The Employee Assistance Program from OhioHealth provides confidential support for your job-related and off-the-job issues.

We all have problems at one time or another that we can’t handle on our own. The EAP is here to help.

Call the OhioHealth EAP at (614) 566.3348 or (800) 992.8533 or email EAP@ohiohealth.com.

Available 24 hours a day, seven days a week.

If calling outside of the scheduled hours, you can leave a detailed message and a counselor will return your call on the next business day.
Your Employee Assistance Program

Confidential. Support. Solution. Call (614) 566.3348 or (800) 992.8533 24 hours a day, seven days a week.

Who is eligible to use the EAP?
Your employer has purchased the OhioHealth Employee Assistance Program (EAP) to provide confidential counseling sessions for you and your dependent family members at no cost to you.

What kind of problems does the EAP handle?
+ Job stress or performance problems at work or school
+ Problematic work relationships with peers or supervisor
+ Interpersonal difficulties
+ Marital or relationship concerns
+ Parenting issues or family problems
+ Alcohol or drug abuse
+ Symptoms of depression and anxiety

When is the EAP service available?
Trained, licensed behavioral health professionals from OhioHealth Behavioral Health staff are available 24 hours a day, seven days a week. If you get our voice mail, our staff is temporarily serving other clients - please leave a message and we will call you back promptly.

How do I contact the EAP Service?
Simply call the EAP directly at (614) 566.3348 or (800) 992.8533, or email EAP@ohiohealth.com.

You or any adult family member may call. Be prepared to tell us the name of your employer and the nature of your concerns. We will match you with the most appropriate EAP counselor from a wide range of specialties to meet your needs.

How does the EAP work?
When you arrive for your appointment, you will meet face-to-face with a specially trained EAP counselor. All our EAP counselors are state-certified master- or PhD-level clinicians. You and a family member may see the EAP counselor together, if needed. The counselor will assess your needs and can often help resolve the problem within the EAP sessions. When further services or treatment is needed, the counselor will refer you or your family member to the appropriate resources and coordinate them with your health insurance plan.

Will my employer know?
Your privacy and confidentiality is assured. You do not need to notify your employer that you or a family member contacted the EAP service. The OhioHealth EAP will never notify your employer unless you give consent for us to do so. Sometimes if the problem is affecting job performance, a supervisor may suggest that an employee contact the EAP service. However, use of the service is voluntary and no information about you or your problem is released without your consent.

The OhioHealth EAP – designed by people who really understand healthcare
Because OhioHealth is a leader in mental health and substance abuse treatment, we are uniquely positioned to understand your needs and how to address them. The OhioHealth EAP offers an experienced staff who can provide professional assistance to handle any of your job-related or off-the-job issues. And, our EAP is uniquely available 24 hours a day, seven days a week.

The Employee Assistance Program from OhioHealth provides confidential support for your job-related and off-the-job issues.

Your employer recognizes that your personal health and well-being is important both to you and to the success of the company. By providing this employee benefit, your employer encourages you and your family to seek help for a problem early at the time when it can most easily be resolved.

OhioHealth EAP counselors are located at 3820 Olentangy River Road and in other convenient locations near where you live or work.

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