We Provide a Continuum of Quality Care

OhioHealth offers a full range of therapeutic services for neurologically impaired patients needing rehabilitative services.

Whether in the hospital, at home, or as an outpatient patients receive continuity of care from the largest team of therapy experts in central Ohio. No matter where the rehabilitative recovery begins at OhioHealth, we meet the unique needs of our neurologic patients with diverse services and experienced expertise.

Acute Hospital Rehabilitation
Physicians may call on therapy professionals for rehabilitation to help hospitalized patients regain mobility and self-care skills. This kind of early therapy often includes physical, occupational and speech therapies, based on the unique needs of each patient. If continued therapy is needed at hospital discharge, rehabilitation can be arranged at the OhioHealth Rehabilitation Hospital, in the home, or at our outpatient OhioHealth Neurological Rehabilitation centers.

Acute rehabilitation services are offered at all OhioHealth hospitals across the region. For more information, visit OhioHealth.com/AcuteRehabilitation.

OhioHealth Rehabilitation Hospital
Some patients may need intensive therapy and education that can only be provided during a hospital stay. This is where OhioHealth Rehabilitation Hospital comes into the picture. With a focus on an intense, hands-on approach, patients have appointments with various rehabilitation specialists each day. The goal is to help patients get back to their lives as soon as possible. When they’re ready to leave the rehabilitation hospital, if they need continued rehabilitative care, they continue work with our therapists at our outpatient OhioHealth Neurological Rehabilitation centers. For more information, visit OhioHealth.com/InpatientRehabilitation.

Home Care Rehabilitation
Our patients’ paths to wellness sometimes require they receive care at home. We provide expert home healthcare that helps neurologic patients recover, maintain independence and experience the highest possible quality of life in the comfort of home. OhioHealth Home Care has the largest on-staff team of clinically trained home health caregivers in central Ohio, including nursing and physical, occupational and speech therapy teams. Once patients achieve their basic, functional goals (and are no longer home-bound), transfer of care is arranged to OhioHealth Neurological Rehabilitation to achieve high-level functional skills. For more information, visit OhioHealth.com/HomeHealthRehabilitation.

OhioHealth Neurological Rehabilitation
Nationally recognized experts and therapeutic services are provided in our state-of-the-art locations.

Treatment sessions are one-on-one with the therapist and range from 30 minutes to three hours, depending upon each patient’s individual, clinical need. Patients requiring more than one type of therapy will have their sessions conveniently scheduled back to back. Family members are welcome to attend therapy sessions and are considered an essential part of the treatment process. A physician referral is needed to start therapy.

To schedule an appointment, please call (614) 788.9213.
REHABILITATION SERVICES
OhioHealth Neurological Rehabilitation offers advanced, innovative therapies to help patients with neurological conditions recover.

PHYSICAL THERAPY
Therapists help neurologic patients regain the strength, balance and mobility needed to function independently. Speciﬁc treatment techniques and equipment are used that are unique for treating neurologic disorders, including addressing spasticity and functional bracing.

OCCUPATIONAL THERAPY
Therapists help patients relearn daily tasks and provide them with new strategies to achieve personal goals, often addressing impairments in vision, cognition, mobility and coordination. Treatment often involves functional activities intended to help patients return to independence in self-care, homemaking, community tasks, work, school and driving.

SPEECH THERAPY
Therapists are trained in a variety of techniques to treat speech disorders, including difﬁculty with memory and other cognitive abilities, stuttering, difﬁculty with speech and language, difﬁculty swallowing and mouth and facial weakness. Speciﬁc techniques and electrical stimulation are used to treat swallowing disorders.

ADDITIONAL SERVICES
OhioHealth Neurological Rehabilitation offers services that are integrated into our program to help patients in their recovery.

SOCIAL SERVICES
An essential part of the multidisciplinary team, social workers provide support and help educate patients on various programs and services available to assist them thrive in health and in the community. Patients are linked to services that meet their individual needs related to emotional support, ﬁnancial assistance, home modiﬁcation and support and programs geared towards community re-entry.

ART & MUSIC THERAPY & MUSIC THERAPY GROUPS
These supportive groups can enhance rehabilitation goals by encouraging creativity and communication through art and music. These free, evidence-based programs help patients explore their own creativity while addressing the emotional aspects of recovery experience and/or talent in art or music is not required to attend either of these two groups, held regularly at Riverside Methodist Hospital’s Dempsey Center.

SUPPORT GROUPS
We provide free education and support programs for those who have experienced a neurological condition. Support groups occur regularly at Riverside Methodist Hospital’s Dempsey Center and other locations in the community. Programs include MS Support Group, Caregiver Support Group, Brain Injury Support Group and two Stroke Support Groups.

THERAPEUTIC GOLF
OhioHealth Fore Hope™ helps those living with symptoms and disabilities from neurological conditions through individual and group golf programs. Whether you’ve a seasoned golfer or new to the game, this wellness program helps with physical, cognitive and social skills.

To learn more visit OhioHealth.com/ForeHope or call (614) 566-4342.

MS WELLNESS & FITNESS PROGRAM
This exercise class series provides an opportunity for people newly diagnosed with MS to achieve high levels of health while learning ways to maintain a healthy lifestyle. In addition to group fitness classes held four times per week, participants receive weekly lectures from medical professionals.

WHEELCHAIR SEATING CLINIC
Patients meet with a team of seating experts that includes a physical medicine physician, physical and occupational therapists, and wheelchair seating vendors.

- An evaluation is completed to determine the most appropriate mobility device based on each patient’s medical and functional needs.
- Follow-up care and ﬁtting are also provided at the clinic.
- An online medical supplier submits necessary insurance paperwork and provides equipment when appropriate.

The clinic occurs at OhioHealth Eastside Health Center. To schedule an appointment, call (614) 788-4407.

MATTER OF BALANCE
This six-week balance training class is taught by OhioHealth exercise physiologists specially trained in and focused on balance issues. It includes activities to improve balance, as well as education about risk factors for falling.

The clinic occurs at OhioHealth Eastside Health Center. To schedule an appointment, call (614) 788-4407.

COMMUNICATION GROUP
This free program focuses on higher-level apraxia, dysarthria, dysphonia, or other communication deﬁcits and is provided by a licensed speech therapist. This group meets weekly at Riverside Methodist Hospital’s Dempsey Center and occasionally goes on community outings.

D R I V E R R E H A B I L I T A T I O N
Driver Rehabilitation/Pre Instruction and Pre-Exposure Education
This program puts patients “behind the wheel” in real life situations and in safe driving settings, working with occupational therapy certiﬁed driver rehabilitation specialists.

- Clinical assessment of visual, perceptual, cognitive, psychosocial and motor aspects of performance
- Two to three hours, on-the-road driving evaluation using a hospital-owned vehicle
- Recommendations for vehicle adaptative equipment
- Driver training
- Education in community mobility resources

Driver Rehabilitation is offered at OhioHealth Grady Memorial Hospital, OhioHealth Mansﬁeld Hospital and Neurological Rehabilitation—Upper Arlington. A valid driver’s license is needed.