

Now Offering

OhioHealth Post-Concussion Return-to-Play Program for Athletes

Concussions can impact an athlete's future, both on and off the field. We know athletes want to return to activity as quickly as possible after a concussion, so it's our job to make sure they do so safely.

OhioHealth athletic trainers and physical therapists work with the athlete's physician to thoroughly evaluate and assess the athlete's condition and create a personalized, return-to-play plan for each athlete.

Cost: \$50

(Credit only)

To schedule an appointment,
call (614) 566-GAME (4263)

Post-Concussion Return-to-Play Program includes:

- + At least five sessions where physical activity is increased and symptoms are monitored
- + Monitoring memory, comprehension, speech, headache, dizziness, balance, and sleep
- + Performing further testing should symptoms arise
- + Coordinating additional care for the athlete should the concussion be more complex
- + Coordinating return-to-play release with physician

Appointments available within
24–48 hours after physician
assessment

Twelve convenient locations in
central Ohio



OhioHealth

BELIEVE IN WE™