

OhioHealth Multiple Sclerosis Clinic – Education & Support

CLASS OFFERINGS 2025 - MAKE PLANS TO JOIN US

Virtual Support Squad

Grab your lunch, get comfy and join us! Informal platform for those living with MS to share information and ask questions.

Login: OhioHealth.webex.com/join/DempseyCenter

Every Third Friday of the Month 12-12:45 PM

Jan 17	Feb 21
Mar 21	Apr 18
May 16	Jun 20
Jul 18	Aug 15
Sept 19	Oct 17
Nov 21	Dec 19

Hot Topics In Multiple Sclerosis

You can join the OhioHealth MS team for interactive, in-person/virtual events covering an introduction to our team, hot topics in MS, and an opportunity to ask your questions live! Call Traci Paxton, LISW-S for the schedule. You won't want to miss out!

Questions

Please contact Traci Paxton, LISW-S
Phone: (614) 788-6119 or
Email: Traci.Paxton@OhioHealth.com

Dempsey Family Education & Resource Center at OhioHealth Riverside Methodist Hospital

Providing dedicated services for those living with neurologic conditions both in person and virtually. Including, but not limited to:

Art Therapy	Book Club
Communication Group	Healthy Habits for A Healthy You
Massage Therapy	Medicare 101
Music Therapy	Neuro Choir
Neuro Yoga	Tai Chi
Train the Brain	Caregiver Support Group
Stepping On	Much more!

Care Partner Support Group

Led by the Dempsey Center team, this group is a great way to connect with others in a care partner/caregiver role. Receive education and support, as well as learn about community resources.

Third Thursday of Every Month from 2-3 PM

Please contact the Dempsey Center for more information.

Email: DempseyCenter@OhioHealth.com

Phone: (614) 788-6115

Parking: For any in-person programs held at Riverside Hospital, please park in the red garage or use valet services. Parking will be validated.

