# OhioHealth Multiple Sclerosis Clinic – Education & Support

**CLASS OFFERINGS 2024 - MAKE PLANS TO JOIN US** 

## Virtual Support Squad

Grab your lunch, get comfy and join us! Relaxed platform for those living with MS to share information and ask questions

**Login:** OhioHealth.webex.com/join/DempseyCenter

Every Third Monday of the Month 12-12:45 PM

| Jan 15  | Feb 19 |
|---------|--------|
| Mar 18  | Apr 15 |
| May 20  | Jun 17 |
| Jul 15  | Aug 19 |
| Sept 16 | Oct 21 |
| Nov 18  | Dec 16 |

# Care Partner Support Group

Offered by the Dempsey Center, this is a great way to connect with others in a care partner/caregiver role. Receive education and support, as well as learn about community resources.

Third Thursday of Every Month from 2-3 PM

Please contact the Dempsey Center for more information.

Email: DempseyCenter@OhioHealth.com | Phone: (614) 788-6115

**Parking:** Parking is available on-site at no charge.

Subject to change as needed.

## **Positive Peer Connections**

#### **NEW LOCATION!**

### **OhioHealth Neuroscience Wellness Center**

785 McConnell Drive, Columbus, Ohio 43214

This in-person quarterly gathering is for all people impacted by Multiple Sclerosis (MS). Be around those who have a positive outlook and want to learn and share tips and resources. The group is led by the MS Clinic social worker. Other MS Clinic and OhioHealth practitioners may participate to share their expertise.

Mondays from 6:15-7:15 PM

| Mar 4  | Jun 3 |
|--------|-------|
| Sept 9 | Dec 2 |

## Hot Topics in Multiple Sclerosis

You can join the OhioHealth Multiple Sclerosis team for interactive, in-person/virtual events covering an introduction to our team, **hot topics** in MS, and an opportunity to ask your questions live! These events are scheduled at least twice a year. Call for dates and times. You won't want to miss out!

Please contact Traci Paxton, LISW-S Phone: **(614) 788-6119** or Email: **Traci.Paxton@OhioHealth.com** 

Questions

