street

Ontario, Ohio 44906

Females 5:00 PM (Last Check-in 6:15 PM)

Males 6:00 PM (Last Check in 7:15 PM)

Shelby High School

OhioHealth Shelby Hospital

Tuesday, May 14, 2019

199 West Main Street

Shelby, Ohio 44875

All Athletes 5:00 PM (Last Check-in 7:00 PM)

Madison Comprehensive High School

OhioHealth Ontario Health and Fitness Center

Monday, May 20, 2019

1750 West Fourth Street

Ontario, Ohio 44906

All Athletes 5:00 PM (Last Check-in 6:15 PM)

Mansfield Senior High School

OhioHealth Ontario Health and Fitness Center

Monday, May 20, 2019

1750 West Fourth Street

Ontario, Ohio 44906

All Athletes 6:00 PM (Last Check-in 7:15 PM)

Key Notes:

- Please **FULLY COMPLETE** physical paperwork ahead of time and bring **ALL** pages of the approved form **SIGNED** and **DATED** in order for your athlete to receive a physical.
- Please be mindful that all facilities will be operating with normal patient care services prior to physicals.
- In some cases normal patient operations such as emergency and urgent care services will continue during and after sports physicals.
- Due to staff and volunteer scheduling we will not be able to start earlier than the published starting time.

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Sports Physical

INFORMATION TO KNOW BEFORE YOU ARRIVE

- **Why offer physicals?** Sports physicals are best performed by the student-athlete's primary care physician (PCP). However, station based physical exams administered by athletic trainers and fellowship-trained sports medicine team physicians provide an appropriate and complete alternative to physicals that would be provided by an urgent care or other convenience based pharmacy/outpatient treatment setting. This sports physical (as well as ALL physician interaction during school coverage) is not meant to replace regular or as needed visits to your (PCP). Physicals and on-site school or event coverage by an athletic trainer and/or physician are simply an adjunct intervention in an area of specialty.
- **Who can attend these physicals?** These sports physicals are open to students of any middle schools, high schools or school districts that partner with OhioHealth. These exams are meant for athletes with relatively "clean" medical histories and are used to screen for and detect medical or physical conditions that may put the student athlete at risk for future problems. **Any athlete who is currently under the care of their PCP for a medical condition/injury/illness or those with previously diagnosed medical conditions/injuries/illnesses, especially cardiac conditions that might preclude or limit participation in sports, are advised to get your medical exam from your PCP.**
- **Can I go to any of the dates listed?** If your schools' primary date/time or location is not convenient, please contact the school athletic trainer so other accommodations can be made.
- **How long will the exam take?** Once all paperwork is completed athletes will start in the same order they signed in upon arrival. We will do our best to move through as quickly as possible but understand that the physicians want to make sure each athlete gets all their needs addressed completely and thoroughly. Most often the longest wait times are for those parents/athletes who show up prior to physicals starting. We will not be able to begin before the published starting time.
- **Will I be charged for this exam?** OhioHealth is offering these services at no charge to the affiliated schools. Individual schools and/or districts may charge a fee; however, all proceeds will go back to the respective school and/or district. All physicians that are working these physicals are volunteering their time.
- **Can I go with my child through the exam?** Parents are ENCOURAGED to go to all the stations with their son/daughter as well as be in the room during the physician exam. If a parent or guardian is NOT present **ALL pages of the approved physical form need to be fully completed, signed and dated in order for your athlete to receive a physical.**
- **What should I bring?** Prior to receiving a physical, the consent to treat and HIPAA authorization (typically the final two pages) must be FULLY COMPLETED including SIGNATURES, DOB, DATED, school contact info, and grade. Per OHSAA rules, without a fully completed form, the athlete is ineligible to participate.

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