

OhioHealth O'Bleness Hospital Community Health Needs Assessment

June 2022





OhioHealth O'Bleness Hospital

Quality Care, Close to Home

OhioHealth O'Bleness Hospital in Athens, Ohio, is southeastern Ohio's leading healthcare service provider. We deliver quality care in a safe and compassionate environment. Our medical staff includes specialists who offer a wide range of outpatient services, surgical procedures, treatment options and therapies. We have deep roots in the community and an even deeper commitment to meeting the needs of those we serve.

LeeAnn A. Helber, *President* 55 Hospital Drive Athens, Ohio 45701

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Table of Contents

Intro	duction		1
A. Dete		of the Community Served by the Hospital Facility and How the Community Served Was	4
В.	Communit	y Demographics	5
C. Com	•	ealthcare Facilities and Resources within the Community Available to Respond to the ealth Needs	6
D.	How Data	was Obtained	14
E.	Significant	Health Needs of the Community	15
F.	Primary, C	hronic Disease and Other Health Needs of Uninsured, Low-Income and Minority Populations	17
G.	Process fo	or Identifying and Prioritizing Community Health Needs	18
H.	Process fo	or Consulting with Persons Representing the Community's Interests and Input Provided	22
I. Com		Actions Taken to Address the Significant Health Needs Identified in the Hospital Facility's 2019 Ith Needs Assessment (CHNA)	23
J.	Organizati	ons Contracted to Assist with Conducting the Community Health Needs Assessment (CHNA)	24
Refe	rences		25
Арре	endix A.	Summary of Data and Information from the Ohio 2019 State Health Assessment	28
Appe	endix B.	Summary of Health-Related Data and information for Athens County, Ohio	33
	endix C. munity Stał	Summary of OhioHealth O'Bleness Hospital Community Health Needs Assessment (CHNA)	55
	endix D. ementation	Documentation of Program Impacts from the Community Health Needs Assessment and Strategy Adopted in 2019 by OhioHealth O'Bleness Hospital	74

Introduction

OhioHealth is a nationally recognized, not-for-profit, healthcare outreach of the United Methodist Church. Based in Columbus, Ohio, OhioHealth has been serving its communities since 1891. OhioHealth is a family of 35,000 associates, physicians and volunteers. OhioHealth is a system of 12 hospitals and more than 200 ambulatory sites, hospice, home health, medical equipment and other health services spanning a 47-county area. OhioHealth entities are connected by a shared mission "to improve the health of those we serve." With core values of compassion, excellence, stewardship, integrity and inclusion, OhioHealth is committed to delivering guality, convenient, timely healthcare, regardless of ability to pay. OhioHealth is a nationally recognized, not-for-profit, system of faith-based hospitals and healthcare organizations serving 47 Ohio counties. All OhioHealth entities are connected by (a) a mission to "improve the health of those we serve," (b) core values of compassion, excellence, stewardship, integrity and inclusion, and a (c) commitment to deliver high quality, convenient and timely healthcare regardless of ability to pay. OhioHealth was in the top 20 list of companies in the PEOPLE Companies that Care® 2020, which highlights the top United States companies that succeeded in business while demonstrating outstanding respect, care and concern for their employees, communities and environment during the COVID-19 pandemic. In 2020, four OhioHealth hospitals, namely, Riverside Methodist Hospital, Grant Medical Center, Doctors Hospital and Dublin Methodist Hospital were named a 2020 LGBTQ Healthcare Equality Top Performer based on the 2020 Healthcare Equality Index (HEI) administered by the Human Rights Campaign (HRC). In 2020, OhioHealth was recognized as Great Place to Work – Certified[™] based from the Great Place to Work[®] Trust Index[™] survey.

OhioHealth member hospitals are located in seven Ohio counties:

- Athens County OhioHealth O'Bleness Hospital
- Delaware County OhioHealth Grady Memorial Hospital
- **Franklin County** OhioHealth Riverside Methodist Hospital, OhioHealth Grant Medical Center, OhioHealth Doctors Hospital, OhioHealth Dublin Methodist Hospital, OhioHealth Grove City Methodist Hospital, OhioHealth Rehabilitation Hospital
- Hardin County OhioHealth Hardin Memorial Hospital
- Marion County OhioHealth Marion General Hospital
- Pickaway County OhioHealth Berger Hospital
- Richland County OhioHealth Mansfield Hospital, OhioHealth Shelby Hospital

FORTUNE Magazine has recognized OhioHealth as one of the "100 Best Companies to Work For" and has been for 14 years in a row: 2007–2019 and 2020 (Great Place to Work[®] Institute, n.d.). OhioHealth was also recognized as one of FORTUNE Magazine's 100 Best Workplaces for Women and 100 Best Places to Work in Healthcare.

OhioHealth O'Bleness Hospital has served the changing healthcare needs in southeastern Ohio since 1921. For nearly 100 years, O'Bleness Hospital and its compassionate team of healthcare providers and support staff have provided top quality, holistic care to patients and families in their own local community. O'Bleness Hospital, located at 55 Hospital Drive, Athens, Ohio 45701, is a 132-bed hospital facility that offers adult medical and surgical care, an adult intensive care unit and labor and delivery. In 2018, OhioHealth O'Bleness Hospital opened a state-of-the-art intensive care unit (ICU) comprised of eight private rooms equipped with telemedicine capabilities (eICU) to connect with either OhioHealth Riverside Methodist Hospital or OhioHealth Grant Medical Center specialists, as well as continuous monitoring of patients from the ICU's nursing station. O'Bleness Hospital has 167 medical staff and 47 advanced practice providers. The hospital offers various surgical procedures, treatment options, therapies and primary care services. Outpatient services include laboratory services, oncology and infusion services and a cardiac and pulmonary rehabilitation program. Additionally, O'Bleness Hospital is a clinical training site for Ohio University medical students.

In Fiscal Year 2020, OhioHealth as a system had 2.6 million outpatient visits, 541,349 emergency department visits, 162,754 admission and observations, 106,942 surgeries, 14,050 births, and 500 research studies. In Fiscal Year

2020, O'Bleness Hospital had 132 beds, 2,931 inpatient admissions, 7,285 inpatient days, 352 inpatient surgeries, 64,247 outpatient visits, 1,547 outpatient surgeries, 26,441 emergency department visits, and 1,955 observations.

O'Bleness Hospital has received various awards and recognitions related to its excellent patient care and use of advanced technology:

- (a) Accreditation and Certification by The Joint Commission OhioHealth O'Bleness Hospital achieved "Top Performer on Key Quality Measures". This accreditation was effective since 2018 (The Joint Commission, 2021)
- (b) Accreditation by the American College of Surgeons Commission on Cancer[®] offers general surgery and medical oncology. This accreditation was effective since 2021 (The American College of Surgeons (1996-2021)
- (c) Certified Member of MD Anderson Cancer Network[®] OhioHealth is the first health system in Ohio that is a certified member of MD Anderson Cancer Network[®], advancing cancer care, research, education, screening and prevention (OhioHealth, 2015-2021). Patients benefit from the OhioHealth relationship with the MD Anderson Cancer Network, through: (a) OhioHealth oncologists are certified MD Anderson Cancer Network[®] physicians, (b) OhioHealth certified physicians participates in peer-to-peer consultations with MD Anderson specialists to discuss comprehensive treatment plans, (c) patients may receive consults and treatment at MD Anderson Cancer Center in Houston, Texas, and (d) ongoing review of care provided by OhioHealth cancer specialists to provide care that's based on nationally recognized standards (OhioHealth, 2015-2021). OhioHealth O'Bleness Hospital became certified in 2021.
- (d) American College of Radiology certification recognizes OhioHealth O'Bleness Hospital's standards of compliance. This certification was effective since 2020 (American College of Radiology, n.d.).
- (e) Leapfrog Hospital Safety Grade A signifies top notch quality, safety and transparency in health care services by preventing harm and medical errors. The safety Grade "A" was effective since 2020 (The Leapfrog Group 2021).
- (f) Certification from the American Academy of Sleep Medicine achieved by the Sleep Disorders Center at Nelsonville, which is under OhioHealth O'Bleness Hospital. This certification was effective since 2017 (American Academy of Sleep Medicine, 2021).
- (g) Certification from the College of American Pathologists achieved by the OhioHealth O'Bleness Hospital Core Laboratory. This was effective in 2020 (College of American Pathologists, 2021).

OhioHealth is dedicated to serving the communities it serves through its community benefit. In fiscal year 2020, OhioHealth provided a total of \$479.1 million of Community Benefit, comprising \$122.2 million charity care, \$284.5 million net cost of Medicaid programs, \$63.9 million net cost of medical education, \$2.2 million subsidized health services, \$4.6 million community health services, \$1.5 million cash and in-kind contributions, and \$0.2 million research.

The Patient Protection and Affordable Care Act of 2010 requires not-for-profit hospitals to conduct a community health needs assessment (CHNA) once every three years (Internal Revenue Service, 2021). O'Bleness Hospital collaborated with the Athens City County Health Department and various community stakeholders to identify significant community health needs in Athens County and prioritize those significant health needs. OhioHealth O'Bleness Hospital contracted with Ohio University Voinovich School of Leadership and Public Service to facilitate three meetings: (a) May 26, 2021 — group discussion of significant health needs in Athens County; (b) June 16, 2021 — prioritization of significant health needs in Athens County; and (c) July 15, 2021 — discussion on alignment with Ohio's 2020-2022 State Health Improvement Plan.

OhioHealth O'Bleness Hospital partnered with OhioHealth Community Health Partnerships and Ohio University's Voinovich School of Leadership and Public Affairs in conducting the community stakeholder meetings that identified the significant community health needs affecting Athens County, prioritize these needs, and identify which significant health needs align with Ohio's 2020-2022 State Health Improvement Plan. The community stakeholder meetings were held on May 26, 2021, June 16, 2021, and July 15, 2021, 10:00 – 11:00 AM by Zoom.

The significant health needs that were identified include the following:

- (1) Mental health and addiction including increasing behavioral health care services
- (2) Access to care including outreach to individuals who may need care
- (3) Chronic disease including improving food access

O'Bleness Hospital has developed the Fiscal Year 2023–2025 Implementation Strategy to meet community health needs in Athens County in collaboration with the Athens City-County Health Department and other community stakeholders to demonstrate our continuing commitment to play an active and effective role in the Athens County community by fulfilling our mission 'to improve the health of those we serve.' Moreover, OhioHealth O'Bleness' Implementation Strategy will include actions and strategies that align with Ohio's 2020–2022 State Health Improvement Plan (Ohio Department of Health, 2020).

For information about the O'Bleness CHNA process and for a copy of the reports please visit <u>OhioHealth.com/Locations/Hospitals/Obleness-Hospital/About-Us/Community-Health-Needs-Assessment/</u>. Please contact LeeAnn A. Helber at (740) 592-9292 or <u>LeeAnn.Helber@ohiohealth.com</u> to obtain hard copies of the CHNA reports at no charge. Written comments regarding this CHNA report and related implementation strategy may be submitted to LeeAnn A. Helber at <u>LeeAnn.Helber@ohiohealth.com</u>.

A. Definition of the Community Served by the Hospital Facility and How the Community Served Was Determined

A1. Hospital Location and ZIP Codes of Communities Served

OhioHealth O'Bleness Hospital is located at 55 Hospital Drive, Athens, Ohio 45701. The OhioHealth Nelsonville Health Center, located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio, Athens County, offers multiple onsite services from urgent care and primary care physicians to imaging, laboratory and sleep services. In addition, O'Bleness Hospital operates two satellite facilities: (a) OhioHealth Castrop Health Center, located at 75 Hospital Drive, Athens, Ohio 45701, Athens County, provides work health services and (b) OhioHealth Homecare in Athens, located at 444 Union Street, Athens, Ohio 45701, Athens County, provides home health and hospice services. The community served by O'Bleness Hospital is Athens County, Ohio as determined by the percentage of patients served residing in Athens County. The communities reside in ZIP codes 43728, 45701, 45710, 45711, 45716, 45717, 45719, 45723, 45732, 45735, 45739, 45740, 45742, 45761, 45764, 45766, 45776, 45777, 45778, 45780 and 45782 (Datasheer, L.L.C., 2003-2021).

A2. Percentage of Patients Served from Athens County, Ohio

	Fiscal Year 2019	Fiscal Year 2020
Inpatients	71%	69%
Outpatient (excluding observation)	73%	73%
Emergency Department	73%	73%
Observation	75%	76%

B. Community Demographics

B1. Total population

In 2020, the population of Athens County was 66,720. (Ohio Department of Development, n.d.).

B2. Race and Ethnicity

In 2020, among Athens County residents, 90.6% were White, 2.9% were African American, 2.7% were Asian, 1.9% were Hispanic (of any race), 0.4% were other races, 0.5% were Native American, and 2.7% identified as two or more races (Ohio Department of Development, n.d.). Minorities represented 10.5% of the total population (Ohio Department of Development, n.d.).

B3. Age

In 2020, among Athens County residents, 4% of the population were younger than 5-years-old, 10.9% were ages 5–17, 29.6% were ages 18–24, 22.2% were ages 25–44, 21.3% were ages 45–64, and 12.1% were 65 years or older. The median age was 28.9 (Ohio Development of Development, n.d.).

B4. Income

In 2020, the median household income in Athens County was \$37,778 and per capita income was \$33,274. Approximately 17.4% of families and 30.6% of individuals had income below the poverty level (Ohio Development of Development, n.d.).

C. Existing Healthcare Facilities and Resources within the Community Available to Respond to the Community's Health Needs

C – 1. Healthcare facilities and community resources that address mental health and addiction, Including (a) increasing behavioral health care services, (b) training to serve individuals with behavioral health concerns, (c) increased mental health care services, and (d) isolation among the elderly.

C – 1.1. OhioHealth O'Bleness Hospital

C – **1.1.1. Behavioral and mental health care** — OhioHealth provides inpatient and outpatient services for patients and families with mental and behavioral challenges. Patients and families have access to electroconvulsive therapy (ECT), psychiatric emergency services, inpatient consultation, liaison services, transcranial magnetic stimulation therapy (TMS) and a partial hospitalization program (PHP). Additionally, OhioHealth O'Bleness Hospital provides patients with safety assessments, emergency care, hospital care, education and referral to community agencies or inpatient psychiatric hospitals. O'Bleness Hospital partners with Hopewell Health Center to provide on-site mental and behavioral health counseling and education services. Substance abuse patients are referred to Hopewell Health Center, Health Recovery Services and other partner agencies of the Alcohol, Drug Addiction and Mental Health Services serving Athens, Hocking and Vinton counties (OhioHealth, 2015-2021).

C – **1.1.2. Emergency and trauma care** — OhioHealth's 13 emergency care locations and three trauma centers in central Ohio and the surrounding area – with the assistance of experienced physicians and specialists – provide advanced emergency and trauma care. Physicians and other healthcare providers have access to OhioHealth system resources (OhioHealth, 2015-2021).

C – 1.1.3. OhioHealth UpBEAT — OhioHealth O'Bleness Hospital employs a coordinator to teach, facilitate, and lead various UpBEAT (Being Engaged and Active Together) programs such as (a) "Food for Thought", where the participants attend various speakerships on special topics of interest; (b) "Book Club", where participants suggest a book to read and discuss; (c) "Lunch Group", where participants attend luncheons at selected locations to promote socialization and learning; (d) "Chair Exercise Classes", where participants undergo physical activity; (e) "Chronic Pain Self-Management" where participants learn various evidence-based tools to manage their chronic pain; (f) "OhioHealth Delay the Disease" a program to promote movement and agility for persons with Parkinson's Disease; and (g) monthly newsletters that features special health and wellness topics and overview of forthcoming activities and events.

C – **1.1.4. OhioHealth O'Bleness Hospital clinical rotations for psychology, nursing, medical, and allied health students** — OhioHealth provides various health profession students opportunities to care for and learn from patients with mental health and/or substance use disorders.

C – **1.2. OhioHealth Nelsonville Health Center** — The OhioHealth Nelsonville Medical and Emergency Services Outpatient Department in Nelsonville, Ohio, also include offices for Health Recovery Services, Inc., which enables integration among primary care and mental and behavioral health services. Addiction and mental health counseling are provided to adults who are struggling with behavior-related issues associated with drug, alcohol, and mental health problems (OhioHealth 2015-2021).

C – **1.3. OhioHealth Physician Group Behavioral Health Integration Clinics** — Patients from these primary care clinics have access to licensed behavioral health providers who provide evidence-based therapies (cognitive-behavioral therapies and solution-focused therapies). Depending on patient's needs, the behavioral health provider may refer patients to social workers, psychologists, and psychiatrists for further psychosocial assessments and community referrals.

C – 1.3.1. OhioHealth Primary Care Physicians Heritage College — located at 26 Hospital Drive, Athens, Ohio 45701 (Athens County)

C – **1.3.2. OhioHealth Primary Care Physicians Nelsonville** — located at John Lloyd Evans Memorial Drive, Suite 2000, Nelsonville, Ohio 45764 (Athens County)

C – 1.3.3. OhioHealth Primary Care Physicians Racine — located at 207 Fifth Street, Racine, Ohio 45771 (Meigs County)

C – 1.3.4. OhioHealth Primary Care Physicians Glouster — located at 5 Cardaras Drive, Glouster, Ohio 45732 (Athens County)

C – **1.4.** Athens-Hocking-Vinton Alcohol, Drug Addiction and Mental Health Services Board (317 Board) – Designs policies, evaluate programs, obtains funding and monitors contracted services for persons who need alcohol, drug addiction or mental health services from Athens, Hocking and Vinton counties (317 Board, 2016-2021). The 317 Board pays for services not reimbursed by Medicaid or their health insurance. The 317 Board partners with community stakeholders to promote prevention, treatment and recovery for individuals and families affected by mental health and substance use disorders counties (317 Board, 2016-2021).

C – 1.4.1. Mental health and substance use disorder treatment — The 317 Board's community partners provide at least one of the following services, namely mental health services, addiction services for youth and adults, medication-assisted treatment, opiate addiction rapid access program, education advocacy, support. The 317 Board partners with (a) Hopewell Health Centers, (b) Health Recovery Services, (c) NAMI Athens, (d) TASC of Southeast Ohio (Treatment Alternatives to Street Crime), (d) Rural Women's Recovery Program, and (e) Bassett House.

C – 1.4.2. Recovery homes for substance use disorders — The 317 Board partners with (a) John W. Clem Recovery House, (b) Briggs House, (c) Mike's Bridge Recovery House, (d) Serenity Grove Women's Recovery House, (e) Our House Recovery House, and (f) Groundwork Residences. The 317 Board also leads various community coalitions to foster collaborations in addressing mental health and addiction.

C – 1.4.3. Domestic Violence Shelter — The 317 Board partners with (a) My Sister's Place.

C – 1.4.4. Mental Health Peer Support Programs — The 317 Board partners with (a) Athens Photographic Project, (b) The Gathering Place,

C – 1.4.5. Services for seniors — The 317 Board partners with (a) Scenic Hills Senior Center, and (b) Vinton County Senior Citizens

C – 1.4.6. Services for youth — The 317 Board partners with (a) The Hive, and (b) Sojourners Youth Resiliency Center

C – **1.4.7. Mental Health Peer Support Programs** — The 317 Board partners with (a) Athens Photographic Project, (b) the Gathering Place, (c) Home Away from Home, and (d) New Beginnings

C – 1.4.8. Community Coalitions — The 317 Board leads or coordinate community initiatives such as (a) Athens County Suicide Prevention Coalition, (b) Athens HOPE (Hocking Overdose Partnership Endeavor), and (c) Vinton County Prevention and Recovery Coalition.

C – **1.5.** Athens County Children Services – Works with families involved in juvenile court to identify and provide aid to the underlying issues of abuse and neglect, like substance abuse and mental illness, to help unite

families. The Athens County Children Services provides (a) intake, (b) alternative response, (c) family support services, (d) school outreach, and (e) family support, adoption, and training (Athens County Children Services, 2021).

C – **1.6.** Athens County Prosecutor – Functions include (a) working with law enforcement agencies to convict people who are guilty of crimes, (b) serve as legal counsel for County and Township offices; (c) advocate for victims of crime and their families; (d) pursue evidence that may exonerate an innocent person; and (e) promote safety of Athens County. The Athens County Prosecutor offers the Fresh Start program, which addresses the needs of Athens County residents dealing with addiction. Fresh Start promotes and enhances successful community programs such as (a) day treatment programs in collaboration with Health Recovery Services and (b) scholarships for admission to John W. Clem Recovery House (Athens County Prosecutor, 2021).

C – **1.7. Health Recovery Services, Inc.** – Provides counseling and support for children and adults needing alcohol, tobacco, drug, and gambling addiction services as well as mental health treatment. Health Recovery Services, Inc. offers outpatient programs, residential treatment programs, medication-assisted treatment, and community outreach and prevention services to Athens County. Examples of community services include (a) Drug-Free Workplace, (b) prevention workshops or assemblies focused on alcohol and other drugs, (c) nicotine intervention program, (d) Teen Institute positive peer prevention program, (e) women's outreach, (f) gambling education and treatment, (g) Substance Abuse Assessment for Municipal Court offenses, (h) life skills training, and (i) professional prevention training (Health Recovery Services, 2017).

C – 2. Healthcare facilities and community resources that address access to care Including (a) outreach to individuals who may need care, (b) provision or education on transportation resources, (c) increase community trust in health providers, (d) training and strengthening use of telehealth technology among healthcare providers, and (e) increase COVID-19 vaccine access.

C2.1. OhioHealth and OhioHealth O'Bleness Hospital

C2.1.1. OhioHealth O'Bleness Hospital — located at 55 Hospital Drive, Athens, Ohio 45701. Services include (but not limited to):

- (a) Cancer care OhioHealth is a certified member of MD Anderson Cancer Care Network®. Patients have access to nationally recognized cancer care protocols and best practices, while receiving care from your local OhioHealth cancer physician who is certified by MD Anderson Cancer Network.
- (b) Heart and vascular OhioHealth offers cardiac imaging, cardiothoracic surgery, clinical cardiology, electrophysiology, heart failure clinic, interventional cardiology, structural heart disease program, vascular care and other heart and vascular programs.
- (c) Cardiac rehabilitation OhioHealth offers a comprehensive program to improve patient's longterm heart health for patients who had a previous heart event.
- (d) Ear, nose, and throat (ENT) OhioHealth treats adults and children for acute and chronic ENT problems.
- (e) Emergency and trauma OhioHealth provide immediate, expert treatment for severe and lifethreatening conditions.
- (f) Foot and ankle OhioHealth treat various bone, joint and muscle conditions to relieve pain. Examples of interventions include (a) ankle and foot strapping, (b) orthotics, (c) braces, (d) diabetic shoes, (e) shockwave therapy, (f) platelet-rich plasma, (g) ultrasound-guided injections, (h) wound grafts, and (ii) ankle surgeries.
- (g) Gastroenterology and endoscopy OhioHealth offer comprehensive diagnostic and therapeutic services for gastrointestinal and biliary disorders.

- (h) Home infusion OhioHealth provides specialty medications and infusion therapies at patient's home. Pharmacists and support staff are available 24/7 to provide remote support and answer questions.
- (i) Imaging and radiology OhioHealth provides imaging and radiology services such as, but not limited to: (a) bone density scan, (b) computed tomography (CT) scan, (c) fluoroscopy, (d) interventional radiology, (e) digital mammography, (f) breast biopsy, (g) magnetic resonance imaging (MRI), (h) nuclear medicine, (i) vascular ultrasound, (j) ultrasound, and (k) x-ray.
- (j) Laboratory services OhioHealth provides immediate testing with no appointments necessary
- (k) Maternity services access to birthing centers, Maternal Fetal Medicine specialists, and neonatal intensive care units (NICUs). OhioHealth provides breastfeeding support and maternity classes.
- (I) **Surgery** OhioHealth offers inpatient and outpatient surgeries as well as minimally invasive robotic surgeries.
- (m) Community outreach OhioHealth provides (a) screening and health education for breast cancer, lung cancer, and skin cancer, (b) blood pressure and glucose screening, and (c) health education related to healthy aging, nutrition, physical activity, management and stress, and social support network.

C2.1.2. OhioHealth outpatient clinics — The clinics and services provided include the following:

(a) Nelsonville Health Center — located at 11 John Lloyd Evans Memorial Drive Suite 100, Nelsonville, Ohio 45764. This outpatient health center offers access to diagnostics, computed tomography (CT) scans, magnetic resonance imaging (MRI), anticoagulation monitoring, sleep laboratory and ultrasound.

(b) OhioHealth Campus Care Urgent Care at Ohio University — located at 2 Health Center Drive, Athens, Ohio 45701. This outpatient clinic offers urgent care and radiology services.

(c) OhioHealth Campus Care at Ohio University Primary Care — located at 2 Health Center Drive, Athens, Ohio 45701. This outpatient clinic offers primary care services.

(d) OhioHealth Employer Services O'Bleness Hospital — located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers primary care services.

(e) OhioHealth Heart and Vascular Physicians — located at (a) 1960 Mount Saint Mary's Drive, Nelsonville, Ohio 45764, (b) 65 Hospital Drive, Athens, Ohio 45701, and (c) 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. These clinics offer heart and vascular services.

(f) OhioHealth Hospice and Palliative Medicine and OhioHealth Home Health Services — located at 444 W. Union St., Suite C, Athens, Ohio 45701. This outpatient facility offers hospice and palliative medicine and home health services.

(g) OhioHealth Physician Group Radiation Oncology — located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers radiation treatments for cancer patients.

(h) OhioHealth Physician Group Ear, Nose and Throat — located at 75 Hospital Drive, Suite 360, Athens, Ohio 45701. This clinic offers ear, nose, and throat services.

(i) OhioHealth Physician Group Neuroscience — located at (a) 65 Hospital Drive, Athens, Ohio 45701, and (b) 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. This clinic offers neurology and neurological services.

(j) OhioHealth Orthopedic Surgeons — located at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764. This clinic offers outpatient visits related to orthopedic surgery.

(k) OhioHealth Physician Group Orthopedics and Sports Medicine — located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers sports medicine services.

(I) OhioHealth Maternal-Fetal Medicine Physicians — located at 75 Hospital Drive, Athens, Ohio 45701. This clinic offers maternal-fetal medicine services.

(m) OhioHealth Physician Group Obstetrics and Gynecology — located in 75 Hospital Drive, Athens, Ohio 45701. This clinic offers obstetrics and gynecology and other women's health services.

(n) OhioHealth Urgent Care — located in 265 West Union Street Suite A, Athens, Ohio 45701 (OhioHealth Urgent Care Athens) and at 11 John Lloyd Evans Memorial Drive, Nelsonville, Ohio 45764 (OhioHealth Urgent Care Nelsonville). This urgent care clinic provides services such as (but not limited to): (a) rash, (b) cold symptoms, (c) asymptomatic COVID-19 concerns, (d) fever, (e) pink eye, (f) new or acute back pain, (g) burning, frequent, or urgent urination, (h) skin infections, and (i) cellulitis.

C2.2. Ohio University College of Health Sciences and Professions — provides leadership in various community-based programs and initiatives such as, but not limited to:

C2.2.1. Ohio Alliance for Innovation in Population Health — a multidisciplinary workgroup that involves Ohio's universities, hospital associations, healthcare providers and public health professionals, with an objective to address mental health, substance use, maternal and infant health, and chronic diseases (Ohio University, 2021).

C2.2.2. Athens HOPE (Halting Opioid Abuse through Prevention) — a multidisciplinary workgroup that educates children, college students and parents about opioid addiction and encourage treatment by reducing stigma. The workgroup also creates education and awareness flyers on opioid abuse and available community resources (Ohio University, 2021).

C2.2.3. WellWorks — offers fitness programs, wellness services, nutrition education and personal training (Ohio University, 2021).

C2.2.4. High School Athletic Training Outreach — licensed athletic trainers in southeast Ohio high schools, especially in medically underserved areas (Ohio University, 2021).

C2.2.5. Nelsonville Parade of the Hills Community Festival Health Fair — Ohio University's School of Nursing students provide health education on body mass index (BMI), and screening for blood pressure, and blood glucose (Ohio University, 2021).

C2.3. Ohio University Heritage College of Osteopathic Medicine —

C2.3.1. Family Navigator Services — includes programs such as "Pathways to a Healthy Pregnancy", "Baby & Me Tobacco Free", "Cribs for Kids"

C2.3.2. Childhood Immunization Program — provides immunization for children such as polio, rubella, and whooping cough. Children ages 0-19 years of age can receive free immunization through the Vaccines for Children program.

C2.3.3. Healthy Adult Program — includes screenings for blood pressure, blood sugar, total cholesterol, and lipid profile for adults.

C2.3.4. Women's health screenings — serves uninsured and underinsured women by providing clinical breast exams, breast health education, mammogram appointments, free mammograms for eligible patients according to the guidelines of the Breast and Cervical Cancer Projects of Southeast Ohio.

C2.3.5. Free Monthly Diabetes Care — provides care to uninsured and underinsured adults ages 18-64 through free blood tests, foot exams, eye screenings, and health education.

C2.3.6. Heritage College of Osteopathic Medicine Mobile Community Clinic — Two, 40-ft mobile clinics travel to 24 Ohio counties, providing clinics at churches, community centers, worksites, schools, and other community locations. Services include (a) free primary care clinics who are uninsured or underinsured, (b) free women's health screening clinics, (c) immunization clinics for adults and children, (d) free blood pressure, glucose and cholesterol check screening, and (e) school bus driver physicals for public schools.

C3. Healthcare Facilities and Community Resources Addressing Chronic Disease, Including Improving Food Access

C3.1 OhioHealth O'Bleness Hospital — offers various services and programs that treat and/or manage chronic conditions such as, but not limited to:

C3.1.1. Programs and services for diabetes prevention, detection, and management — OhioHealth O'Bleness Hospital collaborates with the Ohio University Heritage College of Osteopathic Medicine in offering a comprehensive diabetes program that is certified by the Association of Diabetes Care and Education Specialists. The program includes (a) diagnostic screenings, (b) screenings for blood glucose, blood pressure and body mass index, and (c) foot exams (OhioHealth 2015-2021).

C3.1.2. Programs and services for cardiovascular disease prevention — OhioHealth offers lifestyle programs that include (a) fitness, (b) nutrition counseling, (c) tobacco cessation, (d) weight management, (e) stress management, (f) health risk management, and (g) clinical prevention through services of the anticoagulation clinic, and (h) lipid clinic (OhioHealth 2015-2021).

C3.1.3. Programs and services for neurological conditions — provides care for multiple sclerosis, epilepsy, movement disorders, and stroke. Services include (a) diagnostics/tests, (b) spine care, (c) neurology, (d) behavioral health, (e) neuropsychology, (e) neurosurgery, and (f) neurocritical care (OhioHealth 2015-2021).

C3.1.4. Free meal trays or Grab and Go options for visitors and Emergency Department patients — The OhioHealth O'Bleness Hospital offers free meal trays and "Grab and Go" options for visitors and Emergency Department patients. Free food is served to at least 30 persons per day.

- C3.1.5. Collaborations with HAPCAP to address food insecurity ----
 - (a) Nutrition prescriptions OhioHealth O'Bleness Hospital has expanded its collaborations with HAPCAP related to eligible patients being able to fill "nutrition prescriptions" from physicians at the Southeast Ohio Food Bank or at various food pantries partnering with HAPCAP. The OhioHealth Physician Group Family Practice Residency Clinic will provide health education, engagement, and "nutrition prescriptions".
 - (b) Collaborations with the Southeast Ohio Food Bank OhioHealth O'Bleness Hospital distributes shelf-stable, three-day emergency food boxes that are distributed to patients of the Obstetrics and Gynecology Department, Emergency Department, and Hospice and Homecare.
 - (c) Free Emergency Food Boxes from Department of Obstetrics and Gynecology OhioHealth O'Bleness Hospital collaborates with HAPCAP in providing shelf-stable foods to adult and pediatric patients who reports food insecurity.
- C3.1.6. Collaborations with Community Food Initiatives
 - (a) Produce bundles for Department of Neurology patients The OhioHealth Physician Group Heritage College collaborates with Community Food Initiatives in providing fresh produce to at least five patients per week.
 - (b) OhioHealth cash sponsorships to Community Food Initiatives The OhioHealth O'Bleness Hospital provides annual cash sponsorships to Community Good Initiatives projects such as (but not limited to) school gardens, Discovery Kitchen, Veggie Van.
 - (c) Collaborations with Rural Action and Chesterhill Produce Auction OhioHealth O'Bleness hosts a "Farm Stand" at the hospital cafeteria from May to November 2021. The fresh produce are sold at cost to associates, visitors and patients.
 - (d) Collaborations with Athens Food Rescue OhioHealth O'Bleness Hospital Nutrition Services donates surplus food Athens Food Rescue, which distributes food to communities in need.

C3.1.7. Collaborations with Live Healthy Appalachia — OhioHealth O'Bleness Hospital partners with Live healthy Appalachia and the People's Bank Foundation in providing access for healthcare providers in southeast Ohio to the nine-week Complete Health Improvement Plan to promote resilience and overall health and wellness.

C3.2. Community Food Initiatives — implements programs such as, but not limited to, (a) "Local Food Access for All", (b) empower gardeners and leaders through community gardens, (c) "Grow-Learn-Discover" through school gardens, (d) "Educate and engage" through gardening and culinary workshops, (e) "Sowing and Sharing" through seed and plant giveaways, (f) Donation Station (food and money) and Discovery Kitchen, (g) Veggie Van, and (h) Community Gardens (Athens Eastside, Athens Southside, Chauncey, Nelsonville, Glouster) (Community Food Initiatives, 2021).

C3.3. Hocking Athens Perry Community Action (HAPCAP) — implements community programs such as: (a) food and nutrition, (b) community development, (c) housing, (d) transportation, (d) child development, (e) assistance with utilities, and (f) employment programs (HAPCAP, 2021). HAPCAP's community programs related to food and nutrition include:

C3.3.1. Southeast Ohio Foodbank and Southeast Ohio Regional Kitchen – The Foodbank operationalizes the collection and distribution of government-funded, donated and purchased food to food pantries, hot meal sites, homeless shelters, and other programs that address food insecurity. The Regional Kitchen serves food to seniors and children, repackages bulk items of the Foodbank, and food catering services.

C3.3.2. Supplemental Nutrition Assistance (SNAP) Outreach Program (Food Stamps) – enables recipients to buy food for their household such as breads, cereals, vegetables, meat, fish, poultry and dairy products

C3.3.3. Summer Food Service Program – provides children up to 18 years of age or persons age 19-21 who is mentally or physically disabled, with nutritious meals and snacks

C3.3.4. Summer Farmers Market – provides fresh produce and protein sources to children who participates in summer weekend meals or summer rural delivery meals program

C3.3.5. Food Distribution to Food Pantries – collaborates with (a) Athens Catholic Community Food Pantry, (b) Athens County Food Pantry, (c) Nelsonville Food Cupboard, Incorporated, (d) Salvation Army, (e) Monday Lunch Soup Kitchen, (f) Federal Valley Resource Center Food Pantry, (g) Basic Needs Ministry, (h) Feed My Sheep Food Pantry, (i) Greater Works Outreach Worship Center, (j) Lutheran Social Services Mobile Pantry, and (k) Torch UMC (Feed My Sheep).

C3.3.6. The Commodity Supplemental Food Program (CSFP) – Provides food boxes once a month to income-eligible residents who are nutritionally at-risk. Food items include cereal, grits, powdered milk, pasta, evaporated milk, cheese, rice, canned meat or poultry, peanut butter, canned fruit, canned vegetables, fruit juice, dry beans and oats (Hocking Athens Perry Community Action, n.d.).

C3.3.7. Backpack Program – Distributes food to school children during summer months.

C3.3.8 Senior Nutrition Programs – Includes Meals-on-Wheels (food for home-bound residents and their pets), and food delivery to congregate meal sites, such as (a) The Three Star Dining Center (Athens County), (b) Senior Center in Athens (Athens County) and (c) The Scenic Hills Senior Center (Hocking County).

C3.4. Athens County Food Pantry – Partners with local food pantries such as Alexander Presbyterian Church, Amesville New England Cooperative Parish, Athens First Christian Church, Athens First United Methodist Church, Athens First Presbyterian Church, Athens Friends Meeting, Christ Lutheran Church, Church of the Good Shepherd and Unitarian Universalist Fellowship of Athens (Athens County Food Pantry, 2018).

D. How Data was Obtained

D1. The definition of the community served by OhioHealth O'Bleness Hospital was based on the percentage of patients who resided in Athens County during fiscal year 2019 and 2020, based on electronic medical records. See **Section A**.

D2. The demographic data of Athens County's population was obtained from the Ohio Development Services Agency (Ohio Department of Development, n.d.). See **Section B**.

D3. Pertinent health data from Ohio's 2019 State Health Assessment was summarized (Ohio Department of Health, n.d.). See **Appendix A.**

D4. Pertinent health data from the Ohio Department of Health's 2019 State Health Assessment, Athens County cancer profile (Ohio Department of Health, n.d.) and County Health Rankings (2021). See **Appendix B.**

No information gaps that would limit the ability to assess the community's health needs were identified.

E. Significant Health Needs of the Community

OhioHealth O'Bleness Hospital contracted with Ohio University's Voinovich School of Leadership and Public Affairs in holding and facilitating three virtual meetings by Zoom:

E-1. May 26, 2021, 10:00 – 11:00 AM by Zoom — Identification of significant community health needs in Athens County based on a summary of health and health-related conditions found in the community, demographic data, and experience in serving persons, families and communities in Athens County. Forty participants attended the meeting. Significant health needs identified were mental health and addiction, access to care, and chronic disease,

E – **2**. **June 16, 2021, 10:00 – 11:00 AM by Zoom** — Prioritization of significant community health needs in Athens County that were identified from the May 26, 2021 meeting. Forty-six participants attended the meeting. Forty-six

E – **2.1. First polling to prioritize significant health needs** — From the list of priority health outcomes considered for each significant health need that were identified from the May 26, 2021 Zoom meeting, the facilitator from Ohio University Voinovich School, Margaret Hutzel, instructed the participants to select the following: (a) three priority health outcomes under **mental health and addiction**, (b) three priority health outcomes under **access to care**, (c) two priority health outcomes under **chronic disease** and (c) two community health needs from "**other needs**". The following criteria was used in prioritizing the health needs: (a) magnitude of the health problem ("how large is the problem"); (b) seriousness of the consequences of the health problem; and (c) feasibility of correcting the problem (Association of State and Territorial Health Officials (2021). The voting results are tabulated below.

Significant Health Needs	Priority Health Outcome	Number of Votes
Mental Health and Addiction	Increase behavioral health care services	26
Mental Health and Addiction	Increased mental health care services	24
Mental Health and Addiction	Training to serve individuals with behavioral health concerns	24
Mental Health and Addiction	Isolation among the elderly	10
Access to Care	Outreach to individuals who may need care	27
Access to Care	Provide or educate on transportation resources	25
Access to Care	Increase community trust in health providers	20
Access to Care	Training and strengthening providers use of technology for telehealth	13
Access to Care	Increase COVID vaccine access	5
Chronic Disease	Improve food access	24
Chronic Disease	Education on a healthy diet and food preparation	14
Chronic Disease	Education on healthy activities, exercise to improve health and chronic diseases	0
Other Needs Considered		
Other Needs	Healthcare workforce development	23
Other Needs	Care for menopausal versus reproductive age women	17

Other Needs	Education on male health milestones	7
	micstories	

E-2.2. Second polling to prioritize significant health needs — The community stakeholders agreed to carry out a second polling to prioritize the three significant health needs and identify the priority health outcomes that OhioHealth O'Bleness Hospital will address. The community stakeholders identified eight priority health outcomes for the second polling. The facilitator from Ohio University, Margaret Hutzel, requested the participants to identify their top three priority health outcomes, thus prioritizing the significant health needs accordingly. The table below shows the number of votes, the top three priority ranks, and the alignment with the State Health Improvement Plan (SHIP).

Significant Health Need	Priority Health Outcome	Number of Votes	Priority Rank	Alignment with the State Health Improvement Plan (SHIP)
Mental Health and Addiction	Increase behavioral health services	22	1 st	Yes
Mental Health and Addiction	Increase mental health care services	10		
Mental Health and Addiction	Training to service individuals with behavioral health concerns	7		
Access to Care	Outreach to individuals who may need care	15	2 nd	Yes
Access to Care	Provide or educate on transportation resources	9		
Chronic Disease	Improve food access	14	3 rd	Yes
Chronic Disease	Educate on a healthy diet and food preparations	3		
Other Needs				
Other Needs	Healthcare workforce development	10		

E3. July 15, 2021, 10:00 – 11:00 AM by Zoom — OhioHealth alignment with the State Health Improvement Plan (SHIP). Thirty-four participants attended the Zoom meeting. Following guidance from Ohio University's Margaret Hutzell, and Dr. Mary Ann G. Abiado, Data Management and Evaluation Specialist from Identification of OhioHealth O'Bleness Hospital's alignment with SHIP where the hospital will collaborate with the Athens City-County Health Department and other community partners in addressing the priority health outcomes and priority factors that were identified by the Ohio Department of Health on behalf of the State of Ohio. According to the 2020-2022 SHIP, the priority health outcomes in the State of Ohio include (a) mental health and addiction, (b) chronic disease, and (c) maternal and infant health. The State of Ohio's priority factors include (a) community conditions, (b) access to care, and (c) health behaviors (Ohio Department of Health, 2020). The participants unanimously voted that the OhioHealth O'Bleness Hospital will align with the SHIP on mental health and addiction and chronic disease as priority health outcomes and access to care as a priority factor. The table above shows the detail on SHIP alignment.

F. Primary, Chronic Disease and Other Health Needs of Uninsured, Low-Income and Minority Populations

The primary and chronic disease needs and other health issues of uninsured, low-income and minority populations and the latest data for each need are summarized in Appendices A and B.

G. Process for Identifying and Prioritizing Community Health Needs

G – **1. Community Health Needs Assessment Meeting Invitation (May 10, 2021)** — Rhonda Dixon, MBA BSN RN, NE-BC, Chief Nursing Officer, OhioHealth O'Bleness Hospital sent calendar invites for May 26, 2021, June 16, 2021, and July 15, 2021, 10-11 AM, by Webex to at least 80 community stakeholders serving Athens County on three virtual meetings by Zoom. Rhonda Dixon explained in the email invitation that during these three virtual meetings, OhioHealth O'Bleness Hospital will seek community inputs in order to (a) determine the significant health needs in Athens County, (b) prioritize the significant health needs, and (c) determine the alignment of OhioHealth O'Bleness Hospital with the State Health Improvement Plan (SHIP) in addressing priority health outcomes and priority factors in Ohio. The priority health outcomes that were identified in the 2019 State Health Assessment include mental health and addiction, chronic disease, and maternal and infant health. The priority factors that were identified in the 2019 State Health Assessment include community conditions, health behaviors and access to care (Ohio Department of Health, 2020).

G - 2. Identification of Community Health Needs in Athens County (May 26, 2021) -

G – **2.1. Discussion of key data findings** — Mary Ann G. Abiado, PhD, MSN, RN discussed the key findings from the OhioHealth Summary of Health and Health-Related Needs in Athens County (See Appendix B).

G – **2.2. Group discussions and breakout groups** — Margaret Hutzel (assisted by Mackenzie Kucharsky) from Ohio University Voinovich School of Leadership and Public Affairs led the group facilitation and break-out sessions. Using the Zoom virtual platform, Mackenzie Kucharsky divided the participants into four breakout groups with 9-10 participants each. Each break-out group discussed the health needs in Athens County. Each breakout group had an assigned notetaker who reported a summary of key discussion topics when the large group was reconvened. The Zoom meeting was recorded, transcribed and analyzed thematically. Cale Burke, intern at Ohio University Voinovich School of Leadership and Public Affairs, wrote a summary of the group reports and "Chat Notes" from Zoom, and created a master list of health needs. The written report by Cale Burke for the May 26, 2021 community stakeholder meeting was reviewed and approved by Margaret Hutzel and Mackenzie Kucharsky and submitted to OhioHealth O'Bleness Hospital. A succinct summary of findings from the May 26, 2021 meeting is provided below.

G – 2.2.1. Summary of health needs considered from break-out group 1 —

- Connectivity across health and social services to increase awareness
- COVID-19 vaccines and barriers to getting vaccines to people who want it.
- Substance use disorder
- Mental health
- Social isolation and lack of broad band access among the elderly
- Improve capacity for resilience

G - 2.2.2. Summary of health needs considered from break-out group 2 -

- Social determinants
- Access to health care
- Behavioral health
- Transition of community and health care providers after the COVID-19 pandemic
- Telehealth access
- Access to healthy food choices, food shopping, and food preparations
- Poverty

G – 2.2.3. Summary of health needs considered from break-out group 3 —

- Social determinants of health such as poverty, race, food access, personnel and workforce development in health care and social services
- Prevention and access
- Trust in family and personal networks more than service providers

G – 2.2.4. Summary of health needs considered from break-out group 4 —

- Social determinants of health such as poverty and need to focus on short-term instead of long-term needs
- Chronic disease
- Substance use disorder
- High rates of opioid overdose cases in the O'Bleness Emergency Department
- Navigating resources
- Access to technology

G - 2.2.5. Summary of other health needs considered from the Chat Notes -

- Health milestones and guidelines need to be communicated including preventative care such as annual mammograms
- Education on how to approach health beginning in middle school or earlier would help future adults and parents
- Vaccination in all age groups
- Male healthy milestones
- Menopausal care versus reproductive age care

The various health needs considered were grouped into themes to identify the three significant health needs of the community to be mental health and addiction, access to care, and Chronic disease. Criteria used to identify significant health needs include consideration of health and health-related conditions found in the community, demographic data, and experience in serving persons, families and communities in Athens County. Forty participants attended the meeting.

G – **3. Prioritization of significant community health needs (June 16, 2021)** — The Ohio University Voinovich School of Leadership and Public Affairs representatives led by Margaret Hutzel discussed their approach of grouping various significant health needs into themes, mental health and addiction, access to care, chronic disease, and other needs.

G – **3.1. First round of voting** — Margaret Hutzel from Ohio University asked the participants to vote via Zoom polling on their top three priorities under mental health and addiction and access to care, and top two priorities under chronic disease, and other needs. There were more selections of community health needs under mental health and addiction and access to care compared to chronic disease and other needs. The following criteria was used in prioritizing the health needs: (a) magnitude of the health problem ("how large is the problem"); (b) seriousness of the consequences of the health problem; and (c) feasibility of correcting the problem (Association of State and Territorial Health Officials (2021).

G – **3.1.1.** Count of votes for priority health outcomes under mental health and addiction — Based on the top three votes, the community stakeholders assessed that under mental health and addiction, the health needs to focus include (a) increasing behavioral health care services, (b) increasing mental health care services, and (c) training to serve individuals with behavioral health concerns.

Priority Health Outcomes	Votes
Increase behavioral health care services	26
Increase mental health care services	24
Training to serve individuals with behavioral health	24
concerns	
Isolation among the elderly	10

G – **3.1.2.** Count of votes for priority health outcomes under access to care — Based on the top three votes, the community stakeholders assessed that under access to care, the health needs to focus include (a)

outreach to individuals who may need care, (b) provide or educate on transportation resources, and (c) increase community trust in health care providers.

Priority Health Outcomes	Votes
Outreach to individuals who may need care	27
Provide or educate on transportation resources	25
Increase community trust in health care providers	20
Training/strengthening providers' use of technology for telehealth	13
Increase COVID-19 vaccine access	5

G – 3.1.3. Count of votes for priority health outcomes under chronic disease — Based on the top two votes, the community stakeholders assessed that under chronic disease, the health needs to focus on include (a) improve food access, and (b) education on healthy activities/exercise to improve health and chronic disease.

Priority Health Outcomes	Votes
Improve food access	24
Education on healthy activities/exercise to improve	18
health and chronic disease	
Education on a healthy diet and food preparation	14

G – **3.1.4. Count of votes for "other needs"** — The community stakeholders assessed that under "other needs", the health needs to focus on healthcare workforce development.

Priority Health Outcomes	Votes
Health care workforce development	23
Care for menopausal- versus reproductive- age women	17
Education on male health milestones	7

G - 3.2. Second round of voting — In order to prioritize the significant health needs, Margaret Hutzel from Ohio University asked the participants to vote on their top three choices among the priority health outcomes that garnered the top two highest votes for mental health and addiction, access to care, chronic disease, and "other needs". The total votes for each health need are shown below. Based on the number of votes, the significant health needs were prioritized as (1) mental health and addiction – increase behavioral health care services, (2) access to care – outreach to individuals who may need care, and (3) chronic disease – improve food access.

The community stakeholders agreed that OhioHealth O'Bleness Hospital will address the top three significant health needs and related priority health outcomes (highlighted in yellow) during its Fiscal Year 2023-2025 Implementation Strategy.

Significant Health Need	Priority Health Outcome	Votes
Mental health and addiction	Increase behavioral health care	22
	services	
Access to care	Outreach to individuals who may	15
	need care	
Chronic disease	Improve food access	14
Other Needs Considered		
Other needs	Healthcare workforce development	10
Mental health and addiction	Increase mental health care	10
	services	
Access to care	Provide or educate on	9
	transportation resources	
Mental health and addiction	Training to service individuals with	7
	behavioral health concerns	

G – **4**. Alignment with the State Health Improvement Plan (SHIP) (July 15, 2021) — The community stakeholders approved unanimously that OhioHealth O'Bleness Hospital will align with the SHIP on mental health and addiction and chronic disease as priority health outcomes and access to care as a priority health factor.

H. Process for Consulting with Persons Representing the Community's Interests and Input Provided

Appendix C lists all the community stakeholders who were participated in the OhioHealth O'Bleness Hospital Community Health Needs Assessment meetings that were held on May 26, 2021, June 16, 2021, and July15, 2021, 10:00 – 11:00 AM, by Webex.

All required sources for community input participated in the O'Bleness Hospital Community Health Needs Assessment meetings.

No written comments on the previous Community Health Needs Assessment and related Implementation Strategy were received.

I. Impact of Actions Taken to Address the Significant Health Needs Identified in the Hospital Facility's 2019 Community Health Needs Assessment (CHNA)

Appendix D summarizes the impact of OhioHealth O'Bleness Hospital programs that addressed the significant health needs in the 2019 board-approved community health needs assessment and related implementation strategy.

J. Organizations Contracted to Assist with Conducting the Community Health Needs Assessment (CHNA)

J1. Bricker & Eckler LLP/INCompliance Consulting (Chris Kenney, Jim Flynn) — located at 100 South Third Street, Columbus, Ohio 43215. Bricker & Eckler LLP was contracted to review this community health needs assessment report. Jim Flynn is a partner with the Bricker & Eckler healthcare group, where he has practiced for 31 years. His general healthcare practice focuses on health planning matters, certificates of need, nonprofit and tax-exempt healthcare providers, and federal and state regulatory issues. Mr. Flynn has provided consultation to healthcare providers, including nonprofit and tax-exempt healthcare providers as well as public hospitals, on community health needs assessments. Chris Kenney is the Director of Regulatory Services with INCompliance Consulting, an affiliate of Bricker & Eckler L.L.P. Ms. Kenney has more than 42 years of experience in healthcare planning and policy development, federal and state regulations, certificate of need regulations, and Medicare and Medicaid certification. She has conducted CHNAs in compliance with federal rules since 2012, provided expert testimony on community needs, and offered presentations and educational sessions regarding CHNAs.

J2. Ohio University Voinovich School of Leadership and Public Service — located at Ohio University, Building 21, The Ridges, 1 Ohio University, Athens, OH 45701 – 2979. The Voinovich School is a leading public service schools, fosters partnerships in the public and private sector to address community needs and problems, foster economic development and protect the environment. OhioHealth O'Bleness consulted with Margaret Hutzel (Senior Project Manager), Cale Burke (Intern), and Mackenzie Kucharsky (Special Projects Coordinator) in facilitating the three community virtual meetings on May 26, 2021, June 16, 2021, and July 15, 2021, 10-11 AM by Zoom. In collaboration with OhioHealth Community Health Partnerships and OhioHealth O'Bleness Hospital, Margaret Hutzel facilitated the community discussions of significant health needs, prioritization of needs, and alignment with the State Health Improvement Plan (SHIP). Mackenzie Kucharsky coordinated the Zoom meeting, break-out groups, polling, and documentation of attendance. Cale Burke documented the process and procedures of the three virtual community meetings. The Ohio University Voinovich School team provided OhioHealth and OhioHealth O'Bleness Hospital written reports of attendance and meeting outcomes on significant health needs, prioritization and alignment with the SHIP.

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Appendix A. Summary of Data and Information from the Ohio 2019 State Health Assessment

Appendix A – 1. Summary of Data and Information from the State Health Assessment, Ohio 2019 (Health Policy Institute of Ohio and Ohio Department of Health, 2019)

Appendix A – 1.1. Ohioans' overall wellbeing declined. Premature death, life expectancy and overall health worsened. The leading causes of premature death in 2017 were unintentional injuries (including drug overdose), cancer and heart disease. Ohio's life expectancy dropped from 77.6 years in 2010 to 76.5 years in 2017. Increase in infant deaths, blood pressure, late-stage cancer diagnosis was observed. Black or African Americans life expectancy in 2017 was 72.8 years compared to 77 among Whites.

Appendix A – **1.2.** Ohioans' lack opportunities to reach full health potential. Ohioans who are black or African American, with low income, with disabilities or live in Appalachian counties have worse health outcomes compared to overall Ohio population.

Appendix A – 1.3. Health promotion activities need to be addressed. Interventions need to focus on the following: (i) physical activity, (ii) tobacco use, (iii) access to dental care, (iv) access to mental health, (v) income disparities, (vi) unemployment, (vii) adverse childhood experiences (ACEs), (viii) access to transportation, (ix) lead poisoning and (x) racism.

Appendix A– **1.4.** Ohio's significant health challenges continue to be mental health and addiction, chronic disease, and maternal and infant health. Ohio's performance worsened or did not improve. Cross-cutting factors include poverty, lack of access to transportation, lack of physical activity, unhealthy eating, and lack of access to care.

Appendix A – **1.5.** Ohio's addiction crisis increased prevalence of hepatitis and number of children in foster care.

Appendix A – **1.6.** Multi-sector collaboration is important to improve health. Approximately 80 percent of modifiable factors that can improve health are related to health behaviors (healthy eating and tobacco cessation) and social determinants of health (housing, transportation, education, employment). Poverty, racism, discrimination, trauma, violence, and toxic stress lead to health disparities.

Appendix A – 2. State of Ohio's Progress on 2017-2019 State Health Improvement Plan Outcomes related to Overall Health

Desired Outcome	Indicator	Baseline (2015)	Current Year (2017)
Improve overall health status	% of adults with fair or poor health	16.5%	18.9%
	<u>Worst outcome</u> – Low- income adults (less than \$15,000 annual household income	38.6%	45.1%
Reduce premature death	Years of potential life lost before age 75, per 100,000 population (age- adjusted)	7,876.1	8,774.5
	Worst outcome – Black (non-Hispanic)	10,850.5	12,599

Appendix A – 3. State of Ohio's Progress on 2017-2019 State Health Improvement Plan Outcomes related to Mental Health and Addiction

Desired Outcome	Indicator	Baseline (2013-2014)	2015-2016
Reduce depression (%)	% of persons 12-17 years with a major depressive episode in the past year	10.33%	13.98%
	% persons ages 18+ with a major depressive episode in the past year	7.33%	7.85%
Desired Outsome	Indianter		2045 2040
Desired Outcome Reduce drug dependence or abuse (%)	Indicator % persons age 12+ who has illicit drug dependence or abuse in the past year	Baseline (2013-2014) 2.76%	2015-2016 2.61%
Desired Outcome	Indicator	Baseline (2015)	2015-2016
Reduce suicide deaths (Number of deaths per	Number of suicide deaths per 100,000 population	13.9	14.8
100,000 population)	Males ages 10-24	15.9	18.5
	Males ages 25-44	28.5	33.6
	White (non-Hispanic) males ages 45-64	34	32.1
	White (non-Hispanic) males ages 65+	32.2	33
	· 3		
Desired Outcome	Indicator	Baseline (2015)	2015-2016
Reduce unintentional drug overdose death (Number of deaths per 100,000 population)	Number of deaths due to unintentional drug overdoses per 100,000 population	27.7	44.1
	White (non-Hispanic) males ages 25-44	87.1	136.7
	White (non-Hispanic) males ages 45-64	43.5	72.4
	White (non-Hispanic) females ages 25-54	39.7	59.9
	Black (non-Hispanic) males ages 25-54	50.9	99
	Black (non-Hispanic) males 55-64	74.7	137.8

Appendix A – 4. State of Ohio's Progress on 2017-2019 State Health Improvement Plan Outcomes related to Chronic Disease

Desired Outcome	Indicator	Baseline (2015)	2017
Reduce heart disease (%)	% of adults ever diagnosed with coronary heart disease	4.2%	4.7%
	% of adults ever diagnosed with heart attack	4.9%	5.5%
Reduce hypertension (%)	% of adults ever diagnosed with hypertension	34.3%	34.7%
	Black or African American (non-Hispanic)	40.3%	40%
	People with a disability	53.1%	No data
	People with less than high school diploma	40.7%	48.9%
	People with less than \$15,000 annual household income	35.7%	46.6%
	People older than 65 years	62.2%	60%
	People who live in Appalachian counties	39.7%	No data
	· · ·		
Reduce diabetes (%)	% of adults who have been told by a health professional that they have diabetes	11%	11.3%
	Black or African American (non-Hispanic)	14.1%	14.2%
	People with a disability	21.8%	No data
	People with less than high school diploma	13.6%	15.8%
	People with less than \$15,000 annual household income	13.7%	19.4%
	People older than 65 years	23.4%	22.8%
	People who live in Appalachian counties	12.3%	No data
Monitor prediabetes (%)	% of adults who have been told by a health professional that they have prediabetes	7.5%	8.8%
Reduce child asthma morbidity (Emergency department visits per 10,000 children)	Emergency department visits for pediatric asthma, per 10,000 children, ages 0-17 (does not include patients with cystic fibrosis or respiratory system abnormalities or transfers)	86.9	72.3
	Black or African American	245.6	175.9
	Appalachian counties	78.2	No data

Appendix A – 5. State of Ohio's Progress on 2017-2019 State Health Improvement Plan Outcomes related to Maternal and Infant Health

Desired Outcome	Indicator	Baseline (2015)	Current Year (2017)
Reduce preterm births (%)	% of live births that are preterm, less than 37 weeks gestation	10.3%	10.4%
	Black, non-Hispanic	14.1%	14.3%
	People with less than high school diploma	11.5%	11.7%
	Less than 18 years old	10.7%	10.7%
Reduce very preterm births (%)	% of births which the newborn weighed less than 32 weeks	1.7%	1.8%
Reduce low birth-weight births (%)	% of births in which the newborn weighed less than 2.500 grams	8.5%	8.7%
	Black, non-Hispanic	13.9%	14.3%
	People with less than high school diploma	10.8%	11.3%
	Less than 18 years old	10.2%	10.8%
Reduce infant mortality	Rate of infant deaths per 1,000 live births	7.2	7.2
	Black, Non-Hispanic	15.2	15.8
Reduce neonatal infant deaths	Rate of neonatal infant deaths per 1,000 live births	4.8	5
Reduce post-neonatal infant deaths	Rate of post-neonatal infant deaths per 1,000 live births	2.4	2.2

Appendix B. Summary of Health-Related Data and information for Athens County, Ohio

Appendix B – 1. Summary of Top 15 Leading Causes of Death, Athens County versus Ohio (2019 Online State Health Assessment) (Ohio Department of Health, n.d.; Centers for Disease Control and Prevention, National Center for Health Statistics, n.d.)

Leading Causes of Death	Data Years	Athens County	Ohio	U.S.
Cancer (age-adjusted mortality rate due to	2014	194.8	177.6	
cancer, per 100,000 population)	2015	173.7	175	158.5
	2016	161.8	173.1	155.8
	2017	169.7	171.3	152.5
		100.0	105.0	
Heart Disease (age-adjusted mortality rate due	2014	180.2	185.9	
to heart disease, per 100,000 population)	2015	187.5	191.4	168.5
-	2016	170.4	184.6	165.5
	2017	159.2	186.1	165
Chronic Lower Respiratory Diseases (age-	2014	49.9	47.1	
adjusted mortality rate due to chronic lower	2014	76	49.5	41.6
respiratory diseases, per 100,000 population)	2013	55.8	49.3	40.6
	2010	59	48.4	40.0
	2011	00	10.1	1010
Stroke (age-adjusted mortality rate due to	2014	52.1	39.9	
stroke, per 100,000 population)	2015	32.1	40.6	37.6
	2016	37.4	40.5	37.3
	2017	36.9	42.9	37.6
Unintentional Injuries (age-adjusted mortality	2014	64.9	50.6	—
rate due to unintentional injuries, per 100,000	2015	63.3	55.8	43.2
population)	2016	44.5	66.5	47.4
	2017	32.5	75.1	49.4
Diabetes Mellitus (age-adjusted mortality rate	2014	25.5	25.6	
due to Diabetes Mellitus, per 100,000				
population)	2015 2016	19.7 32.4	25.2 24.5	<u>21.3</u> 21
	2010	27.9	24.5	21.5
	2017	21.9	25.2	21.0
Kidney Disease and other Kidney-Related	2014	15.8	14	
Disorders (age-adjusted mortality rate due to	2015	8.9	14.5	13.4
nephritis, nephrotic syndrome, and nephrosis,	2016	12.6	15.3	13.1
per 100,000 population)	2017	27	15	13
Alzheimer's Disease (age-adjusted mortality	2014	22.7	27.6	
rate due to Alzheimer's Disease, per 100,000	2015	35.6	31.1	29.4
population)	2016	17.6	33.3	30.3
	2017	24.3	33.6	31

Continuation of Appendix B – 1. Summary of Top 15 Leading Causes of Death, Athens County versus Ohio (2019 Online State Health Assessment) (Ohio Department of Health, n.d.; Centers for Disease Control and Prevention, National Center for Health Statistics, n.d.)

Leading Causes of Death	Data Years	Athens County	Ohio	U.S.
Influenza and Pneumonia (age-adjusted	2014	21.3	16.8	
mortality rate due to Influenza and Pneumonia,	2015	21.3	16.6	15.2
per 100,000 population)	2016	22.5	15	13.5
	2017	22.2	14.9	14.3
		1	1	
Chronic liver disease and cirrhosis (age-	2014	13.6	10.4	
adjusted mortality rate due to chronic liver	2015	8.5	10.7	—
disease and cirrhosis, per 100,000 population)	2016	12.6	10.9	
	2017	17.6	11.2	10.9
Suicide (age-adjusted mortality rate due to	2014		12.5	
suicide, per 100,000 population)	2015	14.3	13.9	13.3
	2016	15.6	14.1	13.5
	2017	11.1	14.8	14
		1	1	
Pneumonitis due to solids and liquids	2014		5.6	
	2015		5.9	
	2016		6.2	
	2017	8.7	5.7	5.1
Essential Hypertension (Primary) and	2014		9.3	
Hypertensive Renal Disease	2015		9.5	
	2016	9.1	9.2	
	2017	8.1	9.1	9
Parkinson's Disease (age-adjusted mortality	2014		7.8	
rate due to Parkinson's Disease, per 100,000	2015		8	
population)	2016		8.6	_
	2017		8.7	8.4
Septicemia (age-adjusted mortality rate due to	2014	14.2	12.1	
septicemia, per 100,000 population)	2015	9.9	13.6	
	2016	17.8	13.7	
	2017		14	10.6

Appendix B – 2. Summary of Top 15 Leading Causes of Death in 2017, Athens County, Ohio, and United States, By Race/Ethnicity (2019 Online State Health Assessment) (Ohio Department of Health, n.d.; Centers for Disease Control and Prevention, National Center for Health Statistics, n.d.)

Leading		County		nio	U.	
Causes of		Mortality Rate	(Age-Adjusted		(Age-Adjusted	
Death	per 100,000	Population)	per 100,000	Population)	per 100,000	Population)
Heart	Total	159.2	Total	186.1	Total	165
Disease	population		population		population	
	African		African	211.8	African	208
	American		American		American	
	(non-		(non-		(non-	
	Hispanic)		Hispanic)		Hispanic)	
	White (non-	164.1	White (non-	185.6	White (non-	168.9
	Hispanic)		Hispanic)		Hispanic)	
	Hispanic		Hispanic		Hispanic	114.1
Cancer	Total	169.7	Total	171.3	Total	152.5
	population		population		population	
	African		African	196.5	African	178
	American		American		American	
	(non-		(non-		(non-	
	Hispanic)		Hispanic)		Hispanic)	
	White (non-	174.8	White (non-	176.3	White (non-	157.9
	Hispanic)		Hispanic)		Hispanic)	
	Hispanic		Hispanic		Hispanic	108.1
Chronic	Total	59	Total	48.4	Total	40.9
Lower	population		population		population	
Respiratory	African		African	34.6	African	30.2
Diseases	American		American		American	
	(non-		(non-		(non-	
	Hispanic)		Hispanic)		Hispanic)	
	White (non-	61.2	White (non-	51	White (non-	46.4
	Hispanic)		Hispanic)		Hispanic)	
	Hispanic	—	Hispanic		Hispanic	17.2
Stroke	Total	36.9	Total	42.9	Total	37.6
	population		population		population	
	African		African	51.6	African	52.7
	American		American		American	
	(non-		(non-		(non-	
	Hispanic)		Hispanic)		Hispanic)	
	White (non-	36.3	White (non-	42.2	White (non-	36.4
	Hispanic)		Hispanic)		Hispanic)	
	Hispanic		Hispanic		Hispanic	31.8

Continuation of Appendix B – 2. Summary of Top 15 Leading Causes of Death in 2017, Athens County versus Ohio, By Race/Ethnicity, (2019 Online State Health Assessment) (Ohio Department of Health, n.d.; Centers for Disease Control and Prevention, National Center for Health Statistics, n.d.)

Leading	Athens	County	Oł	nio	U.	S.
Causes of		Mortality Rate	(Age-Adjusted	Mortality Rate		Mortality Rate
Death	per 100,000	Population)		Population)	per 100,000	Population)
Unintentional	Total	32.5	Total	75.1	Total	49.4
Injuries	population		population		population	
	African		African	72.9	African	47.6
	American		American		American	
	(non-		(non-		(non-	
	Hispanic)		Hispanic)		Hispanic)	
	White (non-	32.7	White (non-	78.3	White (non-	56.2
	Hispanic)		Hispanic)		Hispanic)	
	Hispanic	—	Hispanic		Hispanic	32.5
						-
Diabetes	Total	27.9	Total	25.2	Total	21.5
Mellitus	population		population		population	
	African		African	41.2	African	38.7
	American		American		American	
	(non-		(non		(non-	
	Hispanic)		Hispanic)		Hispanic)	10.0
	White (non-	27.9	White (non-	23.6	White (non-	18.8
	Hispanic)		Hispanic)		Hispanic)	05.5
	Hispanic		Hispanic		Hispanic	25.5
NI I '''	– • •	07	- - - -	4.5	- - - -	10
Nephritis,	Total	27	Total	15	Total	13
Nephrotic	population		population	00.0	population	05.0
Syndrome and	African		African	29.6	African	25.8
Nephrosis	American (non-		American (non-		American (non-	
Nephiosis	Hispanic)		Hispanic)		Hispanic)	
	White (non-	26.2	White (non-	13.5	White (non-	11.7
	Hispanic)	20.2	Hispanic)	13.5	Hispanic)	11.7
	Hispanic		Hispanic		Hispanic	11.3
	riispariio		Thoparno		riispariio	11.0
Alzheimer's	Total	24.3	Total	33.6	Total	31
Disease	population	21.0	population	00.0	population	0.
2.56466	African		African	30.4	African	28.5
	American		American		American	20.0
	(non-		(non-		(non-	
	Hispanic)		Hispanic)		Hispanic)	
	White (non-	25	White (non-	34.3	White (non-	32.8
	Hispanic)		Hispanic)		Hispanic)	
	Hispanic	_	Hispanic		Hispanic	24.7
	· ·	۱ <u>ــــــــــــــــــــــــــــــــــــ</u>	· · ·	1	· · ·	

Continuation of Appendix B – 2. Summary of Top 15 Leading Causes of Death in 2017, Athens County versus Ohio, By Race/Ethnicity, (2019 Online State Health Assessment) (Ohio Department of Health, n.d.; Centers for Disease Control and Prevention, National Center for Health Statistics, n.d.)

Leading Causes of Death	ses of (Mortality Rate per 100,000 (Mortality Rate per 100,00 h Population) Population)		te per 100,000 lation)	U.S. (Mortality Rate per 100,00 Population)		
Influenza and	Total population	22.2	Total population	14.9	Total population	14.3
Pneumonia	African		African	15.2	African	15.2
Theamonia	American		American	10.2	American	10.2
	(non-		(non-		(non-	
	Hispanic)		Hispanic)		Hispanic)	
	White (non-	29	White (non-	15	White (non-	14.4
	Hispanic)		Hispanic)		Hispanic)	
	Hispanic		Hispanic		Hispanic	11.3
Ohmensie	Tatal	47.0	Tatal	11.0	Tatal	10.0
Chronic Liver	Total population	17.6	Total population	11.2	Total population	10.9
Disease and	African		African	10.1	African	7.5
Cirrhosis	American		American	10.1	American	7.5
	(non-		(non-		(non-	
	Hispanic)		Hispanic)		Hispanic)	
	White (non-	18.4	White (non-	11.6	White (non-	11.3
	Hispanic)		Hispanic)		Hispanic)	
	Hispanic		Hispanic		Hispanic	14.3
Looding	Athono	Country		-i		<u>e</u>
Leading Causes of Death	Athens (Mortality Rat Popul	e per 100,000 ation)	(Mortality Rat	nio te per 100,000 lation)	U.: (Mortality Rate Popula	e per 100,000
Causes of	(Mortality Rat Popul Total	e per 100,000	(Mortality Rat Popul Total	te per 100,000	(Mortality Rate Popula Total	e per 100,000
Causes of Death	(Mortality Rat Popul Total population	e per 100,000 ation)	(Mortality Rat Popul Total population	te per 100,000 lation) 14.8	(Mortality Rate Popula Total population	e per 100,000
Causes of Death	(Mortality Rat Popul Total population African	e per 100,000 ation)	(Mortality Rat Popul Total population African	te per 100,000 lation)	(Mortality Rate Popula Total population African	e per 100,000
Causes of Death	(Mortality Rat Popul Total population African American	e per 100,000 ation)	(Mortality Rat Popul Total population African American	te per 100,000 lation) 14.8	(Mortality Rate Popula Total population African American	e per 100,000
Causes of Death	(Mortality Rat Popul Total population African American (non-	e per 100,000 ation)	(Mortality Rat Popul Total population African American (non-	te per 100,000 lation) 14.8	(Mortality Rate Popula Total population African American (non-	e per 100,000
Causes of Death	(Mortality Rat Popul Total population African American (non- Hispanic)	e per 100,000 ation)	(Mortality Rat Popul Total population African American (non- Hispanic)	te per 100,000 lation) 14.8 9.2	(Mortality Rate Popula Total population African American (non- Hispanic)	e per 100,000
Causes of Death	(Mortality Rat Popul Total population African American (non-	e per 100,000 ation)	(Mortality Rat Popul Total population African American (non- Hispanic) White (non-	te per 100,000 lation) 14.8	(Mortality Rate Popula Total population African American (non-	e per 100,000 ation) — —
Causes of Death	(Mortality Rat Popul Total population African American (non- Hispanic) White (non-	e per 100,000 ation)	(Mortality Rat Popul Total population African American (non- Hispanic)	te per 100,000 lation) 14.8 9.2	(Mortality Rate Population African American (non- Hispanic) White (non-	e per 100,000 ation) — —
Causes of Death Suicide	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic	e per 100,000 ation) 11.1 — — —	(Mortality Rat Population African American (non- Hispanic) White (non- Hispanic) Hispanic	te per 100,000 lation) 14.8 9.2 16.2 —	(Mortality Rat Popula Total population African American (non- Hispanic) White (non- Hispanic) Hispanic	e per 100,000 ation) — — — — —
Causes of Death Suicide Pneumonitis	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic	e per 100,000 ation) 11.1 —	(Mortality Rat Population African American (non- Hispanic) White (non- Hispanic) Hispanic	te per 100,000 lation) 14.8 9.2 16.2	(Mortality Rat Popula Total population African American (non- Hispanic) White (non- Hispanic) Hispanic	e per 100,000 ation) — — —
Causes of Death Suicide Pneumonitis due to solids	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population	e per 100,000 ation) 11.1 — — —	(Mortality Rat Population African American (non- Hispanic) White (non- Hispanic) Hispanic	te per 100,000 lation) 14.8 9.2 16.2 — 5.7	(Mortality Rat Popula Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population	e per 100,000 ation) — — — — —
Causes of Death Suicide Pneumonitis due to solids	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Hispanic	e per 100,000 ation) 11.1 — — —	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African	te per 100,000 lation) 14.8 9.2 16.2 —	(Mortality Rat Popula Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African	e per 100,000 ation) — — — — —
Causes of Death Suicide Pneumonitis	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American	e per 100,000 ation) 11.1 — — —	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American	te per 100,000 lation) 14.8 9.2 16.2 — 5.7	(Mortality Rat Popula Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American	e per 100,000 ation) — — — — —
Causes of Death Suicide Pneumonitis due to solids	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non-	e per 100,000 ation) 11.1 — — —	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non-	te per 100,000 lation) 14.8 9.2 16.2 — 5.7	(Mortality Rat Popula Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non-	e per 100,000 ation) — — — — —
Causes of Death Suicide Pneumonitis due to solids	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non- Hispanic)	e per 100,000 ation) 11.1 — — —	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non- Hispanic)	te per 100,000 ation) 14.8 9.2 16.2 5.7 15.2	(Mortality Rat Popula Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non- Hispanic)	e per 100,000 ation) — — — — —
Causes of Death Suicide Pneumonitis due to solids	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non-	e per 100,000 ation) 11.1 — — —	(Mortality Rat Popul Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non-	te per 100,000 lation) 14.8 9.2 16.2 — 5.7	(Mortality Rat Popula Total population African American (non- Hispanic) White (non- Hispanic) Hispanic Total population African American (non-	e per 100,000 ation) — — — — 5.1 —

Continuation of Appendix B – 2. Summary of Top 15 Leading Causes of Death in 2017, Athens County versus Ohio, By Race/Ethnicity, (2019 Online State Health Assessment) (Ohio Department of Health, n.d.; Centers for Disease Control and Prevention, National Center for Health Statistics, n.d.)

Leading Causes of Death	Athens (Mortality Rat Popul	e per 100,000 ation)	(Mortality Rat Popul		Popul	te per 100,000 lation)	
Essential	Total	8.1	Total	9.1	Total	9	
(primary)	population		population		population		
hypertension	African	—	African	17.7	African	17.1	
and	American		American		American		
hypertensive	(non-		(non-		(non-		
renal	Hispanic)		Hispanic)		Hispanic)		
disease	White (non-	—	White (non-	8.2	White (non-	8	
	Hispanic)		Hispanic)		Hispanic)		
	Hispanic	_	Hispanic		Hispanic	8.3	
Parkinson's	Total		Total	8.7	Total	8.4	
Disease	population		population		population		
	African	_	African	5.5	African	_	
	American		American		American		
	(non-		(non-		(non-		
	Hispanic)		Hispanic)		Hispanic)		
	White (non-		White (non-	9.2	White (non-	9.2	
	Hispanic)		Hispanic)		Hispanic)		
	Hispanic	_	Hispanic		Hispanic	_	
			·				
Septicemia	Total		Total	14	Total	10.6	
	population		population		population		
	African		African	20.5	African	17.4	
	American		American		American		
	(non-		(non-		(non-		
	Hispanic)		Hispanic)		Hispanic)		
	White (non-		White (non-	13.5	White (non-	10.3	
	Hispanic)		Hispanic)		Hispanic)		
	Hispanic		Hispanic		Hispanic	7.9	
			· · · ·	۰. 			

Appendix B – 3. Race Breakdown Data related to Athens County Health Outcomes, Health Behaviors, Clinical Care and Social and Economic Factors (County Health Rankings, 2021)

Data Measure	Race/Ethnicity	Athens County	Ohio
Percent of low	Total population	9%	9%
birthweight (percent of live births with low birthweight	American Indian and Alaska Native	—	10%
(<2,500 grams)	Asian		9%
(_,)	African American		14%
	Hispanic		8%
	White		7%
	Winto		170
Infant mortality rate	Total population	8 per 1,000	7 per 1,000
(Number of all infant deaths until age 1 per 1,000 live	American Indian and Alaska Native		
births)	Asian		4 per 1,000
	African American		15 per 1,000
	Hispanic		6 per 1,000
	White		6 per 1,000
	l	1	·
Life expectancy (average	Total population	78 years	77 years
number of years a person can expect to live)	American Indian and Alaska Native	_	100.3 years
. ,	Asian	90.3 years	88.2 years
	African American	79.6 years	73.5 years
	Hispanic	_	86 years
	White	77.6 years	77.2 years
Premature age-adjusted	Total population	379 per 100,000	407 per 100,000
mortality (Number of deaths among residents	American Indian and Alaska Native	—	183 per 100,000
under age 75 per 100,000	Asian		137 per 100,000
population, age-adjusted)	African American		572 per 100,000
	Hispanic	<u> </u>	245 per 100,000
	White		395 per 100,000
	1		
Teen birth rate (Number of	Total population	8 per 1,000	22 per 1,000
births per 1,000 female population ages 15-19)	American Indian and Alaska Native	—	20 per 1,000
	Asian	<u> </u>	6 per 1,000
	African American	<u> </u>	40 per 1,000
	Hispanic	<u> </u>	36 per 1,000
	White	<u> </u>	18 per 1,000
			4.004 400.000
Preventable hospital	Total population	3,824 per 100,000	4,901 per 100,000
stays (Rate of hospital stays for ambulatory-care	American Indian and Alaska Native	—	7,161 per 100,000
stays (Rate of hospital stays for ambulatory-care sensitive conditions per	Alaska Native Asian		2.557 per 100,000
stays (Rate of hospital stays for ambulatory-care sensitive conditions per 100,000 Medicare	Alaska Native Asian African American	— — 5,426 per 100,000	2.557 per 100,000 7,182 per 100,000
stays (Rate of hospital stays for ambulatory-care sensitive conditions per	Alaska Native Asian	 5,426 per 100,000 3,779 per 100,000	2.557 per 100,000

Continuation of Appendix B – 3. Race Breakdown Data related to Athens County Health Outcomes, Health Behaviors, Clinical Care and Social and Economic Factors (County Health Rankings, 2021)

Data Measure	Race/Ethnicity	Athens County	Ohio
Mammography screening	Total population	39%	43%
(percent of female	American Indian and		29%
Medicare enrollees age 65-	Alaska Native		
74 that received an annual	Asian		39%
mammography screening)	African American	18%	43%
	Hispanic		37%
	White	39%	44%
Drug overdose mortality	Total population	14 per 100,000	38 per 100,000
rate (Number of drug	American Indian and		26 per 100,000
poisoning deaths per	Alaska Native		
100,000 population)	Asian		4 per 100,000
	African American		39 per 100,000
	Hispanic		23 per 100,000
	White	_	40 per 100,000
		1	
Motor vehicle crash	Total population	10 per 100,000	10 per 100,000
deaths (Number of motor	American Indian and		
vehicle crash deaths per	Alaska Native		
100,000 population)	Asian		4 per 100,000
	African American		10 per 100,000
	Hispanic		7 per 100,000
	White		10 per 100,000
Flu vaccinations (Percent	Total population	49%	51%
of fee-for-service Medicare	American Indian and		44%
enrollees that had an	Alaska Native		
annual flu vaccination)	Asian	20%	51%
	African American	45%	39%
	Hispanic	29%	46%
	White	49%	52%
		1	
Children in poverty	Total population	25%	18%
(Percent of people under	American Indian and		28%
age 18 in poverty)	Alaska Native		
	Asian	10%	12%
	African American	25%	43%
	Hispanic	37%	32%
	White	28%	14%
Injury death rate (Number	Total population	59 per 100,000	91 per 100,000
of deaths due to injury per 100,000 population)	American Indian and Alaska Native	_	36 per 100,000
	Alaska Nalive		26 per 100,000
	African American		100 per 100,000
	Llianania		10 100 000
	Hispanic White		49 per 100,000 94 per 100,000

Continuation of Appendix B – 3. Race Breakdown Data related to Athens County Health Outcomes, Health Behaviors, Clinical Care and Social and Economic Factors (County Health Rankings, 2021)

Data Measure	Race/Ethnicity	Athens County	Ohio
Child mortality rate	Total population	55 per 100,000	59 per 100,000
(Number of deaths among	American Indian and		43 per 100,000
children under age 18 per	Alaska Native	_	
100,000 population.	Asian	_	43 per 100,000
	African American		114 per 100,000
	Hispanic		49 per 100,000
	White	—	47 per 100,000
Reading scores (Average	Total population	3.1	3.1
grade level performance for 3 rd graders on English	American Indian and Alaska Native		—
Language Arts	Asian	—	3.5
standardized tests)	African American	—	2.5
	Hispanic	—	2.7
	White		3.3
Math scores (Average	Total population	2.8	3
grade level performance for 3 rd graders on math	American Indian and Alaska Native	—	—
standardized tests)	Asian	_	3.7
	African American	—	2.3
	Hispanic	—	2.6
	White	—	3.2
Median household	Total population	\$43,621	\$58,704
income (Income where half of households in a county	American Indian and Alaska Native	\$	\$34,943
earn more and half of	Asian	\$33,304	\$76,054
households earn less)	African American	\$	\$33,158
	Hispanic	\$	\$44,500
	White	\$41,806	\$61,427

Appendix B – 4. Percent of top five cancer cases (incidence rate) by site/type in Athens County, 2012-2016 (Ohio Department of Health, 2019)

Cancer Site/Type	Percent
Lung and Bronchus	16.7%
Breast (Female)	14%
Colon and Rectum	10.6%
Prostate	9.9%
Bladder	5%

Appendix B – 5. Percent of top five cancer deaths (mortality rate) by site/type in Athens County, 2012-2016 (Ohio Department of Health, 2019)

Cancer Site/Type	Percent
Lung and bronchus	30.4%
Colon and rectum	11.2%
Breast (female)	7.5%
Pancreas	4.6%
Bladder	4.6%

Appendix B – 6. Summary of Age-Adjusted Rates of Invasive Cancer Cases and Cancer Mortality by Site/Type in Athens County versus Ohio and United States, 2012-2016 (Ohio Department of Health, 2019)

	Data Years	Athens County	Ohio	U.S.
All Cancer Sites/Types Combined Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population	2012-2016	453.9	461.9	442
All Cancer Sites/Types Combined Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population	2012-2016	174.4	176.8	161
Urinary Bladder Cancer Incidence Rates	2012-2016	23.7	22	20.1
(Average annual age-adjusted incidence rates per 100,000 population				
Urinary Bladder Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population	2012-2016	8.5	5	4.4
Brain and Other Central Nervous System Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	3.9	7.1	6.4
Brain and Other Central Nervous System Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	3.2	4.6	4.4
				- 1
Female Breast Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	124	127.4	127.5
Female Breast Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	24.3	22.4	20.6
Cervical Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	10.8	7.6	7.3
Cervical Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016		2.3	2.3

Continuation of Appendix B – 6. Summary of Age-Adjusted Rates of Invasive Cancer Cases and Cancer Mortality by Site/Type in Athens County versus Ohio and United States, 2012-2016 (Ohio Department of Health, 2019)

	Data Years	Athens County	Ohio	U.S.
Colon and Rectum Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	48.2	41.5	38.6
Colon and Rectum Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	20.5	15.7	14.2
Esophageal Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	7.1	5.2	4.3
Esophageal Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	6.4	5	4
Hodgkin Lymphoma Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	2.3	2.8	2.7
Hodgkin Lymphoma Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	—	0.3	0.3
		1		- 1
Kidney and Renal Pelvis Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	20.7	17.1	16.1
Kidney and Renal Pelvis Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	2.9	3.9	3.8
Laryngeal Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	4.7	4	3
Laryngeal Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016		1.3	1
Leukemia Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	14.5	12.2	14.1
Leukemia Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	4	6.9	6.5

Continuation of Appendix B – 6. Summary of Age-Adjusted Rates of Invasive Cancer Cases and Cancer Mortality by Site/Type in Athens County versus Ohio and United States, 2012-2016 (Ohio Department of Health, 2019)

	Data Years	Athens County	Ohio	U.S.
Liver and Intrahepatic Bile Duct Cancer Incidence Rates (Average annual age- adjusted incidence rates per 100,000 population)	2012-2016	7.1	7	8.8
Liver and Intrahepatic Bile Duct Cancer Mortality Rates (Average annual age- adjusted mortality rates per 100,000 population)	2012-2016	3.7	5.9	6.5
Lung and Bronchus Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	73.7	68.5	54.9
Lung and Bronchus Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	51.3	50.3	41.9
		· ·		
Melanoma of the Skin Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	18.7	22.9	22.2
Melanoma of the Skin Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	2.6	2.8	2.5
Multiple Myeloma Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	4.3	6	6.9
Multiple Myeloma Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	1.6	3.6	3.3
Non-Hodgkin Lymphoma Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	16.3	19.1	19.6
Non-Hodgkin Lymphoma Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	4.3	6.1	5.6

Continuation of Appendix B – 6. Summary of Age-Adjusted Rates of Invasive Cancer Cases and Cancer Mortality by Site/Type in Athens County versus Ohio and United States, 2012-2016 (Ohio Department of Health, 2019)

	Data Years	Athens County	Ohio	U.S.
Oral Cavity and Pharyngeal Cancer Incidence Rates (Average annual age- adjusted incidence rates per 100,000 population)	2012-2016	12.5	11.8	11.3
Oral Cavity and Pharyngeal Cancer Mortality Rates (Average annual age- adjusted mortality rates per 100,000 population)	2012-2016	2.9	2.7	2.5
Ovarian Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	10.6	11	11.4
Ovarian Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	11.7	7.4	7
	0040 0040	7.0	40.0	10.0
Pancreatic Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	7.9	12.8	12.9
Pancreatic Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	7.9	11.6	11
Prostate Cancer Incidence Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	87.4	103	109.5
Prostate Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	16.8	19	19.2
Stomach Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	4.2	6.4	7.4
Stomach Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016	2.5	2.7	3.1
	0040 0040	4.0	F ^	
Testicular Cancer Incidence Rates (Average annual age-adjusted incidence rates per 100,000 population)	2012-2016	4.2	5.8	5.9
Testicular Cancer Mortality Rates (Average annual age-adjusted mortality rates per 100,000 population)	2012-2016		0.3	0.3

Continuation of Appendix B- 6. Summary of Age-Adjusted Rates of Invasive Cancer Cases and Cancer Mortality by Site/Type in Athens County versus Ohio and United States, 2012-2016 (Ohio Department of Health, 2019)

.9 15.1 - 0.5	0.5
- 0.5	0.5
	0.0
.1 29.7	27.5
_ 5	4.7

Appendix B – 7. Summary of Health Outcomes and Health Factors in Athens County Related to Mental Health and Addiction (County Health Rankings, 2021)

	Data Years	Athens County	Ohio
Poor or fair health (Percent of adults reporting poor or fair health; age-adjusted)	2018	21%	18%
Poor physical health days (Average number of physically unhealthy days reported in past 30 days; age adjusted)	2018	4.8 days in past 30 days	4.1 days in past 30 days
Poor mental health days (Average number of mentally unhealthy days reported in past 30 days; age- adjusted)	2018	5.2 days in past 30 days	4.8 days in past 30 days
Life expectancy (Average number of years a person can expect to live)	2017-2019	78 years	77 years
Frequent physical distress (Percent of adults reporting 14 or more days of poor physical health per month; age adjusted)	2018	15%	12%
Frequent mental distress (Percent of adults reporting 14 or more days of poor mental health per month; age adjusted)	2018	18%	16%
Adult smoking (Percent of adults who are current smokers; age-adjusted) ^a	2018	24%ª	21%
Excessive drinking (Percent of adults reporting binge or heavy drinking; age adjusted)	2018	18%	18%
Alcohol-impaired driving deaths (Percent of driving deaths with alcohol involvement) ^d	2015-2019	19% ^d	32%
Drug overdose deaths (Number of drug poisoning deaths per 100,000 population)	2017-2019	14	38
Insufficient sleep (Percent of adults who report fewer than seven hours of sleep on average; age adjusted)	2018	41%	41%
Percent uninsured (Percent of population under age 65 without health insurance) ^c	2018	9%c	8%
Percent uninsured adults (Percent of adults under age 65 without health insurance) ^c	2018	10%¢	9%
Percent uninsured children (Percent of children under age 19 without health insurance) ^c	2018	5%°	5%
Access to primary care physicians (Ratio of population to primary care physicians) ^b	2018	1,370:1 ^b	1,300:1

Continuation of Appendix B – 7. Summary of Health Outcomes and Health Factors in Athens County Related to Mental Health and Addiction (County Health Rankings, 2021)

	Data Years	Athens County	Ohio
Access to other primary care providers (Ratio of population to primary care providers other than physicians).	2020	980:1	920:1
Access to mental health providers (Ratio of population to mental health providers)	2020	190:1	380:1
Rate of violent crime (Number of reported violent crime offenses per 100,000 population)	2014, 2016	112 per 100,000	293 per 100,000
Rate of injury deaths (Number of injury-related deaths per 100,000 population)	2015-2019	59 per 100,000	91 per 100,000
Suicides (Number of deaths due to suicide per 100,000 population; age adjusted)	2015-2019	14 per 100,000	15 per 100,000
Firearm fatalities (Number of deaths due to firearms per 100,000 population)	2015-2019	9 per 100,000	13 per 100,000
Juvenile arrests (Rate of delinquency cases per 1,000 juveniles)	2018	23 per 1,000	38 per 1,000

^a Areas to explore according to the County Health Rankings (2021)

^b Athens County is getting worse for this measure according to the County Health Rankings (2021)

^c Athens County is getting better for this measure according to the County Health Rankings (2021)

^d Areas of strength according to the County Health Rankings (2021)

Appendix B – 8. Summary of Health Outcomes and Health Factors in Athens County Related to Poverty (County Health Rankings, 2021)

	Data Years	Athens County	Ohio
Life expectancy (Average number of years a person can expect to live)	2017-2019	78 years	77 years
Food insecurity (Percent of population who lack adequate access to food)	2018	18%	14%
Limited access to healthy foods (Percent of population who are low-income and do not live close to a grocery store)	2015	14%	7%
Percent uninsured (Percent of population under age 65 without health insurance) ^c	2018	9%c	8%
Percent uninsured adults (Percent of adults under age 65 without health insurance) ^c	2018	10%°	9%
Percent uninsured children (Percent of children under age 19 without health insurance) ^c	2018	5%°	5%
High school completion (Percent of adults ages 25 and over with a high school diploma or equivalent)	2015-2019	90%	90%
Some college (Percent of adults ages 25-44 with some post-secondary education)	2015-2019	65%	66%
Unemployment (Percent of population ages 16 and older unemployed but seeking work)	2019	5.3%	4.1%
Children in poverty (Percent of people under age 18 in poverty)	2019	25%	18%
Income inequality (Ratio of household income at the 80 th percentile to income at the 20 th percentile)	2015-2019	6.4	4.7
Children in single-parent households (Percent of children that live in a household headed by single parent)	2015-2019	23%	27%
Children eligible for free or reduced price lunch (Percent of children enrolled in public schools that are eligible for free or reduced price lunch)	2018-2019	51%	36%
Severe housing cost burden (Percent of households that spent 50% or more of their household income on housing)	2015-2019	20%	12%

^a Areas to explore according to the County Health Rankings (2021).

^b Athens County is getting worse for this measure according to the County Health Rankings (2021)

^c Athens County is getting better for this measure according to the County Health Rankings (2021)

^d Areas of strength according to the County Health Rankings (2021).

Appendix B – 9. Summary of Health Outcomes and Health Factors in Athens County Related to Chronic Conditions (County Health Rankings, 2021)

	Data Years	Athens County	Ohio
Poor or fair health (Percent of adults reporting poor or fair health; age-adjusted)	2018	21%	18%
Poor physical health days (Average number of physically unhealthy days reported in past 30 days; age adjusted)	2018	4.8 days in past 30 days	4.1 days in past 30 days
Life expectancy (Average number of years a person can expect to live)	2017-2019	78 years	77 years
Frequent physical distress (Percent of adults reporting 14 or more days of poor physical health per month; age adjusted)	2018	15%	12%
Diabetes prevalence (Percent of adults aged 20 and above with diagnosed diabetes)		12%	12%
HIV prevalence (Number of people aged 13 years and older living with a diagnosis of human immunodeficiency virus (HIV) infection per 100,000 population	2018	86 per 100,000	228 per 100,000
Adult smoking (Percent of adults who are current smokers; age-adjusted) ^a	2018	24%ª	21%
Adult obesity (Percent of adult population (age 20 and older) that reports a body mass index (BMI) greater than or equal to 30 kg/m ^{2 b}	2017	35% ^b	34%
Food environment index (Index of factors that contribute to a healthy food environment, from 0 (worst) to 10 (best).	2015, 2018	6 in a scale of 0 to 10	6.8 in a scale of 0 to 10
Physical inactivity (Percent of adults age 20 and over reporting no leisure-time physical activity)	2017	23%	26%
Food insecurity (Percent of population who lack adequate access to food)	2018	18%	14%
Limited access to healthy foods (Percent of population who are low-income and do not live close to a grocery store)	2015	14%	7%
Percent uninsured (Percent of population under age 65 without health insurance) ^c	2018	9%c	8%
Percent uninsured adults (Percent of adults under age 65 without health insurance) ^c	2018	10%°	9%

^a Areas to explore according to the County Health Rankings (2021).

^b Athens County is getting worse for this measure according to the County Health Rankings (2021)

^c Athens County is getting better for this measure according to the County Health Rankings (2021)

^d Areas of strength according to the County Health Rankings (2021).

Continuation of Appendix B – 9. Summary of Health Outcomes and Health Factors in Athens County Related to Chronic Conditions (County Health Rankings, 2021)

	Data Years	Athens County	Ohio
Percent uninsured children (Percent of children under age 19 without health insurance) ^c	2018	5%°	5%
Access to primary care physicians (Ratio of population to primary care physicians) ^b	2018	1,370:1 ^b	1,300:1
Access to other primary care providers (Ratio of population to primary care providers other than physicians).	2020	980:1	920:1

^a Areas to explore according to the County Health Rankings (2021).

^b Athens County is getting worse for this measure according to the County Health Rankings (2021)

^e Athens County is getting better for this measure according to the County Health Rankings (2021)

^d Areas of strength according to the County Health Rankings (2021).

Appendix B – 10. Summary of Health Outcomes and Health Factors in Athens County Related to Access to Care (County Health Rankings, 2021)

	Data Years	Athens County	Ohio
Percent uninsured (Percent of population under age 65 without health insurance) ^c	2018	9%c	8%
Percent uninsured adults (Percent of adults under age 65 without health insurance) ^c	2018	10%°	9%
Percent uninsured children (Percent of children under age 19 without health insurance) ^c	2018	5%°	5%
Access to primary care physicians (Ratio of population to primary care physicians) ^b	2018	1,370:1 ^b	1,300:1
Access to other primary care providers (Ratio of population to primary care providers other than physicians).	2020	980:1	920:1
Dentists (Ratio of population to dentists)	2019	4,670:1	1,560:1
Access to mental health providers (Ratio of population to mental health providers) ^d	2020	190:1 ^d	380:1
Preventable hospital stays (Rate of hospital stays for ambulatory-care sensitive conditions per 100,000 Medicare enrollees) ^c	2018	3,824 per 100,000°	4,901 per 100,000
Mammography screening (Percent of female Medicare enrollees ages 65-74 that received an annual mammography screening) ^c	2018	39%°	43%
Flu vaccinations (Percent of fee-for-service Medicare enrollees that had an annual flu vaccination) ^c	2018	49% ^c	51%

^a Areas to explore according to the County Health Rankings (2021). ^b Athens County is getting worse for this measure according to the County Health Rankings (2021)

^c Athens County is getting better for this measure according to the County Health Rankings (2021) ^d Areas of strength according to the County Health Rankings (2021).

Appendix B – 11. Summary of Health Outcomes and Health Factors in Athens County Related to Maternal and Infant/Child Health

	Data Years	Athens County	Ohio
Low birthweight (Percent of live births with low birthweight (<2,500 grams)	2013-2019	9%	9%
Child mortality (Number of deaths among children under age 18 per 100,000 population)	2016-2019	50	60
Infant mortality (Number of all infant deaths before age 1 per 1,000 live births)	2013-2019	8 per 1,000	7 per 1,000
Teen births (Number of births per 1,000 female population ages 15-19)	2013-2019	8 per 1,000	22 per 1,000
Children in poverty (Percent of people under age 18 in poverty)	2019	25%	18%
Children in single-parent households (Percent of children that live in a household headed by single parent)	2015-2019	23%	27%
Children eligible for free or reduced- price lunch (Percent of children enrolled in public schools that are eligible for free or reduced price lunch)	2018-2019	51%	36%
Juvenile arrests (Rate of delinquency cases per 1,000 juveniles)	2018	23 per 1,000	38 per 1,000

Appendix C. Summary of OhioHealth O'Bleness Hospital Community Health Needs Assessment (CHNA) Community Stakeholders

Alzheimer's Association

- **Representative:** Meg Haist (Development Manager, Alzheimer's Association of Greater Cincinnati), Amy Boehm (Health Systems Director, Alzheimer's Association)
- Skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves persons that may be directly or indirectly affected by Alzheimer's Disease in southern Ohio, northern Kentucky
- Inputs: Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
 - May 26, 2021, 10-11 AM, Webex Brief review of data and identification of significant health needs in Athens County
 - + **June 16, 2021, 10-11 AM, Webex** Prioritization of the significant health needs in Athens County that OhioHealth O'Bleness Hospital will need to address from July 1, 2022 to June 30, 2025
 - + **July 15, 2021, 10-11 AM, Webex** Identification of priority health outcomes and priority factors where OhioHealth O'Bleness Hospital will have to collaborate with the Athens City County Health Department in aligning with Ohio's 2020-2022 State Health Improvement Plan (SHIP)
- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://www.alz.org/cincinnati</u>
- Mission of organization: "The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support".
- Examples of programs and services (Alzheimer's Association®, 2021)
 - Direct care
 - + Education
 - + Support groups
 - + Research

Athens Area Chamber of Commerce

- Representative: Dani Underhill (President and Executive Director, Athens Area Chamber of Commerce)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves member businesses and all persons in Athens County
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
 - + **May 26, 2021, 10-11 AM, Webex** Brief review of data and identification of significant health needs in Athens County
 - + **June 16, 2021, 10-11 AM, Webex** Prioritization of the significant health needs in Athens County that OhioHealth O'Bleness Hospital will need to address from July 1, 2022 to June 30, 2025
 - July 15, 2021, 10-11 AM, Webex Identification of priority health outcomes and priority factors where OhioHealth O'Bleness Hospital will have to collaborate with the Athens City County Health Department in aligning with Ohio's 2020-2022 State Health Improvement Plan (SHIP)
- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://athenschamber.com/</u>
- **Mission of organization:** "The mission of the Chamber is to strengthen our business community through collaboration, engagement, and strategic partnerships."
- Examples of programs and services (Athens Area Chamber of Commerce, 2021)
 - + Foster success of members through networking, connectivity and building relationships
 - + Organizing events, activities, training
 - + Serve as voice for public policy
 - + Foster diversity and inclusion

Athens City-County Health Department (Expertise in public health)

- Representative: Ruth Dudding, CHES, CHW (Director of Community Health and Engagement); Court Witschey (Director of Policy and Planning); James Gaskell, MD (Health Commissioner and Medical Director); Jack Pepper, RS (Administrator); Crystal Jones, RN (Director of Nursing)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons from Athens County
- **Inputs:** Inputs: Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
 - May 26, 2021, 10-11 AM, Webex Brief review of data and identification of significant health needs in Athens County
 - + **June 16, 2021, 10-11 AM, Webex** Prioritization of the significant health needs in Athens County that OhioHealth O'Bleness Hospital will need to address from July 1, 2022 to June 30, 2025
 - July 15, 2021, 10-11 AM, Webex Identification of priority health outcomes and priority factors where OhioHealth O'Bleness Hospital will have to collaborate with the Athens City County Health Department in aligning with Ohio's 2020-2022 State Health Improvement Plan (SHIP)
- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: https://www.athenspublichealth.org/
- **Mission of organization:** "The Athens City-County Health Department works to improve and maintain the health of Athens County residents and protect people where we live".
- **Examples of programs and services** (Athens City-County Health Department, 2019):
 - + Environmental division
 - + Health education
 - + Nursing
 - + Public health preparedness
 - + Vital statistics

Athens County Job and Family Services (Expertise in public health)

- Representative: Shawn Stover (Reentry Program Coordinator)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons from Athens County
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>http://jfs.athensoh.org/</u>
- Mission of organization: As the employees of the Athens County Department of Job and Family Services, we have been charged with the most serious and important responsibility in government, that of helping our fellow citizens who experience the despair of poverty, hunger, homelessness, and ill health. We believe that our programs represent the conscience of society and that our strength lies in seeking a decent life for all.
- Examples of programs and services (Athens County Job and Family Services, n.d.):
 - Food assistance
 - + Cash assistance
 - + Medical care
 - + Child care assistance
 - + Child support
 - + Prevention, Retention and Contingency (PRC) program
 - + Senior Citizen Guardian Program
 - + Disability assistance and county medical services
 - + Transportation services
 - + Reentry services

Athens County, Ohio

- Representative: Chris Chmiel (Commissioner)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons from Athens County
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://www.co.athensoh.org/</u>
- **Mission of organization:** "To provide various Athens County programs and services for residents, visitors and business groups"
- Examples of programs and services (Athens County, Ohio, 2021):
 - + Auditor's Office
 - + Children Services
 - + Clerk of Courts and Title Office
 - + Commissioner's Office
 - + Common Pleas Court
 - + Coroner
 - + County Board of Developmental Disabilities
 - + Engineer
 - + Emergency Medical Services
 - + Job and Family Services
 - + Probate Juvenile Court
 - + Sheriff
 - + Soil and Water Conservation District
 - + Solid Waste and Recycling District
 - + Water and Sewer Districts
 - + Athens City-County Health Department
 - + Age-Friendly Athens County
 - + Tourism Bureau

Athens County Public Libraries

- Representative: Nick Tepe (Director)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons in Athens County needing library resources
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://www.myacpl.org/about/</u>
- **Mission of organization: Information hubs:** We want our libraries to be the first places you think of to get trusted information and to share your curiosity, expertise, stories, and passions with others.
- Community centers: We aim to connect, engage, entertain, and encourage. Everyone's welcome. Through
 community partnerships, meeting spaces, and thousands of free library programs a year, lifelong learning
 has never been more vital or more fun".
- Examples of programs and services (Athens County Public Libraries, 1999-2021):
 - + At-Home Library Service
 - + Interlibrary Loans
 - + Notary services
 - + Access to meeting rooms
 - + Technology Training
 - + Printing

Athens County Foundation

- Representative: Kerry Pigman (Executive Director)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons in Athens County
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://athensfoundation.org/about-us/</u>
- **Mission of organization:** The Athens County Foundation invests in local strategies to empower Athens County residents and build on the strengths of our region now and for generations to come.
- Examples of programs and services (Athens Foundation, Inc., 2021):
 - + Philanthropy
 - + Scholarship
 - + **Grants to nonprofit organizations** access to prescriptions, access to information and programs to combat addictions, access to food, clothing, education, healthcare, broadband and connectivity, housing, transportation, recreation, racial equity
 - Leadership "Leadership Athens County", "Racial Equity Coalition of Athens County", "Art of Hosting", "Athens Professionals for Philanthropy", "Women's Fund", "Athens Area Women's Business Loan"

Athens-Hocking-Vinton Alcohol, Drug Addiction and Mental Health Services

- Representative: Svea Maxwell (Deputy Director)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all residents of Athens County, Ohio, especially those who are medically underserved, minorities, low-income or individuals with chronic disease needs.
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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 - July 15, 2021, 10-11 AM, Webex Identification of priority health outcomes and priority factors where OhioHealth O'Bleness Hospital will have to collaborate with the Athens City County Health Department in aligning with Ohio's 2020-2022 State Health Improvement Plan (SHIP)
- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>317board.org/</u>
- Mission of organization: The Athens-Hocking-Vinton Alcohol, Drug Addiction and Mental Health Services Board (317 Board) plans, funds, and evaluates a community-based system of care for individuals in need of behavioral health or substance use disorder recovery services.
- Examples of programs and services (317 Board, 2016-2021):
 - + Partnerships and coordination related to mental health and substance use disorder treatment
 - Partnerships and coordination related to recovery houses for substance use disorders
 - + Partnerships and coordination related to services for seniors
 - Partnerships and coordination related to community coalitions
 - + Partnerships and coordination related to domestic violence shelter
 - + Partnerships and coordination related to peer support programs
 - + Partnerships and coordination in providing services for youth
 - + Partnerships and coordination related to meetings and support groups

Athens Parents for Racial Equity

- Representative: Brandi Baker (Founder)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves parents in Athens County interested in racial equity
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>facebook.com/groups/267979283928461/discussion/preview</u>
- Mission of organization: "Athens Parents for Racial Equity is an Athens community support group for parents and children to help support a positive, inclusive and collective educational pathway of the diverse student population and the community we serve".
- Examples of programs and services (Athens City School District, 2021; Facebook, 2021):
 - + Book events that educate about racial equity
 - + Support groups
 - + Awareness on racial equity

City of Athens, Ohio

- Representative: Steve Patterson (Mayor)
- Has skills and knowledge in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all residents of the City of Athens, Ohio
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://www.ci.athens.oh.us/27/Government</u>
- Mission of organization: To provide government services to the City of Athens residents
- Examples of programs and services (City of Athens, n.d.):
 - + Auditor services
 - + Income tax services
 - + Athens County Municipal Court
 - + Economic development
 - + Law services
 - + Parking services
 - + Planning

Hocking Athens Perry Community Action (HAPCAP)

- Representative: Kelly Hatas (Executive Director)
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons needing food assistance and other basic needs
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://hapcap.org/</u>
- **Mission of organization:** "The Southeast Ohio Foodbank and Regional Kitchen provide access to affordable, quality food resources to those individuals, organizations, and other entities seeking to mitigate food insecurity and promote good nutrition in an efficient, eco-friendly, and sustainable way".

• Examples of programs and services:

- + Child development
- + Community development
- + Employment programs
- + Athens County Microloan program
- + Utility services
- + Transportation
- + Housing
- + Food and nutrition

Hopewell Health Centers

- Representative: Sandy Sickles, LPCC (Clinic Director, Hopewell Health Centers, Inc.)
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: https://www.hopewellhealth.org/about-us/
- **Mission of organization:** "Our Mission is to provide access to affordable, high quality, integrated health care for all. Our organization offers a wide range of services, which includes comprehensive behavioral health care, dental health care, and primary health care."
- Examples of programs and services (Hopewell Health Centers, 2021):
 - Behavioral health services includes (a) community psychiatric supportive treatment services,
 (b) outpatient counseling services, (c) crisis services, (d) school-based services, (e) intensive home-based treatment, (f) partial hospitalization, (g) psychiatry, (h) substance abuse outpatient programming for adults and children, (i) Substance Abusing Mentally III (SAMI) Court, (j) medication-assisted treatment, and (k) transportation.
 - Primary care includes access to primary care services for the uninsured, underinsured and indigents through subsidizing the sliding fee scale
 - + Pharmacy services includes clinical and retail pharmacy services
 - + **Early childhood programs** includes (a) Help Me Grow, (b) early childhood health consults, and (c) Women, Infants and Children (WIC)
 - + Outreach and health insurance enrollment

Integrated Services for Behavioral Health (ISBH)

- **Representative:** Craig M. Stewart (Chief Human Resource Officer)
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons needing behavioral services.
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://integratedservice.org/about-us</u>
- Mission of organization: "We serve Southeastern and Central Ohio with a comprehensive array of behavioral health and other services – working with local partners to promote healthy people and strong communities. All of our services are intended to be collaborative and personalized for the individual."
- Examples of programs and services (Integrated Services for Behavioral Health, 2020):
 - + **Graham Drive** located at 11 Graham Drive, Athens, Ohio 45701. Graham Drive is a home for patients with mental and/or behavioral health problems. Graham Drive offers access to primary care, behavioral medicine
 - + The Hive located at West Columbus Street, Nelsonville, Ohio 45764. The Hive a place for youth and young adults to hang out and interact. The Integrated Services for Behavioral Health partners with the Athens County Public Libraries, Appalachian Peace and Justice Network, First Presbyterian Church of Nelsonville and Stuart's Opera House in providing programs and services at The Hive.
 - + **The Osage Corral, LLC** located at 4850 Alton Street, Albany, Ohio 45710. The Integrated Services for Behavioral Health partners with The Osage Corral, LLC, which offers Equine-Assisted Counseling at the 200 acres of wooded area, emotional and social experiential learning, health and wellness, and enrichment programs for persons from all age groups and families
 - + **Chauncey** located at 23 Main Street, Chauncey, Ohio 45719. The housing facility offers telehealth and access to organic gardens.
 - + Charles Place located at 5 Charles Place, Athens, Ohio 45701. Patients served by this facility have access to psychiatrists, nurse practitioners and registered nurses who provides comprehensive psychiatric care that is integrated with primary care.

OhioHealth

- Representatives: Mary Ann G. Abiado, PhD, MSN, RN (Data Management and Evaluation Specialist and Community Health Nurse, OhioHealth Community Health Partnerships); Sydney Webber (Director of Marketing, OhioHealth O'Bleness Hospital); Tiffany Holt (Licensed Professional Nurse, OhioHealth O'Bleness Hospital); Terri Mckinley (Homecare Nurse Coordinator, OhioHealth Homecare), Rhonda Dixon, MBA, BSN RN, NE-BC (Chief Nursing Officer, OhioHealth O'Bleness Hospital); David Hensel (Director of Finance, OhioHealth O'Bleness Hospital); Becky Holcomb (Administrative Nurse Manager, Medical Surgical Unit, OhioHealth O'Bleness Hospital); Lindsey M. Jeffers (Community Health Worker, OhioHealth O'Bleness Hospital); Jennifer Parks, RN (Administrative Nurse Manager, Emergency Department, OhioHealth O'Bleness Hospital); Philip Foster (Spiritual Care Coordinator, OhioHealth O'Bleness Hospital); Alice Ritchie (Retired Social Worker, OhioHealth O'Bleness Hospital); Tara Gilts (Advisor of Philanthropy, OhioHealth Foundation), Brianna Edwards (Advisor, Human Resources, Business Partners); Ericka Danielson-Mcclain (Manager, Care Management and Utilization Review); Steven R. Davies (Senior Director, Physician Practice Operations, OhioHealth Physician Group Operations South Region).
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons needing healthcare services regardless of ability to pay
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Website: https://www.ohiohealth.com/
- Mission of organization: "to improve the health of those we serve"
- Examples of programs and services (OhioHealth 2015-2021):
 - + Brain and spine care
 - + Cancer
 - + Diabetes
 - + Emergency and trauma
 - + ENT (Ear, Nose, Throat)
 - + Gastroenterology
 - + Heart and vascular
 - + Orthopedics
 - Pain Management
 - + Primary care
 - + Rehabilitation and therapy
 - + Senior health
 - + Sports medicine

- + Surgery
- + Hospice
- + Imaging and radiology
- Laboratory services
- Mammography
- + Mental health
- + Neuroscience
- + Oncology
- + Urgent care
- + Urology
- + Weight management
- + Women and maternity
- + Community Benefit programs

Ohio University

- Representatives: Mackenzie Kucharsky, (Event Coordinator, Voinovich School of Leadership and Public Service), Margaret Hutzel (Senior Project Manager, Voinovich School of Leadership and Public Service); Sharon Casapulla, EdD, MPH (Director, Education and Research; Assistant Professor, Family Medicine, Heritage College of Osteopathic Medicine); Rebecca Miller, MPA, BS (Senior Director of Community Relations, College of Health Sciences and Professions); Sherri Oliver, MPA (Executive Director, Community Health Programs and Area Health Education Center, Heritage College of Osteopathic Medicine); Micah McCarey (Director, Division of Diversity and Inclusion); Jenny Zamor, DO (Assistant Clinical Professor, Heritage College of Osteopathic Medicine); Cale Burke (intern)
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons with academic and community education, health care needs, and social determinants of health needs
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://www.ohio.edu/</u>
- **Mission of organization:** "Ohio University holds as its central purpose the intellectual and personal development of its students. Distinguished by its rich history, diverse campus, international community, and beautiful Appalachian setting, Ohio University is known as well for its outstanding faculty of accomplished teachers whose research and creative activity advance knowledge across many disciplines."
- Examples of programs and services (Ohio University, 2021):
 - + Academic learning
 - + Teaching
 - + Research
 - + Extension
 - + Community Partnerships

Passion Works Studio

- **Representative: Patty Mitchell** (Executive Director, Founder)
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves all persons interested in the arts
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://passion-works-studio.myshopify.com/</u>
- Mission of organization: "To inspire and liberate the human spirit through the arts"
- Examples of programs and services (Passion Works Studio, 2021):
 - + Community outreach and collaborations
 - + Art Van
 - + Art experiences for the community
 - + Fundraising
 - Sales of art products

Sisters Health Foundation

- Representatives: Shei Sanchez (Grants and Communications Manager)
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serve organizations that promote healthy eating, active living, thriving neighborhoods, and mental health and addiction in the Mid-Ohio Valley
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://sistershealthfdn.org/about-us/vision-mission-values/</u>
- Mission of organization: "Our mission is to promote healthy and sustainable communities by providing resources, strengthening collaborative relationships, and supporting initiatives that impact people in the Mid-Ohio Valley. Through this mission, the Sisters Health Foundation seeks to enhance the rich gifts already found in local communities".
- Examples of programs and services (Sisters Health Foundation, 2021):
 - + Support and fund projects and strategies that promote healthy eating and active living
 - + Support and fund projects that promote thriving neighborhoods
 - + Support and fund projects that address mental health and addiction
 - + Support and fund projects that improve health and wellness in the Mid-Ohio Valley

Survivor Advocacy Outreach Program

- Representative: Heather Mitchell, BSW (Direct Service Supervisor)
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves survivors of rape and other crimes in southeast Ohio
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: <u>https://www.saopseoh.org/</u>
- **Mission of organization:** "SAOP empowers the community and all survivors of sexual violence to live free of sexual violence, domestic violence and stalking."
- Examples of programs and services (Survivor Advocacy Outreach Program, 2021):
 - Crisis Hotline Services (740-591-4266) (a) resolve crisis for adults, teens and co-survivors;
 (b) provide emotional support; (c) connect survivor with community resources, counseling, housing, etc.); and (d) in-person advocacy
 - Advocacy services (a) accompanies victim or survivor to law enforcement; (b) assist with civil or criminal action; and (c) accompanies survivors in seeking medical attention, follow-up appointments and forensic examinations
 - + **Filing assistance and VINE services** (a) assists with filing paperwork for Victim of Crime Compensation and (b) access to Victim Information Notification Everyday (VINE)
 - Coordination of services (a) determine survivor's needs and link them to community resources; (b) enable and link survivors to access counseling, legal help, and housing; (c) create a plan for various support services that may benefit the survivor; (d) benefits application; and (e) advocate for survivor's rights and other services
 - + **Training** survivor services training, community awareness, prevention of sexual violence

:

The Laurels of Athens

- **Representative: Lester Lytle, LPN** (Director of Marketing)
- Has knowledge and skills in public health? Yes
- Description of the medically underserved, low-income or minority populations represented by the organization: Serves older adults needing care and persons needing rehabilitation and recovery services
- **Inputs:** Participated in at least one virtual Community Health Needs Assessment Prioritization of Health Needs meeting hosted by OhioHealth O'Bleness Hospital and Ohio University on:
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- Time frame of inputs: May 26, 2021; June 16, 2021, July 15, 2021
- Website: https://www.laurelsofathens.com/about/overview/
- **Mission of organization:** "We are a team of professionals dedicated to promoting the highest level of independence and quality of life for our guests by creating a comfortable living environment and providing comprehensive health care services." "To accomplish this, we have a responsibility to:
 - + Treat everyone with dignity and respect;
 - + Conduct ourselves with the highest level of integrity and ethical behavior;
 - + Be uncompromising in our standards of quality of care and service;
 - + Attract, train, and retain knowledgeable, caring, and compassionate individuals;
 - + Challenge ourselves to grow as people, as professionals, and as a company;
 - + Earn a fair and reasonable profit for our stakeholders."

"We embrace these responsibilities, with commitment and enthusiasm, in our pursuit of The Laurel Way."

- Examples of programs and services (Laurel Health Care Company, 2021):
 - + Short-term nursing and rehabilitation includes occupation therapy, physical therapy, speech therapy, functional therapy, assisted living care, palliative and respite care, bariatric care, transportation assistance to dialysis, post-surgical services, restorative care, outpatient therapy.
 - Long-term care includes memory care, support for dialysis, palliative care, program for Parkinson's Disease.
 - + Outpatient therapy includes in-house, licensed therapy programs and services, physical therapy, occupational therapy, speech therapy, Prehab therapy, which helps persons who will undergo a surgery to improve physical activity prior to the procedure, COVID-19 Long-Haulers Recovery Program
 - + **Aquatic therapy** helps people to recover from surgery, disorders of the bone, joint or muscle, and neurological and orthopedic injuries
 - Respite care offers 24-hour skilled nursing care to patients needing care in order to help caregivers recuperate and rest.
 - + **Palliative care** provides comfort care and symptom management

Appendix D. Documentation of Program Impacts from the Community Health Needs Assessment and Implementation Strategy Adopted in 2019 by OhioHealth O'Bleness Hospital

Need #1: Mental Health and Addiction (MHA)

MHA – 1. Partnership with the Athens City-County Health Department, 317 Board, Hopewell Health Center, Health Recovery Resources, Ohio University and other community organizations in sustaining a regional drug coalition. This action aligns with the Ohio 2017–2019 State Health Improvement Plan.

Impacts During Fiscal Year 2020 and 2021

MHA – 1.1. OhioHealth Collaborations with the Athens City-County Health Department — The OhioHealth O'Bleness Hospital Opioid Patient Navigator, Shari Blackwell, LPN, CDCA, provided health education during Harm Reduction Program activities hosted by the Athens City-County Health Department every Wednesday from 12:30 to 3:00 PM at 278 W. Union St, Athens, Ohio 45701. The Harm Reduction Program offers a syringe exchange up to 30 syringes, education, and training on naloxone administration to prevent overdose deaths, immunizations on hepatitis A and B immunizations, access to an opioid navigator and peer counseling services. The naloxone training discussed the following: (a) awareness of the signs and symptoms of drug overdose, (b) different types of overdose, (c) rescue breathing, (d) calling 9-1-1, and (v) administration of intranasal naloxone.

	Fiscal Year 2020 (July 1, 2019 to March 11, 2020 only; due to COVID-19 pandemic)	Fiscal Year 2021
Number of Harm Reduction Program clinics held	35 clinics	45 clinics
Number of persons served through the Harm Reduction Program	2,187 persons	3,398 persons
Number of syringes exchanged through the Harm Reduction Program	58,911 syringes	94,672 persons
Number of persons provided with naloxone kits at the Harm Reduction Clinic	419 persons	935 persons
Number of persons trained to administer naloxone	419 persons	935 persons

MHA – 1.2. OhioHealth O'Bleness Hospital patient referral to community behavioral health agencies — The OhioHealth O'Bleness Hospital Opioid Patient Navigator, Shari Blackwell, LPN, CDCA, has fostered community partnerships with significant number of mental and behavioral health agencies in southeast and central Ohio.

	Fiscal Year 2020	Fiscal Year 2021	
Total patients served	190 patients	206 patients	
Total patients referred	28 patients	No activities due to COVID-19 pandemic.	
Organizations where patients were referred	 Health Recovery Services – 224 Columbus Rd, Athens, Ohio 45701 Rural Women's Recovery Program/Health Recovery Services – 9908 Bassett Road, Athens, Ohio 45701 	 Health Recovery Services Rural Women's Recovery Program /Health Recovery Services Hopewell Health Centers, Inc. 	
	 Hopewell Health Centers, Inc. – 90 Hospital Drive, Athens, Ohio 45701 	 Perry Behavioral Health Services (Clearview) Salvation Army 	
	 Perry Behavioral Health Services (Clearview) – 221 N. Main Street, New Lexington, Ohio 43764-1264 	6. Athens County Job and Family Services (ACJFS)	
	 5. Salvation Army – 70 N. Plains Rd #122, The Plains, Ohio 45780 	 The Ohio State University Wexner Medical Center Talbot Hall Diley Ridge Medical Center 	
	6. Athens County Job and Family Services (ACJFS) – 13183 OH-13, Millfield, Ohio 45761	9. Integrated Services Behavioral Health	
	 Foundations Withdrawal Management – 4578 A Gallia Pike, Franklin Furnace, OH 45629 	 Cardinal Recovery – 105 Thompson Rd, Vinton, Ohio 45686 OVP Health Recovery Center – 335 Township Rd 1026, South Point, Ohio 45680 	
	 The Ohio State University Wexner Medical Center Talbot Hall – 1441 Phale D. Hale Dr., Columbus, OH 43203 	 Hope Valley Recovery – 2065 Stoneridge Drive, Circleville, Ohio 43113 	
	9. Diley Ridge Medical Center – 7911 Diley Road, Canal Winchester, Ohio 43110	 New Hope Creation – 800 North Main St, Malta, Ohio 43758 Ohio Addiction Recovery Center (OARC) 	
	 Integrated Services Behavioral Health – 5 Charles Place, Athens, Ohio 45701 	 – 3880 Jackpot Rd, Grove City, Ohio 43123 15. The Carlson Center – West Union St., Athens, Ohio 45701 	
	 OhioHealth Physician Group Primary Care and Geriatrics – 26 Hospital Drive, First Floor, Athens, 	 16. Southwestern Recovery – 70 N. Plains Rd, The Plains, Ohio 45780 	
	Ohio 45701 12. Salvation Army Athens – 900 E.	 Athens Treatment Services –8978 United Ln Suite 102, Athens, Ohio 45701 Warriers 4 Christ (W4C) – 84 E. Mound St 	
	State Street, Athens, Ohio 45701	 Warriors 4 Christ (W4C) – 84 E. Mound St, Jackson, Ohio 45640 	

	Fiscal Year 2020	Fiscal Year 2021
Reasons for referral	 Detoxification – Diley Ridge Medical Center Foundations Withdrawal Management Perry Behavioral Health Services (Clearview) The Ohio State University Talbot Hall 	 Detoxification – Diley Ridge Medical Center Foundations Withdrawal Management Perry Behavioral Health Services (Clearview) The Ohio State University Talbot Hall OVP Health Recovery Center Hope Valley Recovery The Carlson Center Cardinal Recovery
	 Residential services – RWRP/Health Recovery Services 	 2. Residential services – RWRP/Health Recovery Services Cardinal Recovery OVP Health Recovery Center Cardinal Recovery OVP Health Recovery Center Hope Valley Recovery New Hope Creation Ohio Addiction Recovery Center The Carlson Center Warriors for Christ (W4C)
	 Intensive-Outpatient Program – Health Recovery Services Integrated Services for Behavioral Health 	 Intensive-Outpatient Program – Health Recovery Services Integrated Services for Behavioral Health
	 4. Medication-Assisted Treatment – Health Recovery Services OhioHealth Heritage College Primary Care and Geriatrics 	 4. Medication-Assisted Treatment – Health Recovery Services Integrated Services for Behavioral Health Athens Treatment Services Southwestern Recovery OhioHealth Physician Group Primay Care and Geriatrics
	 5. Social determinants of health needs – Salvation Army Athens County Job & Family Services 	 5. Social determinants of health needs – Salvation Army Athens County Job & Family Services
	 6. Peer Support – Hopewell Health Centers, Inc. 	 6. Peer Support • Hopewell Health Centers, Inc.

Continuation of MHA–1.2 OhioHealth O'Bleness Hospital patient referral to community behavioral health agencies —

MHA – 1.3. OhioHealth O'Bleness Hospital collaboration with the Athens-Hocking-Vinton Drug Addiction and Mental Health Services Board (317 Board) — The 317 Board provides a Network of Care that provides mental health and addiction services to residents of Athens, Hocking and Vinton Counties (317 Board, n.d.). The 317 Board assesses needs, contracts with local service providers, and evaluates outcomes and performance of partner organizations. The 317 Board pays for services that are not reimbursable by Ohio Medicaid, health insurance or those without health insurance. The 317 Board's partners include (but not limited to): (a) Hopewell Health Centers, (b) Health Recovery Services, (c) My Sister's Place, (d) The Gathering Place, (e) Mike's Bridge House, (f) Vinton County Senior Citizens, (g) Athens Photographic Project, (h) The John W. Clem Recovery House and Briggs House, (i) Southeast Ohio Regional Jail, (j) National Alliance on Mental Illness Athens, (k) Scenic Hills Senior Center, (l) TASC of Southeast Ohio, (m) Serenity Grove, (n) Integrated Services for Behavioral Health (Home Away from Home, New Beginnings, Ground Works Recovery Residences, (o) Family and Children First Councils, (p) Metropolitan Housing Authorities, (q) Tomcat Bridgebuilders, (r) Rural Action, (s) Athens County Prosecutor's Vivitrol Program, (t) Hocking Municipal Court Drug Court Program, (u) Vinton County Drug Courts, (v) Health departments, (w) Sheriff office, (x) Appalachian Behavioral Healthcare, and (y) Sojourners Care Network.

The OhioHealth O'Bleness Hospital Opioid Patient Navigator, Shari Blackwell, LPN, CDCA, actively participates in the meetings of the 317 Board and Athens HOPE. Athens HOPE (<u>H</u>elping <u>O</u>vercome substance use disorder through <u>P</u>revention and <u>E</u>ducation), is a community-wide task force led by Ohio University College of Health Sciences and Professions, OhioHealth O'Bleness Hospital and the Athens City-County Health Department. Athens HOPE's mission is "supporting education and advocacy to prevent substance misuse, in response to community needs."

Meeting Details	Focus Areas of Meetings
Date – July 12, 2019 Host – Athens HOPE Meeting Type – In-Person	Planned a community event to foster support and advocacy.
Date – August 14, 2019 Host – Athens HOPE Meeting Type – In-Person	 Athens HOPE discussed the public meeting held at the Nelsonville Public Library where at least 70 persons attended. Athens HOPE discussed the forthcoming grant to support employment in Athens County due to high rates of opioid use.
Date – October 9, 2019 Host – Athens HOPE Meeting Type – In-Person	 Athens HOPE hosted the Ohio Citizen Advocates for Addiction Recovery who presented on the Recovery Bill of Rights. Athens HOPE members discussed on the importance of access to recovery and treatment services in Athens County.
Date – February 12, 2020 Host – Athens HOPE Meeting Type – In-Person	• The Athens City-County Health Department presented about the Harm Reduction Clinic outcomes. In 2019, there were 128 clinics held, 70,000 needle exchanges made, and 624 naloxone kits were distributed.
Date – March 17, 2021 Host – Athens HOPE Meeting Type – Online	 Discussed the availability of Deterra Disposal Bags at the Athens County Public Libraries Discussed the outcomes of the Athens HOPE fundraiser that focuses on providing hope, recovery and reducing stigma for people with substance use disorders Discussed that the Ohio Bureau of Worker's Compensation and the 317 Board are partnering on a program to support employers to address substance use recovery. Members of the Ohio START of Athens County presented on their program through Athens County Children Services. START stands for <u>S</u>obriety <u>T</u>reatment <u>And R</u>educing <u>T</u>rauma. START is an evidence-based model for child welfare services that uses a peer-led approach to service delivery, which is meant to improve outcomes for parents and children affected by child maltreatment and parental substance use disorders (Athens County Children Services, 2021)
Date – May 19, 2021 Host – Athens HOPE Meeting Type – Online	 Discussed the integration of the Athens Opiate Taskforce and Athens HOPE. Planned for Fiscal Year 2022 activities such as Community Day of HOPE, and Recovery 360 Conference.

As part of Athens HOPE, OhioHealth collaborates with the following: (a) Appalachian Center for Economic Networks, (b) Adult Parole Authority, (c) Alexander Local Schools, (d) Athens City-County Health Department, (e) Athens County Family and Children First Council, (f) Athens County Prosecutor's Office, (g) Athens County Public Libraries,

(h) Athens County Sheriff's Office, (i) Athens County Children Services, (j) Athens County Foundation, (k) Athens-Hocking-Vinton 317 Board, (l) City of Athens, (m) Appalachian Behavioral Healthcare, (n) Ohio University (College of health Sciences and Professions, Heritage College of Osteopathic Medicine, campus Involvement Center, Voinovich School of Leadership and Public Affairs, Southern Campus), (o) Federal Hocking Local Schools, (p) First Presbyterian Church-Nelsonville, (q) Health Recovery Services, (r) Integrated Services for Behavioral Health, (s) John Clem Recovery House, (t) Ohio House District 94, (u) Ohio Means Jobs, (v) Rural Action, and (w) Serenity Grove (Athens HOPE, 2021).

MHA – 1.4. OhioHealth O'Bleness Hospital's Alignment with the State Health Improvement Plan (SHIP) related to mental health and addiction (County Health Rankings, 2021) —

Measure	Description	Year	Athens County	Ohio
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted)	2018	21%	18%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted)	2018	4.8 days	4.1 days
Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted)	2018	5.2 days	4.8 days
Frequent physical distress	Percentage of adults reporting 14 or more days of poor physical health per month (age-adjusted)	2018	15%	12%
Frequent mental distress	Percentage of adults reporting 14 or more days of poor mental health per month (age-adjusted)	2018	18%	16%
Alcohol-impaired driving deaths	Percentage of driving deaths with alcohol involvement	2015-2019	19%	32%
Drug overdose deaths	Number of drug poisoning deaths per 100,000 population	2017-2019	14 deaths per 100,000	38 deaths per 100,000
Mental health providers	Ratio of population to mental health providers	2020	190:1	380:1
Violent crime	Number of reported violent crime offenses per 100,000 population	2014, 2016	112 per 100,000	293 per 100,000
Suicides	Number of deaths due to suicide per 100,000 population (age-adjusted)	2015-2019	14 per 100,000	15 per 100,000
Firearm fatalities	Number of deaths due to firearms per 100,000 population	2015-2019	9 per 100,000	13 per 100,000
Juvenile arrests	Rate of delinquency cases per 1,000 juveniles	2018	23 per 1,000	38 per 1,000

MHA – 2. Screening to identify Pain Management Clinic patients who are high risk for depression, anxiety or substance misuse and referral to Health Recovery Services counselors. The O'Bleness healthcare team will collaborate with Health Recovery Resources in preparing care plan for patients.

Impacts During Fiscal Year 2020 and 2021

During Fiscal Years 2020 and 2021, the healthcare providers from the Pain Management Clinic assessed that there was no need to refer its patients to Health Recovery Services. None of the patients with depression anxiety or substance use disorders reported suicidal ideation.

	Fiscal Year 2020	Fiscal Year 2021
Count of Patients Served	675 patients	1,090 patients
Diagnosed with Depression	84 patients	2 patients
Diagnosed with Anxiety	69 patients	11 patients
Diagnosed with Substance Use	4 patients	3 patients

MHA – 3. Collaborate with the Athens City-County Health Department and Hopewell Health Center in offering mental health consultations to pregnant women and caregivers with children ages 0–1 to promote (a) social and emotional development, (b) communication between parents and baby to help with brain development and (c) resilience among families. Refer patients to the Athens City-County Health Department's "Welcome Home Baby" program.

Impacts During Fiscal Year 2020 and 2021

The Hopewell Health Centers provide early childhood programs in Athens County such as (a) Help Me Grow, and (b) early childhood mental health consultation. Through the "Help Me Grow" program, children up to age 3 have access to a free developmental evaluation. Hopewell Health Centers provide free service coordination and support to parents and children.

The table below shows the summary of data on patients served by the OhioHealth Physician Group Obstetrics and Gynecology with depression, anxiety, bipolar disorder and substance use disorders. The number of persons referred to Hopewell Health Centers is also indicated. The clinic is located at 75 Hospital Drive, Suite 260, Athens, Ohio 45701.

Measures	Fiscal Year 2020	Fiscal Year 2021
Patients Served	4,218 patients	8,192 patients
Patients diagnosed with depression	225 patients	746 patients
Patients diagnosed with anxiety	182 patients	446 patients
Patients diagnosed with bipolar disorder	211 patients	458 patients
Patients diagnosed with substance use disorder	156 patients	241 patients
Number of patients referred to Hopewell Health Centers	Total of 150 patients during Fiscal Year 2020 and 2021 combined	Total of 150 patients during Fiscal Year 2020 and 2021 combined

MHA – 4. Offer chronic pain self-management to Athens County residents, a six-week program that serves patients and families suffering from chronic pain through stress reduction education, discussions with healthcare providers about pain and evidence-based exercises.

Impacts during Fiscal Year 2020 and 2021

MHA – 4.1. Chronic Pain Self-Management Program — OhioHealth O'Bleness Hospital teaches the six weeks, evidence-based Chronic Pain Self-Management Program developed by the Self-Management Resource Center (Self-Management Resource Center, 2021). Participants create action plans every week, share experiences, and help each other with problem solving. The subjects taught include:

- (a) Development of skills to deal with frustration, fatigue, isolation, and poor sleep
- (b) Exercise to maintain and improve strength, endurance, and flexibility
- (c) Medication use
- (d) Effective communication with family, friends and health care providers
- (e) Healthy eating
- (f) Scheduling activity and rest
- (g) Learning about new treatments about chronic pain

MHA – 4.2. OhioHealth Delay the Disease[™] — an evidenced-based fitness program designed to optimize physical function and help delay the progression of symptoms associated with Parkinson's disease. This wellness program is an important part of OhioHealth's care continuum of neurologists and expert therapists working together to address the impairments associated with Parkinson's disease (OhioHealth 2015-2021). The table below summarizes the Chronic Pain Self-Management and OhioHealth Delay the Disease[™] and persons served during Fiscal Years 2020 and 2021.

Program on Pain Management	Fiscal Year 2020	Fiscal Year 2021
Chronic Pain Self-Management Program	(a) September to October 2019 — cancelled due to low registration	(a) July to August 2020 — served 6 persons
	(b) March to June 2020 — cancelled due to the COVID-19 pandemic	(b) September to November 2020 — served 4 persons
		(c) June to July 2021 — cancelled due to low registration
OhioHealth Delay the Disease™	(a) October 2019 to March 2020 — 23 persons attended 15 classes	(a) July 2020 to October 2020 — cancelled due to the COVID-19 pandemic
	(b) March 2020 to June 2020 — cancelled due to the COVID-19 pandemic.	(b) November 2020 to June 2021 — 26 persons attended 26 classes

MHA –5. Continue to partner with the Athens City-County Health Department on harm reduction initiatives, including but not limited to naloxone (Narcan®) distribution and clean needle exchanges.

Impacts During FY 2020 and 2021

The OhioHealth O'Bleness Hospital has partnered with the Athens City County Health Department in its Harm Reduction initiatives. The Athens City-County Health Department's Public Health Nursing Services implements a Harm Reduction Program, which is held every Wednesday from 12:30 PM to 3:00 PM at 278 W. Union St., Athens, Ohio 45701. The Health Department offers the following free services: (a) a one-for-one syringe exchange for up to 30 syringes, (b) naloxone distribution and training, (c) Hepatitis A and B immunizations, (d) access to the opioid navigator, and (e) peer counseling services (Athens City-County Health Department, 2019).

Through a grant from the Athens Foundation and Sisters Foundation, O'Bleness Hospital has a full-time opioid patient navigator, Shari Blackwell, LPN, CDCA, who meets with patients with substance use disorders and provide them with treatment resources in the community, education on addiction, stigma, and methods of pain management. The OhioHealth O'Bleness Hospital opioid navigator, Shari Blackwell, LPN, CDCA, participated in the Health Department's harm reduction initiatives during Fiscal Year 2020. The opioid navigator did not participate in Fiscal Year 2021 due to the COVID-19 pandemic.

The table below summarizes the number of persons served through the Needle Exchange Program of the Athens City County Health Department and the number of persons served by the OhioHealth O'Bleness Hospital's Opioid Patient Navigator as part of the onsite Needle Exchange Program.

	Fiscal Year 2020	Fiscal Year 2021
Number of persons served by the Athens City-County Health Department's Needle Exchange Program	1,820 persons for needle exchanges and substance abuse education	Sydney, please find out from the health department
Number of persons served by the OhioHealth O'Bleness Hospital's Opioid Patient Navigator by providing support, education, and community resources	38 persons	0 (due to the COVID-19 pandemic

The table below summarizes the assessments, interventions and referrals for OhioHealth patients that were made by the OhioHealth O'Bleness Hospital's Opioid Patient Navigator, Shari Blackwell, LPN, CDCA.

Outcome	Fiscal Year 2020	Fiscal Year 2021	
Patients with substance use disorders who were referred to the Opioid Patient Navigator/Licensed Professional Nurse	191 patients	206 patients	
Patients who were served by the Opioid Patient Navigator/Licensed Professional Nurse	93 patients	88 patients	
Patients who were counseled by the Opioid Patient Navigator/Licensed Professional Nurse. Counseling followed the program protocol	45 patients	15 patients	
Patients who received appropriate treatment for pain management or Medication-Assisted Treatment (MAT)	53 patients	49 patients	
Patients who received Medication- Assisted Treatment (MAT)	38 patients	37 patients	
Patients who were referred to drug rehabilitation programs	93 patients	68 patients	
Patients who followed through with referrals	53 patients	49 patients	
Top three referrals made	 Hopewell Health Centers Integrated Services for Behavioral Health Health Recovery Services 	 Ohio Health Physician Group Addiction Medicine Physician, Christopher T. Meyer, DO Health Recovery Services Southwestern Recovery 	

Need #2: Poverty (P)

P -1. Offer medical student clinical rotations in O'Bleness inpatient and outpatient facilities

Impacts During Fiscal Year 2020 and 2021

OhioHealth O'Bleness Hospital hosted medical student rotations from the Ohio University Heritage College of Osteopathic Medicine (OUHCOM). OUHCOM focuses on osteopathic medicine, trains future primary care physicians and specialists who will treat the whole patient, emphasizes physician-patient relationships, prevention and wellness. OUHCOM regards the environment of the patient, their beliefs and values when diagnosing, treating, and providing care to patients (Ohio University, 2021).

OhioHealth Department	Fiscal Year 2020	Fiscal Year 2021
Obstetrics and Gynecology	10 medical students trained	19 medical students trained
Pediatrics	9 medical students trained	17 medical students trained
Hospitalist	2 medical students trained	9 medical students trained
Emergency Medicine	0 medical students trained	11 medical students trained
General Surgery	1 medical student trained	11 medical students trained
Family Medicine	2 medical students trained	17 medical students trained
Internal Medicine	2 medical students trained	6 medical students trained
Cardiology	1 medical students trained	11 medical students trained
Anesthesiology	0 medical students trained	11 medical students trained
Endocrinology	0 medical students trained	5 medical students trained
Neurology	3 medical students trained	9 medical students trained
Osteopathic Manipulation Medicine	1 medical student trained	1 medical student trained
Wound Care	0 medical students trained	9 medical students trained
Palliative Care	12 medical students trained	10 medical students trained
Pathology	2 medical students trained	5 medical students trained
Orthopedic Surgery	0 medical students trained	2 medical students trained
Urology	0 medical students trained	2 medical students trained
Podiatry	0 medical students trained	3 medical students trained
Pain Management	0 medical students trained	5 medical students trained
Addiction Medicine	0 medical students trained	1 medical student trained
Sports Medicine	0 medical students trained	1 medical students trained
Ears, Nose, and Throat (ENT)	0 medical students trained	7 medical students trained
Total medical students served	45 medical students trained	172 medical students trained

P-2. Offer nursing student clinical rotations in O'Bleness inpatient and outpatient facilities

Impacts During Fiscal Year 2020 and FY 2021

OhioHealth O'Bleness Hospital hosted nursing student rotations from Hocking College and Ohio University. Hocking College offers an associate degree program that is comprised of five semester programs, which consists of one preclinical semester and four combined theory and clinical semesters (Hocking College, 2021). The Ohio University School of Nursing offers online RN to BSN (Registered Nursing to Bachelor of Science in Nursing), online MSN (Master of Science in Nursing, online Doctoral of Nursing Program (DNP) program, and traditional Bachelor of Science in Nursing (BSN). Nursing programs are available at the Athens, Chillicothe, Eastern, Southern and Zanesville campuses of Ohio University.

OhioHealth Department	Nursing School	Fiscal Year 2020	Fiscal Year 2021
Medical/Surgical Department	Hocking College	23 nursing students	40 nursing students
Medical/Surgical Department	Ohio University	34 nursing students	104 nursing students
Obstetrics	Hocking College	8 nursing students	8 nursing students
Obstetrics	Ohio University	8 nursing students	48 nursing students
Total number of nursing students served		73 nursing students	200 nursing students

P-3. Offer physical therapy student clinical rotations in O'Bleness inpatient and outpatient facilities

The Ohio University physical therapy program is ranked in the top 25% of physical therapy programs in the United States. The Ohio University physical therapy students score higher than national students in cardiopulmonary, integumentary, musculoskeletal, and neuromuscular systems and evaluation, diagnosis and prognosis, interventions and content. The Doctor of Physical Therapy program include the following offerings: (a) didactic and laboratory education, (b) clinical education, (c) part-time and full-time clinical experience, and (d) full-time practicum (Ohio University, 2021).

Impacts During Fiscal Year 2020 and 2021

OhioHealth Department	Physical Therapy School	Fiscal Year 2020	Fiscal Year 2021
O'Bleness Hospital and OhioHealth Rehabilitation Services Athens (Castrop Health Center)	Ohio University	26 physical therapy students	32 physical therapy students

P – 4. Offer business, accounting, and health administration internships at O'Bleness Hospital.

Impacts During Fiscal Year 2020 and 2021

Ohio University College of Business has Centers of Excellence programs: (a) The AECOM Center for Sports Administration, (b) the Ralph and Luci Schey Sales Centre, (c) The Robert D. Walter Center for Strategic Leadership, (d) Center for Consumer Research and Analytics, (e) Center for Entrepreneurship, and (f) Center for International Business. Ohio University's College of business is accredited by the Association to Advance Collegiate Schools of Business (Ohio University, 2020).

OhioHealth Department	Physical Therapy School	Fiscal Year 2020	Fiscal Year 2021
O'Bleness Hospital Marketing Department	Ohio University	2 students	Did not host students due to the COVID-19 pandemic.
O'Bleness Hospital Finance Department	Ohio University	1 student	Did not host students due to the COVID-19 pandemic.

P – 5. Offer Project SEARCH program to provide on-the-job training to individuals with disabilities.

Impacts During Fiscal Year 2020 and FY 2021

Project SEARCH was developed at the Cincinnati Children's Hospital Medical Center in 1996 with the intention of providing training to youth with developmental and intellectual disabilities so they would be eligible for competitive employment (Project SEARCH, 2018). Project SEARCH's core model fidelity includes the following:

(a) The program leads to competitive, integrated employment.

(b) The program serves young adults with developmental and intellectual disabilities who can benefit from personalized support during the one-year internship experience

(c) Multi-sectoral partnerships include (i) education, (ii) vocational rehabilitation, (iii) community rehabilitation, (iv) agency that provides services for persons with developmental and intellectual disabilities, (v) advisor for family engagement, (vi) workforce development.

(d) The program focuses on business aspects such as (but not limited to): (i) selection, (ii) training, (iii) mentorship, (iv) marketing of program, and (v) hiring of qualified candidates.

- (e) Project SEARCH participants acquire skills that are competitive.
- (f) The program has a strategic plan and commits to continuous improvement.

OhioHealth Department	Name of School	Fiscal Year 2020	Fiscal Year 2021
Environmental Services, Nutrition Services, Supply Chain, Facilities and Engineering, Physical Therapy	Tri-County Career Center	5 students	7 students

P – 6. Provide sponsorship to the Athens Area Chamber of Commerce or Nelsonville Area Chamber of Commerce.

Impacts During Fiscal Year 2020 and FY 2021

	Fiscal Year 2020 Membership/Sponsorship	Fiscal Year 2021 Membership/Sponsorship
Membership dues and sponsorship of the Athens Area Chamber of Commerce	 OhioHealth O'Bleness Hospital paid membership dues of \$300 to the Athens Area Chamber of Commerce 	 OhioHealth O'Bleness Hospital paid membership dues of \$2,575 to the Athens Area Chamber of Commerce.
	 OhioHealth O'Bleness Hospital sponsored the Athens Area Chamber of Commerce for \$5,000 towards the 3rd Annual Athens Area Women's Summit held on October 25, 2019 	 OhioHealth O'Bleness Hospital sponsored the Athens Area Chamber of Commerce for \$4,200. The events sponsored include: (a) Back in the Saddle Golf Benefit (August 26, 2020), (b) 4th Annual Athens Area Women's Summit (October 23, 2020), and (c) 27th Annual Golf Benefit (May 21, 2021).
Membership dues to the Nelsonville Chamber of Commerce	OhioHealth O'Bleness Hospital paid membership dues to the Nelsonville Chamber of Commerce	OhioHealth O'Bleness Hospital paid membership dues to the Nelsonville Chamber of Commerce

P - 7. Serve as a board member for the Athens Area Chamber of Commerce.

Impacts During Fiscal Year 2020 and FY 2021

The mission of the Athens Area Chamber of Commerce is "to strengthen our business community through collaboration, engagement, and strategic partnerships." The Chamber helps grow industries and creates job opportunities in Athens County, which help combat poverty. The Athens Area Chamber of Commerce has supported a vibrant and growing business community that can support community members who are facing poverty or hardships (Athens Area Chamber of Commerce, 2021). OhioHealth O'Bleness Hospital's representative to the Athens Area Chamber of Commerce Board, Tara Gilts, MPA, was significantly involved in strategic planning, Women's Summit planning, and interviewing and hiring of the president. The Board also developed the strategic plan for the Chamber, with a focus for 2022-2024 on business impact, diversity & inclusion, and advocacy.

	Fiscal Year 2020	Fiscal Year 2021
Board membership	Tara Gilts, MPA (Advisor of Philanthropy, OhioHealth Foundation)	Tara Gilts, MPA (Advisor of Philanthropy, OhioHealth Foundation)
Active participation in board meetings	 Tara Gilts attended the board meetings on July 19, 2019; August 9, 2019; October 18, 2019; November 15, 2019; December 20, 2019; January 17, 2020; and May 15, 2020 	 Tara Gilts actively participated in the Chamber's activity on January 25, 2021, which filmed the video awarding Jackie O's with the Holzaepfel Economic Impact Award. This recognizes a business for exceptional economic impact on the Athens community. Tara Gilts attended the annual meeting on January 28, 2021 and Board meetings on March 19, 2021, April 16, 2021, May 13, 2021, and June 18, 2021. On May 13, 2021, Tara Gilts participated in a Strategic Plan Retreat that involved board members and other community stakeholders.
Representation in Women's Summit Planning Committee	 The Women's Summit raises funds for the Chamber and supports women in the community. Tara Gilts attended five Women's Summit Planning Committee meetings during Fiscal Year 2020. The meetings were held on July 30, 2019, September 24, 2019, October 22, 2019, December 10, 2019, and June 30, 2020. Tara Gilts attended the Women's Summit on October 25, 2019 and introduced the keynote speaker. 	 The Women's Summit raises funds for the Chamber and supports women in the community. Tara Gilts attended six Women's Summit Planning Committee meetings during Fiscal Year 2021. The meetings were held on August 25, 2020, September 29, 2020, November 24, 2020, February 23, 2021, March 30, 2021, and April 28, 2021. Tara Gilts attended the virtual Women's Summit on October 23, 2020
Representation in the Chamber President Hiring Committee	 November 19, 2019 – participated in the Hiring Committee initial meeting to review candidates and draft interview questions. Tara Gilts did a thorough review of candidates and submitted interview questions by email. November 26, 2019 – participated in interviewing candidates (Round 1) December 9, 2019 – participated in interviewing two final candidates (Round 2), identified the person to hire, and made decision on the offer. 	Not applicable

P – 8. Serve as a board member of the Athens County Economic Development Council.

Impacts During Fiscal Year 2020 and 2021

	Fiscal Year 2020	Fiscal Year 2021
Hospital representation	 Mark Seckinger (President of OhioHealth O'Bleness Hospital, retired) 	 Mark Seckinger (President of OhioHealth O'Bleness Hospital, retired)
Active participation in meetings	• Mark Seckinger attended the Athens County Economic Development Council meetings on July 10, 2019, August 13, 2019, October 17, 2019, December 11, 2019, February 12, 2020, April 8, 2020, May 13, 2020, and June 10, 2020	 Mark Seckinger attended the Athens County Economic Development Council meetings on July 8, 2020, August 12, 2020, September 9, 2020, October 14, 2020, November 11, 2020, December 9, 2020, January 13, 2021, March 10, 2021, April 14, 2021, May 12, 2021
Focus areas of meetings	 + Create economic opportunities for residents of Athens County. Specific focus areas include: + Attracting investment in low-income areas + Creating living-wage jobs + Expanding tax base + Incentivizing business development through tax programs + Supporting affordable housing projects + Connecting business owners and entrepreneurs with grants and low-cost financing 	 + Create economic opportunities for residents of Athens County. Specific focus areas include: + Attracting investment in low-income areas + Creating living-wage jobs + Expanding tax base + Incentivizing business development through tax programs + Supporting affordable housing projects + Connecting business owners and entrepreneurs with grants and low-cost financing

P – 9. Provide sponsorships to nonprofit organizations in Athens County that serve the poor.

Impacts During Fiscal Year 2020 and 2021

Organization Sponsored and Amount Donated	Event or Program	Objective of Event	Fiscal Year 2020 Event Date and Persons Served	Fiscal Year 2021 Event Date and Persons Served
Alzheimer's Association Greater Cincinnati (\$1,000)	Southeastern Ohio Walk to End Alzheimer's	To raise funds to serve people with Alzheimer's Disease	Date – October 17, 2019 Persons served –	Date – September 26, 2020 Persons served –
Adyn's Dream (\$1,000)	American(a) Woman	To raise funds for Adyn's Dream	At least 100 persons Cancelled due to COVID-19 pandemic) Persons served –	at least 100 persons Not applicable
Amyotrophic Lateral Sclerosis (ALS) Central and Southern Ohio Chapters (\$500)	Southeastern Ohio Walk for Amyotrophic Lateral Sclerosis (ALS)	To raise funds to serve people with Amyotrophic Lateral Sclerosis (ALS)	Not applicable Date – April 4, 2020 Persons served – At least 100 persons	Not applicable
American Red Cross- Southeast Ohio Chapter (\$5,000)	Athens Hometown Heroes	To raise funds for American Red Cross services	Date – October 3, 2019 Persons served – At least 100 persons	Not applicable
Annual Festival (\$250)	Appalachian "Color in the Hills"	To promote community engagement and recreational activities in Athens County, Ohio	Date – Cancelled due to COVID-19 pandemic Persons served – Not applicable	Not applicable
Athens Area Chamber of Commerce (\$5,000)	3 rd Annual Athens Area Women's Summit	To raise awareness about women's role in business and community leadership	Not applicable	Date – October 23, 2020 Persons served – 120 persons
Athens Area Chamber of Commerce (\$600)	Back in the Saddle Golf Benefit	To raise funds for the Athens Area Chamber of Commerce	Not applicable	Date – September 4, 2020 Persons served – At least 50 persons served
Athens Area Chamber of Commerce (\$600)	27 th Annual Golf Benefit	To raise funds for the Athens Area Chamber of Commerce	Not applicable	Date – May 21, 2021 Persons served – At least 50 persons served
COMCorps and Athens Community Center (\$1,000)	Movie by Moonlight	To provide leisure opportunities for families	Not applicable	Date – September 14, 2020 Persons served – At least 100 persons

Continuation of P-9. Provide sponsorships to nonprofit organizations in Athens County that serve the poor.

Organization Sponsored and Amount Donated	Event or Program	Objective of Event	Fiscal Year 2020 Event Date and Persons Served	Fiscal Year 2021 Event Date and Persons Served
Community Food Initiatives (\$2,000)	Sponsor a Food Pantry 2021	To address food insecurity	Date –Multiple dates Persons served –At least 100 persons	Date –Multiple dates Persons served –At least 100 persons
Athens County Child Advocacy Center, Inc. (\$500)	Harvest Hoedown	To raise funds for the Athens County Child Advocacy Center, Inc.	Not applicable	Date – November 7, 2020 Persons served – At least 100 persons
Athens County Foundation (\$4,500)	Racial equity trainings	To promote awareness on the importance of institutional and structural racism	Date – March 19, 2020 Persons served – At least 100 persons	Not applicable
Athens County Foundation (\$2,500)	Starlight Ball	To raise funds for Athens County Foundation	Not applicable	Date – December 5, 2020 Persons served – At least 100 persons
Athens County Foundation (\$2,499)	Baileys Trail System promotional jersey	To promote awareness of the Baileys Trail System and promote tourism	Date – Fiscal Year 2020 Persons served – Not applicable	Not applicable
Athens County Foundation (\$2,500)	Imagination Library	To provide books to children in underserved in southeast Ohio	Not applicable	Date: March 16, 2021 Persons served – At least 1,000 persons
Athens County Job and Family Services (\$1,000)	Back to School Bash	To promote awareness of the Back-to-School Bash, a project that provides school supplies to students.	Not applicable	Date – July 23, 2020 to August 10, 2020 Persons served – At least 100 persons
Athens County Job and Family Services (In-Kind Donation)	Athens Area Stand Down	To help combat homelessness in Athens County	Not applicable	Date – October 2, 2020 Persons served – At least 100 persons
Friends of Athens CASA (Athens County Court Appointed Special Advocates) Guardians, Ad Litem Program (\$5,000)	Seventh Annual Superhero 5K	To train more CASA volunteers to represent children in the court system who have been abused or neglected	Not applicable	Date – September 4-6, 2020 Persons served – At least 100 persons

Continuation of P–9. Provide sponsorships to nonprofit organizations in Athens County that serve the poor.

Organization Sponsored and Amount Donated	Event or Program	Objective of Event	Fiscal Year 2020 Event Date and Persons Served	Fiscal Year 2021 Event Date and Persons Served
Good Works (In- Kind Donation)	Food for Lunch Program	Donated whole foods for distribution to economically disadvantaged and homeless individuals	Not applicable	Date – July 2019 Persons served – At least 100 persons
The Birth Circle (\$500)	Jive! The Birth Circle New Year's Eve Party	To raise funds for free programs for women and families	Not applicable	Date – December 31, 2020 Persons served – At least 100 persons
The Birth Circle (\$500)	12 [⊪] Annual Pregnancy and Baby Fair	To empower women and families during pregnancy, childbirth, postpartum and early childhood.	Not applicable	Cancelled due to the COVID-19 pandemic
John W. Clem Recovery House (\$5,000)	Wake Up for Recovery	To raise funds for John W. Clem Recovery House	Not applicable	Date – October 3, 2020 (virtual) Persons served – At least 100 persons
John W. Clem Recovery House (\$1,200)	Start your Day, Start your Life: Clem House Recovery Breakfast	To raise funds for the John W. Clem Recovery House	Not applicable	Date – October 3, 2020 (virtual) Persons served – At least 100 persons
Ohio University LGBT Center (\$500)	Bias and Equity Workshop	To educate community on issues related to LGBTQ community	Date – Various dates Persons served – At least 100 persons	Not applicable
Equitas Health and Ohio University (\$750)	Rural Voices Conference	To educate clinicians on issues related to transgender healthcare	Not applicable	Date – February 26, 2021 Persons served – At least 100 persons
Rural Action, Inc. (\$10,000)	Growing Rural Action's Environmental Education	To promote environmental education for youth in southeast Ohio	Date – Various dates Persons served – At least 100 persons	Not applicable

Continuation of P–9. Provide sponsorships to nonprofit organizations in Athens County that serve the poor.

Organization Sponsored and Amount Donated	Event or Program	Objective of Event	Fiscal Year 2020 Event Date and Persons Served	Fiscal Year 2021 Event Date and Persons Served
Susan G. Komen (\$5,000)	More than Pink Southeast Ohio Walk (Virtual)	To raise funds for local Susan G. Komen cancer projects	Not applicable	Date – September 19, 2020
				Persons served – At least 100 persons
Women for Recovery (\$1,000)	Voices from the Venue	To raise funds for women's inpatient addiction recovery	Date – September 28, 2019	Not applicable
		house	Persons served – At least 50 persons	
Athens County Historical Society and Museum, DBA	Community Remembrance Quilt Project	To promote community-based art therapy	Not applicable	Date – Various dates
Southeast Ohio History Center (\$6,500)				Persons served – At least 100 persons
Athens Rotary Foundation (\$500)	Golf Tournament	To raise funds for the Athens Rotary Foundation	Not applicable	Date – September 14, 2020
				Persons served – At least 50 persons
Federal-Hocking Athletic Boosters (\$500)	First Annual TAM 5K Run & Walk	To raise funds for the Federal Hocking High School Athletic	Not applicable	Date – September 26, 2020
		Program		Persons served – At least 100 persons
Habitat for Humanity of Southeast Ohio (\$10,000)	Capital Campaign Pledge	To raise funds for habitat for Humanity	Not applicable	Date – Various dates
				Persons served – Not applicable
Live Healthy Appalachia (\$2,499)	Live Healthy Kids – Federal Hocking Local Schools	Educate children in healthy food and nutrition in low-	Not applicable	Date – September 7, 2020
		income school district		Persons served – At least 100 persons
Racial Equity Coalition of Athens	Dr. Harold Thompson Racial	To support for research fellowship	Not applicable	Date – June 1, 2021
County (RECAC) (\$3,000)	Health Equity Research Fellowship Program	focused on racial health equity		Person served – 1 fellow

Continuation of P–9. Provide sponsorships to nonprofit organizations in Athens County that serve the poor.

Organization Sponsored and Amount Donated	Event or Program	Objective of Event	Fiscal Year 2020 Event Date and Persons Served	Fiscal Year 2021 Event Date and Persons Served
Rising Appalachia (\$2,499)	Women of RAW (Rising Appalachian Warriors)	To provide scholarships for underserved young women to attend summer camp	Not applicable	Date – August 3, 2020 Persons served – 14 persons
Team Athens Cycle, Inc. (\$1,000)	Sponsorship for local cycling club	To raise funds for local cycling club	Not applicable	Date – Fiscal Year 2021 Persons served – At least 50 persons
HAPCAP (Hocking- Athens-Perry Community Action) and Southeast Ohio Foodbank (\$8,250)	Doctor's Day Donation	To raise funds and address food access for underserved communities	Not applicable	Date – Fiscal Year 2021 Persons served – At least 1,000 persons

Need 3: Chronic Disease (CD)

CD – 1. Provide access to breast mammogram services through the OhioHealth O'Bleness Hospital Mobile Mammography program that serves Athens County, Ohio and Appalachian Ohio region (OhioHealth, 2015–2018a).

Impacts During Fiscal Year 2020 and FY 2021

CD – **1.1. Outcomes of O'Bleness Hospital's Mobile and Hospital-Based Mammography Clinics** — The O'Bleness Hospital Mobile Mammography improves access to advanced mobile mammography services for women in Athens County and other southeast Ohio regions such as Monroe, Noble, Morgan, Perry, Hocking, Vinton, Washington, and Meigs Counties.

Mammograms can reveal nearly 90 percent of breast cancers as early as two years before a lump can be felt, giving you the best chance for successful treatment. Beginning at age 40, all women with average risk should have an annual mammogram. It generally takes 30 minutes or less. No prescription is needed for a screening mammography for women 40 and older.

	Fiscal Year 2020 Persons Screened	Fiscal Year 2020 Persons Needing Diagnostic Screening	Fiscal Year 2021 Persons Screened	Fiscal Year 2021 Persons Needing Diagnostic Screening
Mobile Mammography	716 persons	0	1,319 persons	340 persons
Hospital-Based Mammography	2,377 persons	484 persons	2,353 persons	161 persons
Total	3,093 persons	484 persons	3,672 persons	501 persons

CD – **1.2.** Summary of services of the OhioHealth O'Bleness Hospital Mobile Mammography Clinics — The OhioHealth O'Bleness Hospital Mobile Mammography Unit has partnered with Ohio University and various community organizations to provide mammography services in southeast Ohio. The table below summarizes the dates, locations of services, and number of women served.

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Ohio University Parks Hall Address – 105 W Green Drive Athens, Ohio 45701	Athens County	 Ohio University Heritage College of Osteopathic Medicine Ohio University 	 Clinic dates – + August 7, 2019 + October 16, 2019 + October 30, 2019 + December 17, 2019 + January 21, 2020 + February 25, 2020 	 Clinic dates – September 9, 2020 September 15, 2020 September 22, 2020 September 22, 2020 September 30, 2020 September 30, 2020 January 27, 2021 February 3, 2021 March 11, 2021 March 18, 2021 March 18, 2021 March 25, 2021 April 1, 2021 April 15, 2021 April 29, 2021 May 6, 2021 May 20, 2021 May 27, 2021 June 3, 2021 June 10, 2021 June 17, 2021 June 24, 2021
			• Number of clinics – 6	• Number of clinics – 22
			• Persons served – 62	• Persons served – 198
Location – The Market on State Address – 1002 East State Street Athens, Ohio 45701	Athens County	 The Market on State Other community organizations 	 Clinic dates – + October 2, 2019 Number of clinics – 1 	 Clinic dates – September 23, 2020 November 11, 2020 Number of clinics – 2
			• Persons served – 0	• Persons served – 11

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Walmart Address – 12910 SR 664, Logan, Ohio 43138	Hocking County	• Walmart	Not applicable	 Clinic dates – + October 6, 2020 Number of clinics – 1 Persons served – 1
Location – Superior Med Family Practice Caldwell Address – 18125 Woodsfield Rd, Caldwell, Ohio 43724	Noble County	 Becky Hall, NP Superior Med Family Practice Caldwell Other community organizations 	Not applicable	 Clinic dates – + June 15, 2021 Number of clinics – 1 Persons served – 12
Location – Scenic Hills Senior Center Address – 187 S. Spring St. Logan, Ohio 43138	Hocking County	 Scenic Hills Senior Center Other community organizations 	Not applicable	 Clinic dates – + October 19, 2020 Number of clinics – 1 Persons served – 5
Location – Advanced America Gallipolis Address – 19 River St Gallipolis, Ohio 45631	Gallia County	 Advanced America Gallipolis Other community organizations 	Not applicable	 Clinic dates – + October 5, 2020 Number of clinics – 1 Persons served – 1
Location – Quidel Corporation Address – 2005 East State Street, Athens, Ohio 45701	Athens County	 Quidel Corporation Other community organizations 	Not applicable	 Clinic dates – + November 6, 2020 Number of clinics – 1 Persons served – 4

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – People's Bank Address – 801 East State Street Athens, Ohio 45701	Athens County	 People's Bank Other community organizations 	 Clinic dates- + July 9, 2019 + December 6, 2019 + February 26, 2019 	 Clinic dates – + September 8, 2020 + October 30, 2020 + November 17, 2020 + December 22, 2020 + January 5, 2021 + February 23, 2021 + April 13, 20221
			• Number of clinics – 3	• Number of clinics – 7
			• Persons served – 9	• Persons served – 41
Location – Hunter Family Practice Address – 207 5 th Street, Racine, Ohio 45771	Meigs County	 Hunter Family Practice Other community organizations 	 Clinic dates – + September 20, 2019 + October 1, 2019 + October 24, 2019 + November 13, 2019 + December 12, 2019 + January 30, 2020 + February 14, 2020 	 Clinic dates - August 14, 2020 August 20, 2020 September 29, 2020 October 27, 2020 November 20, 2020 December 15, 2020 December 15, 2020 January 19, 2021 February 16, 2021 March 9, 2021 March 20, 2021 April 6, 2021 April 20, 2021 May 4, 2021
			• Number of clinics – 7	Number of clinics – 13
			• Persons served – 79	• Persons served – 90

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Genesis Address – 301 Dr. Mike Clouse Drive Somerset, Ohio 43783	Perry County	Genesis (business) and other community organizations	 Clinic dates – + September 18, 2019 + October 15, 2019 + November 22, 2019 + December 18, 2019 + February 9, 2020 	 Clinic dates – August 4, 2020 August 18, 2020 September 28, 2020 October 13, 2020 Number of
			 Number of clinics – 5 	clinics – 4
			 Persons served – 34 	 Persons served – 7
Location – Rocky Brands	Hocking County	 Rocky Brands Other community organizations 	Not applicable	Clinic dates – + November 5, 2020
Address – 37601 Rocky Boots Way Logan, Ohio 43138				• Number of clinics – 1
				• Persons served – 9
Location – Rocky Brands	Athens County	Rocky BrandsOther community organizations	Clinic dates – + October 29, 2019	+ Clinic dates – + November 3, 2020
Address – 39 E Canal Street Nelvonville, Ohio 45764			• Number of clinics – 1	+ Number of clinics – 1
			 Persons served – 4 	+ Persons served – 6

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Genesis Family Practice Address – 401 Lincoln Park Drive New Lexington, Ohio 43764	Perry County	 Genesis Family Practice Other community organizations 	 Clinic dates – + August 20, 2019 + September 25, 2019 + November 26, 2019 + January 17, 2020 	 Clinic dates – + August 6, 2020 + September 16, 2020 + October 23, 2020 + December 1, 2020 + February 2, 2021 + March 16, 2021
			Number of clinics – 4	• Number of clinics – 6
			 Persons served – 21 	 Persons served – 27
Location – OhioHealth Physician Group Glouster Address –5 Cardaras Drive Glouster, Ohio 45732	Athens County	 OhioHealth Physician Group Glouster Other community organizations 	 Clinic dates – + August 8, 2019 + February 6, 2020 	 Clinic dates – + August 19, 2020 + September 24, 2020 + December 8, 2020 + March 2, 2021 + June 29, 2021
			• Number of clinics – 2	Number of clinics – 4
			• Persons served – 9	Persons served – 6

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Albany Public Library Address – 5200 Washington Rd Albany, Ohio 45710	Athens County	 Albany Public Library Other community organizations 	 Clinic dates – + September 11, 2019 + January 28, 2020 Number of clinics – 2 Persons served – 0 	 Clinic dates – + February 9, 2021 April 27, 2021 Number of clinics – 2 Persons served – 3
Location – OhioHealth Physician Group Residency Clinic Address – 86 Columbus Circle Athens, Ohio 45701	Athens County	 OhioHealth Physician Group Residency Clinic Other community organizations 	Not applicable	 Clinic dates - + August 12, 2020 August 31, 2020 September 17, 2020 Number of clinics - 3 Persons served - 9
Location – Advance America Athens Address – 971 E State Street Athens, Ohio 45701	Athens County	 Advance America Athens Other community organizations 	 Clinic dates – + October 31, 2019 Number of clinics – 1 Persons served – 1 	 Clinic dates – + November 24, 2020 Number of clinics – 1 Persons served – 9

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location/Address – N Court Street Athens, Ohio 45701	Athens County	 City of Athens Other community organizations 	Not applicable	 Clinic dates – + December 18, 2020 + January 6, 2021 + June 8, 2021 Number of clinics – 3 Persons served – 29
Location – TS Tech Screening Address – 10 Kenny Drive, Athens, Ohio 45701	Athens County	 TS Tech Screening Other community organizations 	 Clinic dates – + November 12, 2019 Number of clinics – 1 Persons served – 4 	Not applicable
Location – Bellisio Foods Address – 100 E Broadway St Jackson, Ohio 45640	Jackson County	 Ohio University College of Osteopathic Medicine Bellisio Foods 	 Clinic dates – + November 19, 2019 Number of clinics – 1 Persons served – 9 	Not applicable
Location – Southeast Ohio Food Bank Address – 1005 CIC Drive Logan, Ohio 43138	Hocking County	 Southeast Ohio Food Bank Other community organizations 	 Clinic dates – + July 19, 2019 December 11, 2019 Number of clinics – 2 Persons served – 1 	Not applicable

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Advance America Address – 1006 Washington Blvd Belpre, Ohio 45714	Washington County	 Advance America Other community organizations 	 Clinic dates – + November 7, 2019 Number of clinics – 1 Persons served – 0 	Not applicable
Location – Settlers Bank Address – 115 3 rd Street, Marietta, Ohio 45750	Washington County	 Settlers Bank Other community organizations 	 Clinic dates – + October 4, 2019 Number of clinics – 1 Persons served – 5 	Not applicable
Location – Tecumseh Theater Address – 116 W Main Street Shawnee Chillicothe, Ohio 45601	Ross County	 Ohio University College of Osteopathic Medicine Tecumseh Theater Other community organizations 	 Clinic dates – + September 4, 2019 February 18, 2020 Number of clinics –2 Persons served – 8 	Not applicable
Location – Otsego Muskingum Address – 11705 Plainfield Rd New Concord, Ohio 43762	Muskingum County	 Ohio University College of Osteopathic Medicine Otsego Muskingum Other community organizations 	 Clinic dates – + July 10, 2019 Number of clinics – 1 Persons served – 8 	Not applicable

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Salesville Guernsey County Address – 119 Locust Street Salesville, Ohio 43778	Guernsey County	 Ohio University College of Osteopathic Medicine Salesville Guernsey County Other community organizations 	 Clinic Date – + November 20, 2019 Number of clinics – 1 Persons served – 20 	Not applicable
Location – Shrivers Pharmacy Address – 120 S Buckeye Street, Crooksville, Ohio 43731	Perry County	 Ohio University College of Osteopathic Medicine Shrivers Pharmacy 	 Clinic Date – + August 28, 2019 Number of clinics – 1 Persons served – 13 	Not applicable
Location – Athens County Job and Family Services Address – 13183 OH 13, Millfield, Ohio 45761	Athens County	 Athens County Job and Family Services Other community organizations 	 Clinic Date – + July 26, 2019 Number of clinics – 1 Persons served – 5 	Not applicable
Location – The Plains Public Library Address – 14 S Plains Rd The Plains, Ohio 45780	Athens County	 The Plains Public Library Other community organizations 	 Clinic dates – + September 17, 2019 + January 31, 2020 Number of clinics – 1 Persons served – 0 	Not applicable

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Buckeye Hills Regional Council Address – 1400 Pike Street Marietta, Ohio 45750	Washington County	 Buckeye Hills Regional Council Other community organizations 	 Clinic dates – + July 1, 2019 Number of clinics – 1 Persons served – 1 	Not applicable
Location – Meigs County Job and Family Services Address – 175 Race Street Middleport, Ohio 45760	Meigs County	 Ohio University College of Osteopathic Medicine Other community organizations 	 Clinic dates – + July 31, 2019 Number of clinics – 1 Persons served – 7 	Not applicable
Location – Logan Senior Center Address – 187 S Spring Street Logan, Ohio 43138	Hocking County	 Logan Senior Center Other community organizations 	 Clinic dates – + August 27, 2019 October 9, 2019 Number of clinics – 2 Persons served – 8 	Not applicable
Location – Advance America Address – 19 Ohio River Plaza Gallipolis, Ohio 45631	Gallia County	 Advance America Other community organizations 	 Clinic dates – + October 3, 2019 Number of clinics – 1 Persons Served – 3 	Not applicable

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Rural King Address – 7 Ohio River Plaza, Gallipolis, Ohio 45631	Gallia County	 Rural King Other community organizations 	 Clinic dates – + July 12, 2019 Number of clinics – 1 Persons served – 12 	Not applicable
Location – Glouster Public Library Address – 20 Toledo Street, Glouster, Ohio 45732	Athens County	 Glouster Public Library Other community organizations 	 Clinic dates – + September 27, 2019 + January 22, 2020 Number of clinics – 2 Persons served – 2 	Not applicable
Location/Address – 201 E 2 nd Street Bainbridge, Ohio 45612	Ross County	 Ohio University College of Osteopathic Medicine Other community organizations 	 Clinic dates – + August 14, 2019 Number of clinics – 1 Persons served – 17 	Not applicable
Location/Address – Gallipolis City Park Address –300 Second Avenue, Gallipolis, Ohio 45631	Gallia County	 Ohio University College of Osteopathic Medicine City of Gallipolis 	 Clinic dates November 27, 2019 Number of clinics – 1 Persons served – 0 	Not applicable

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Coolville Public Library Address – 26401 Main Street, Coolville, Ohio 45723	Athens County	 Coolville Public Library Other community organizations 	 Clinic dates September 10, 2019 January 29, 2020 Number of clinics – 2 Persons served – 3 	Not applicable
Location – Chauncey Public Library Address – 29 Converse Street Chauncey, Ohio 45719	Athens County	 Chauncey Public Library Other community organizations 	 Clinic dates – + September 6, 2019 February 11, 2020 Number of clinics – 2 Persons served – 1 	Not applicable
Location – Hocking College Address – 3301 Hocking Parkway Nelsonville, Ohio 45764	Athens County	 Ohio University College of Osteopathic Medicine Other community organizations 	 Clinic dates – + July 24, 2019 Number of clinics – 1 Persons served – 4 	Not applicable
Location – River of Life Church Address – 37032 SR 124 Rutland, Ohio 45760	Meigs County	 River of Life Church Other community organizations 	 Clinic dates – + July 2, 2019 Number of clinics – 1 Persons served – 0 	Not applicable

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – South Elementary School Address – 38234 SR 93 Hamden, Ohio 45634	Vinton County	 South Elementary School Other community organizations 	 Clinic date – + November 1, 2019 Number of clinics – 1 Persons served – 2 	Not applicable
Location – Noble County Health Department Address – 44069 Marietta Road Caldwell, Ohio 43724	Noble County	 Noble County Health Department Other community organizations 	 Clinic dates – + August 16, 2019 December 19, 2019 Number of clinics – 2 Persons served – 6 	Not applicable
Location – Central Elementary School Address – 507 Jefferson Ave McArthur, Ohio 45651	Vinton County	 Central Elementary School Other community organizations 	 Clinic date – + October 22, 2019 Number of clinic – 1 Persons served – 1 	Not applicable
Location – West Elementary School Address – 57750 US 50, McArthur, Ohio 45651	Vinton County	 West Elementary School Other community organizations 	 Clinic date – + December 10, 2019 Number of clinics – 1 Persons served – 1 	Not applicable

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Vinton County High School Address – 63910 US 50, McArthur, Ohio 45651	Vinton County	 Vinton County High School Other community organizations 	 Clinic dates – July 3, 2019 October 8, 2019 December 3, 2019 Number of clinics – 3 Persons served – 5 	Not applicable
Location – Chesterhill	Morgan County	Ohio University College of Osteopathic Medicine	• Clinic date – + July 16, 2019	Not applicable
Address – 7675 Marion St Chesterhill, Ohio		Chesterhill	• Number of clinics – 1	
43728		Other community organizations	 Persons served – 3 	
Location – White Oak Nursing Center	Morgan County	Ohio University College of Osteopathic Medicine	 Clinic date – + October 23, 2019 	Not applicable
Address – 4114 SR 376, McConnelsville, OH 43756		White Oak Nursing Center	 Number of clinics – 1 	
		Other community organizations	 Persons Served – 8 	
Location – Riverside Landing Nursing Center	Morgan County	Ohio University College of Osteopathic Medicine	 Clinic date – + March 11, 2020 	Not applicable
Address – 856 Riverside Drive McConnelsville,		Riverside Landing Nursing Center	 Number of clinics – 1 Persons 	
Ohio 43756		Other community organizations	Served – 5	

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Woodsfield Church of Christ Address – 860 Lewisville Rd Woodsfield, Ohio 43793 Location – Nelsonville Public	Monroe County Athens County	 Ohio University College of Osteopathic Medicine Woodsfield Church of Christ + Nelsonville Public Library 	 Clinic date – + November 5, 2019 Number of clinic – 1 Persons served – 2 Clinic dates – Date – 8/15/2019 	Not applicable
Library Address – 95 W Washington St Nelsonville, Ohio 45764		+ Other community organizations	9/13/2019 Persons Served – 0	
Location – Peoples Bank Address – 951 Canal Street Nelsonville, OH 45764	Athens County	 People's Bank Other community organizations 	 Clinic date – + December 20, 2019 Number of clinics – 1 Persons served – 0 	Not applicable
Location – White Oak Pharmacy Address – 8465 OH-339, Barlow, Ohio 45712	Washington County	 Ohio University College of Osteopathic Medicine White Oak Pharmacy Other community organizations 	 Clinic date – + January 8, 2020 Number of clinics – 1 Persons served – 5 	Not applicable
Location – JRs General Store Address – 4715 SR 41, Bainbridge, Ohio 45612	Ross County	 Ohio University College of Osteopathic Medicine JRs General Store Other community organizations 	 Clinic date – + September 24, 2019 Number of clinics – 1 Persons Served – 19 	Not applicable

Location/Address of Mobile Mammography Service	Ohio County	Community Partners	Fiscal Year 2020 Date and Persons Served	Fiscal Year 2021 Date and Persons Served
Location – Stuarts Opera House Address – 52 Public Square, Nelsonville, Ohio 45764	Athens County	 Stuarts Opera House Other community organizations 	 Clinic dates – + October 25, 2019 Number of clinics – 1 Persons served – 6 	Not applicable
Location – Peden Stadium (Race for the Cure) Address – 200 Richland Ave Athens, Ohio 45701	Athens County	 Peden Stadium Race for the Cure Other community organizations 	 Clinic dates – + October 5, 2019 Number of clinics – 1 Persons Served – 0 	Not applicable
Location – The Sech-Kar Company Address – 15719 Old US 33 Nelsonville, Ohio 45764	Athens County	 Ohio University College of Osteopathic Medicine The Sech-Kar Company 	 Clinic dates – + December 4, 2019 Number of clinics – 1 Persons Served – 3 	Not applicable
Location – St Paul United Methodist Church Address – 42216 SR 7, Tuppers Plains, Ohio 45783	Meigs County	 Ohio University College of Osteopathic Medicine Other community organizations 	 Clinic dates – + August 6, 2019 Number of clinics – 1 Persons Served – 11 	Not applicable

CD – 2. Partner with the Athens City-County Health Department's Creating Healthy Communities in providing patients from Athens and Hocking Counties with access to nutritious meals. Patients with diabetes or prediabetes will be prescribed nutritious meals delivered through the Meals on Wheels program. O'Bleness Hospital will utilize the community health workers from the Athens City-County Health Department to help patients adopt healthy behaviors, improve health literacy and overcome barriers to good health habits. (*This action aligns with the Ohio 2017–2019 State Health Improvement Plan. See Table 5.*)

Impacts During Fiscal Year 2020 and FY 2021

CD – 2.1. OhioHealth O'Bleness Collaboration with the Athens Creating Healthy Communities

Coalition — The Athens City County Health Department, on behalf of Athens County, Ohio implements the Creating Healthy Communities grant that is funded through the Ohio Department of Health. The Creating Healthy Communities aims to prevent chronic disease through improving the access to healthy foods and physical activity. The Creating Healthy Communities uses policy, system and environment changes to promote healthy choices as the "easy choices". The mission of Creating Healthy Communities is to prevent and reduce the prevalence of chronic disease in Ohio. Creating Healthy Communities fosters multisector partnerships to improve access to affordable food, promote physical activity, thereby promoting a culture of health (Ohio Department of Health, 2020). The activities of the Athens Creating Healthy Communities Coalition are available in their Facebook page (Facebook, 2021).

In Athens County, Trimble Township has been identified as low-income and low-access census tracts where residents live more than 10 miles from the nearest grocery store. The COVID-19 pandemic has made food insecurity worse in Trimble Township.

Focus Area	Project Description	Location/Days/Times	Fiscal Year 2020	Fiscal Year 2021
Healthy Eating	Veggie Van – Collaborative project between Creating Healthy Communities and Community Food Initiatives, Appalachian Center for Economic Networks (ACEnet) and Rural Action's Chesterhill Produce Auction. The Veggie Van services food-insecure areas in Athens County. The produce is offered in exchange for a voluntary donation (Brunot, 2021)	Location – Trimble Township, Athens County, Ohio Glouster Memorial Park Day and Time: Every Friday from 3:30 to 5:30 PM	 382 persons Cash sales of \$2,244 3,866 pounds of food distributed (Ohio Department of Health, 2020) 	• The Glouster, Nelsonville, and Coolville service areas benefitted 782 persons (Brunot, 2021)
Healthy Eating	Veggie Van	Location – Nelsonville, Ohio; Stuart's Lot (Off the Public Square) Day and Time – Every Tuesday, 3:30 PM to 5:30 PM	Not applicable	
Healthy Eating	Veggie Van	Location – Village of Coolville, Athens County, Ohio; Coolville Public Library Day and Time – Every Wednesdays, 3:30 to 5:30 PM	Not applicable	

CD 2.1. Continued

Focus Area	Project Description	Location/Days/Times	Fiscal Year 2020	Fiscal Year 2021
Healthy Eating	Fresh Produce at the Athens Farmers' Market Awareness of the Supplemental Nutrition Assistance Program and the Southeast Ohio Foodbank	Athens Farmers Market, 1000 E. State St., Athens, Ohio – 9:00–12:00 PM Saturdays June 26, 2021 8:30 AM to Noon (SNAP Education)	Not applicable	Education about SNAP or food stamps at the Farmer's Market and how it could help pay for food for the household.
Healthy Eating	Free Raised Garden Boxes from Community Food Initiatives	Glouster Memorial Park – May 21, 2021, 3:00 to 6:00 PM	Not applicable	At least 10 garden boxes were distributed
Healthy Eating	SEO Foodlink – an online food access workshop series. This is a collaboration among Community Food Initiatives, Education Foundation of America, Sisters Health Foundation, Osteopathic Heritage Foundation	October 6, 2020; October 20, 2020, November 3, 2020, December 1, 2020, 6:00 to 730 PM April 20, 2021; May 4, 2021; and May 18, 2021, 5:00 to 6:30 PM via Zoom	Not applicable	Participants learned new ways to make sure everyone in the community has access to healthy foods
Healthy eating and fostering physical activity (Perie and Brunot, 2021)	Community gardens	 Athens Southside 30 garden plots located next to the East State Street Dog Park Athens Eastside Athens Westside Hope Drive – in collaboration with the Metropolitan Housing Authority Nelsonville – decommissioned parking lot at the Mary Hill Center, in collaboration with Integrated Services for Behavioral Health 	 Increase food access Improve local diets Strengthen community interactions and bonding Fosters harvest donations and sharing 	 Increase food access Improve local diets Strengthen community interactions and bonding Fosters harvest donations and sharing

CD 2.1. Continued

Focus Area	Project Description	Location/Days/Times	Fiscal Year 2020	Fiscal Year 2021
Healthy eating and physical activity (Perie and Brunot, 2021)	School gardens	 Athens City School District Amesville Elementary School 	 Hands-on lessons on gardening Teaching and learning about local food system Plant and grow harvest Integration of math, science and art into the garden Helping students become more active and creative 	 Hands-on lessons on gardening Teaching and learning about local food system Plant and grow harvest Integration of math, science, and art into the garden Helping students become more active and creative
Physical activity	Athens Cunty Public Libraries Book-a-Bike program – celebrates May as Bike Month	Athens County Public Libraries	 Enables residents to book a bicycle at the local public library. 	 Enables residents to book a bicycle at the local public library.
Physical activity	Athens County Cougarbats Mountain Bike Team	 Bailey's Trail System multiple dates 	• At least 25 youth from Athens County ride their mountain bikes at the Bailey's Trail System and other trails in Athens County	• At least 25 youth from Athens County ride their mountain bikes at the Bailey's Trail System and other trails in Athens County

CD – 2.2. OhioHealth O'Bleness Hospital Alignment with the State Health Improvement Plan (SHIP) related to chronic disease (County Health Rankings, 2021) —

Measure	Description	Year	Athens County	Ohio
Poor or fair health	Percent of adults reporting fair or poor health (age-adjusted)	2018	21%	18%
Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted)	2018	4.8 days	4.1 days
Frequent physical distress	Percentage of adults reporting 14 or more days of poor physical health per month (age-adjusted)	2018	15%	12%
Diabetes prevalence	Percentage of adults aged 20 and above with diagnosed diabetes.	2017	12%	12%
Adult smoking	Percentage of adults who are current smokers (age-adjusted)	2018	24%	21%
Adult obesity	Percentage of the adult population (age 20 and older) that reports a body mass index (BMI) greater than or equal to 30 kg/m ²	2017	35%	34%
Food environment index	Index of factors that contribute to a healthy food environment, from 0 (worst) to 10 (best)	2015, 2018	6	6.8
Physical inactivity	Percentage of adults age 20 and over reporting no leisure-time physical activity	2017	23%	26%
Access to exercise opportunities	Percentage of population with adequate access to locations for physical activity	2010, 2019	83%	84%
Food insecurity	Percentage of population who lack adequate access to food	2018	18%	14%
Limited access to healthy foods	Percentage of population who are low-income and do not live close to a grocery store	2015	14%	7%
Primary care physicians	Ratio of population to primary care physicians	2018	1,370:1	1,300:1
Other primary care providers	Ratio of population to primary care providers other than physicians	2020	980:1	920:1
Mammography screening	Percentage of female Medicare enrollees ages 65-74 that received an annual mammography screening	2018	39%	43%

CD - 3. Provide O'Bleness Hospital patients, families and employees access to fresh produce through the pop-up farm stand, which operates one day a week from May to October at the hospital facility. Unsold produce will be donated to the homeless shelter, Good Works' Timothy House.

Impacts During Fiscal Year 2020 and FY 2021

Project Description	Fiscal Year 2020 Persons Served	Fiscal Year 2020 Weight of Fruits and Vegetables Sold	Fiscal Year 2021 Persons Served	Fiscal Year 2021 Weight of Fruits and Vegetables Sold
O'Bleness Hospital's WillowView Cafe Pop-Up Farm Stand	696 OhioHealth patients, families, and guests, and OhioHealth employees	2,000 pounds	192 OhioHealth patients, families, and guests, and OhioHealth employees	300 pounds
Buying Club through Rural Action	14 OhioHealth employees	No data available	Not applicable	Not applicable

CD – 4. Provide access to high quality cardiac and pulmonary rehabilitation services in Athens County, Ohio through HeartWorks (OhioHealth, 2015–2018b). HeartWorks helps patients recover from a variety of health problems to enhance their quality of life by offering complete health and fitness programs that combine aerobic exercise with evaluation, education and counseling. Participants meet three days a week for 12 weeks.

Impacts During FY 2020 and FY 2021

The top five accomplishments of the OhioHealth O'Bleness HeartWorks are as follows:

- (a) Additional Class for Pulmonary and Cardiac Rehabilitation OhioHealth O'Bleness Hospital HeartWorks have added an additional class for its Pulmonary and Cardiac Rehabilitation Program. In Fiscal Year 2021, OhioHealth O'Bleness HeartWorks was able to offer a total of 24 slots, which is eight more slots than Fiscal Year 2020. The additional classes enabled more patients to avail of the pulmonary and cardiac rehabilitation programs.
- (b) Maintained Patient Volume Despite COVID-19 Pandemic Despite the COVID-19 pandemic, OhioHealth O'Bleness HeartWorks was able to maintain the number of patients served through its pulmonary and cardiac rehabilitation programs.
- (c) Initiation of Group-Led Resistance and Flexibility Training OhioHealth O'Bleness Hospital HeartWorks' added a group led component to our resistance training and flexibility training routine. The patients used to do these exercises independently. The OhioHealth O'Bleness Hospital HeartWorks' goal was to provide more guidance and instruction to ensure that exercises were being performed accurately and safely.
- (d) Student Internships During Fiscal Year 2020. OhioHealth O'Bleness HeartWorks temporarily postponed student internships. In Fiscal Year 2021, seven graduate students specializing in Clinical Exercise Physiology from Ohio University completed internships.
- (e) Development of Online Education Modules OhioHealth O'Bleness HeartWorks team created online education modules for its patient education materials that may be downloaded on demand. Initiative has increased access to education at home, which eliminated safety concern of gathering in the group education room during the COVID-19 pandemic. The education modules include: (i) "Anatomy and Physiology of Heart and Lungs", (ii) "Risk Factors for Heart Disease", (iii) "Co-Morbidities", (iv) "Nutrition", (v) "Stress Management", (vi) "Breathing Techniques", (vii) "Exercise for Health", (viii) "Symptoms Management".

Measure	Description of Measure	Fiscal Year 2020	Fiscal Year 2021
Number of patients who attended HeartWorks	 Number of patients who attended and completed cardiac and pulmonary rehabilitation 	38 Cardiac Rehabilitation patients	 52 Cardiac Rehabilitation patients 6 Pulmonary Rehabilitation patients
Changes in six- minute walk distance	 Changes in distance walked in feet for six- minute walk test pre- and post-program 	 192 feet average distance increase 16.5% improvement among cardiac rehabilitation patients) 	 116 feet average distance increase (Cardiac rehabilitation) 229 feet average distance increase (Pulmonary rehabilitation)
Increase in predicted functional capacity	 Predicted functional capacity based off of calculation from six- minute walk test results 	 0.95 ml/kg/min (10% average improvement) 	 No longer measured this value. Metabolic Equivalent of Task (MET) was used instead
Changes in Metabolic Equivalent of Task (MET).	 Changes in METs predicted from six- minute walk test pre-and post- program The higher the METs, the higher the intensity level of activity and more calories burned 	 0.27 increase in MET 10% improvement 	 Cardiac rehabilitation patients had a 0.175 MET average increase. Pulmonary rehabilitation patients had a 0.29 MET average increase.
Weight loss	 Weight loss in pounds measured pre- and post- program 	 0.4% improvement among xxx rehabilitation patients Xxx% improvement among xxx rehabilitation patients 	 Cardiac rehabilitation patients had 1.26 lbs average weight loss. Pulmonary rehabilitation patients had 0.375 lbs average weight loss.
Improvement in depression based on Patient Health Questionnaire-9	Point Score pre and post program- The higher the score the worse the depression, decrease in points equals less depression risk	Improved 1.3 points (60% improvement)	 Cardiac rehabilitation patients showed 1.6 points improvement in PHQ-9 scores. Depression scores decreased by an average of 1.6 points. Pulmonary rehabilitation patients showed 1 point improvement in PHQ-9 scores. Depression scores decreased by an average of 1 point.
Changes in Rate your Plate Dietary Health Habit Score	Dietary score pre and post program- The higher the score, the better the eating habits are, an increase in score equates to better eating habits	2.7 point average increase (4.6% improvement)	 Cardiac rehabilitation patients showed 3.63 points improvement in their Dietary Health Habit Score. Pulmonary rehabilitation patients showed 2.6 points improvement in their Dietary Health Habit Score.

The findings from clinical measures are described in the table below.

CD – 5. Offer SeniorBEAT (Be Educated and Active Together) to senior residents of Athens County to provide opportunities for mutual support, socialization, continued learning, exercise, healthy eating, empowerment and engagement.

Impacts During Fiscal Year 2020 and 2021

CD - 5.1. Summary of SeniorBEAT (new name UpBEAT) programs, events, and outreach ----

Pro	ogram/Event/Outreach	Fiscal Year 2020 Sessions and Persons Served	Fiscal Year 2021 Sessions and Persons Served
1.	 Food for Thought Program – UpBEAT participants attend speakerships and talks on various health and wellness topics and general knowledge. (a) In-Person Activity – From July 1, 2019 to March 19, 2020, the "Food for Thought Program" was held "in-person" on the third Thursday of every month at 2:00-3:00 PM. (b) Virtual Activity by Webex – Due to the COVID-19 	 20 sessions held 215 UpBEAT members participated 	 40 sessions held 449 UpBEAT members participated
	pandemic, all programs from March 20, 2020 to June 30, 2021 (last quarter of Fiscal Year 2020) and July 1, 2020 to June 30, 2021 (Fiscal Year 2021) were held virtually by Webex. The "Food for Thought Program" was offered on variable Thursdays throughout each month at 10:00-11:00 AM. The Programming alternated between the "History Group" and the "Food for Thought Program" with the goal of offering either one of the programs once per week during the pandemic.		
2.	 History Group – participants attend speakerships on various topics depicting history of areas in southeast Ohio. (a) In-Person Activity – From July 1, 2019 to May 7, 2020, the "History Group" was held on the second Thursday of each month at 1:00-2:00 PM. 	 13 sessions held 152 members participated 	 11 sessions held 118 members participated
	(b) Virtual Activity by Webex – Due to the COVID-19 pandemic, all programs from May 7, 2020 to June 30, 2021 (last two months of Fiscal Year 2020) and from July 1, 2020 to June 30, 2021 (Fiscal Year 2021) were held virtually by Webex. Starting in March 2020, OhioHealth O'Bleness Hospital began offering the History Group on variable Thursdays throughout each month at 10:00 AM to 11:00 AM. Programming alternated between the "History Group" and the "Food for Thought Program" with the goal of offering either one of these programs once per week during the pandemic.		

CD – 5.1. Continued,

Pro	gram/Event/Outreach	Fiscal Year 2020 Sessions and Persons Served	Fiscal Year 2021 Sessions and Persons Served
3.	 Book Club – participants attend book discussions. UpBEAT members recommend books in December. Members whose books were selected, lead the lively discussion about the book. (a) In Person Activity – The Book Club is held on the second Monday of every month at 10:00 – 11:00 AM. In person events were held from July 2019 to March 2020. (b) Virtual Activity by Webex – Due to the COVID-19 pandemic, the Book Club were held virtually from April to June 2020 (last quarter of Fiscal Year 2020) and July 2020 to June 2021 (Fiscal Year 2021). 	 12 sessions held 66 members participated 	 12 sessions held 60 members participated
4.	Lunch Group – UpBEAT members enjoy a meal and conversation together. Guests are invited occasionally to speak on topic of interest. The Lunch Group is held on the fourth Friday of every month at 11:30 AM to 1:00 PM. The Lunch Group was postponed after February 28, 2020 due to the COVID-19 pandemic. Hence, there were no Lunch Group activities held from March to June 2020 (Fiscal Year 2020) and July 2020 to June 2021 (Fiscal Year 2021).	 Total of 7 sessions were held 80 members attended 	Not applicable
5.	 Singing Group – An UpBEAT member volunteers to play the piano and members select songs from songbooks and sing together. The Singing Group is held once a month on the third Friday at 1:00 to 2:00 PM (a) In-Person Activity – The Singing Group was held from July 2019 to February 2020. Due to the COVID-19 pandemic, the Singing Group was temporarily discontinued from March 2020 to June 2020 (Fiscal Year 2020) and July 2020 (Fiscal Year 2021). (b) Virtual Activity by Webex – The Singing Group was held virtually by Webex from August 2020 to June 2020. The virtual Singing Group was held virtually by Webex from August 2020 to June 2020. The virtual Singing Group was held virtually by Webex from August 2020 to June 2020. The virtual Singing Group was held virtually by Webex from August 2020 to June 2020. The virtual Singing Group was held virtually by Webex from August 2020 to June 2020. The virtual Singing Group was held virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group was held virtually by Webex from August 2020 to June 2020. The virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group Webex from August 2020 to June 2020. The virtual Singing Group Webx from August 2020 to June 2020. The virtual Singing Group Webx from August 2020 to June 2020. The virtual Singing Group Webx from August 2020 to June 2020. The virtual Singing Group Webx from August 2020 to June 2020. Sing Sing Singing Group Webx from Singing Group Webx from Singing Group Webx from Singing Group Webx fr	 8 sessions were held 42 members attended 	 11 sessions were held 31 members attended
	(b) Virtual Activity by Webex – The Singing Group		

CD - 5.1. Continued,

Pro	gram/Event/Outreach	Fiscal Year 2020	Fiscal Year 2021
_		Sessions and Persons Served	Sessions and Persons Served
6.	Discovery Kitchen – held in partnership with Community Food Initiatives, a local non-profit organization, to help inspire confidence, help find tasty recipes to include fresh produce, and share some tips related to food preparation and cooking. Discovery Kitchen is a three series class, held once per month in September, October, and November 2019. The layout of the series is tailored to older adults. Foods utilized as main staple of recipes are fresh, local produce items that are in season at time of class. After the cooking demonstration and teaching was complete, participants joined together in family style meal setting and enjoyed samples of the foods prepared. Discussion was continued even after the meal was complete. Participants were allowed time to provide suggestions for the next class, share their thoughts on the foods prepared and share with one another any tips they have found to be beneficial when preparing foods at home.	 Total of 3 sessions were held 16 members attended 	Not applicable
7.	Chair Volleyball – UpBEAT members play three games of Chair Volleyball together, twice per week Held at Market on State. The Chair Volleyball was held every Tuesday and Thursday 8:15-9:15 AM, except during holidays and weather-related cancellations. The Chair Volleyball was postponed after March 10, 2020 due to the COVID-19 pandemic.	 70 sessions were held 685 members attended 	Not applicable
8.	 UpBEAT Exercise Class –The 1-hour exercise class incorporates cardio, balance, strength, and endurance physical activities that are led by trained volunteers. (a) In-Person Activity – exercise classes were held up to four times per week at the OhioHealth O'Bleness Hospital, Athens Community Center, The Plains United Methodist Church, and OhioHealth Nelsonville Health Center. The inperson exercise classes were postponed from March to June 2020 (Fiscal Year 2020) and July 2020 (Fiscal Year (2021). (b) Virtual Activity by Webex – Held once a week (Monday or Tuesday) at 10 to 11 AM from August 2020 to June 2021 (Fiscal Year 2021). The virtual classes were led by Caitlin Bond, UpBEAT Program Coordinator in partnership with United Seniors of Athens County. 	 129 Sessions were held 887 Members attended 	 37 sessions were held 150 members attended
Tot	al	 262 Sessions held 2,147 members participated 	 111 sessions held 808 members participated

CD –5.2. Summary of UpBEAT's "Food for Thought" programs in Fiscal Year 2020 and 2021 —

Fiscal Year 2020 Date	Fiscal Year 2020 "Food for Thought" Program Topic	Fiscal Year 2020 Speaker(s)	Count of Attendance
July 18, 2019	Understanding Grief and Mourning	Tammy Hawk and Kelsey Funk (OhioHealth)	12 members
August 15, 2019	OSHIIP (<u>O</u> hio <u>S</u> enior <u>H</u> ealth Insurance Information <u>P</u> rogram) Resources and Medicare 101	Alicia Nighland (OSHIIP)	8 members
September 19, 2019	Prevention, Assessment and Warning Signs of Alzheimer's	Melissa Dever (Alzheimer's Association of Greater Cincinnati)	25 members
October 17, 2019	23 rd UpBEAT Anniversary Celebration	Caitlin Bond (OhioHealth O'Bleness Coordinator) and UpBEAT Members	21 members
November 21, 2019	Mediation to Lead to Productive Conversations: What to Expect	Trisha Lachman (Athens Area Mediation Service)	10 members
December 19, 2019	Fall Prevention and Exercises	Princess Emeana (Ohio University, Albert Schweitzer Fellow)	14 members
January 16, 2020	Tips for Downsizing and Managing Clutter	Aubrei Krummert (Real World Organizing)	17 members
January 23, 2020	Resources at the Public Library	Laura O'Neil (Athens County Public Library)	2 members
February 20, 2020	Local Travel Spanning Athens and Ohio	Paige Alost (Athens County Visitors Bureau)	12 members
March 19, 2020	Eat Right to Flourish: Nutrient Considerations	Barbara Nakanishi, RDN, LD, CDCES, DipACLM; and Caitlin Bond, RDN, LD, OhioHealth O'Bleness Hospital	9 members
March 26, 2020	Stay Active and Go4Life	Caitlin Bond, RDN, LD, OhioHealth O'Bleness Hospital	7 members
April 2, 2020	Connect and Share	Caitlin Bond, RDN, LD, OhioHealth O'Bleness Hospital	6 members
April 9, 2020	Protecting Yourself from Fraud and Scams	Lisa Dalga (Proseniors)	6 members
April 16, 2020	Healthy Smiles	Alaina Himes, Dental Hygienist (Hopewell Health Centers)	8 members
April 23, 2020	A Moment of Mindfulness	Jessica Englehart, LPCC- S, ATR, RYT, OhioHealth	9 members
April 30, 2020	Connect and Share with UpBEAT Friends and Family	Caitlin Bond, RDN, LD, OhioHealth O'Bleness Hospital	8 members
May 21, 2020	Aging in Place and Age Friendly Athens County	Rebecca Robison-Miller, MPA and Julie Brown, PhD, Ohio University	13 members
June 4, 2020	Leading the Way: COVID-19 Update	Ruth Dudding, Athens City- County Health Department	18 members
June 11, 2020	Protecting Yourself from Identity Theft and Fraud	Eva Bloom, Ohio University Credit Union	6 members

CD – 5.2.1. Summary of "Food for Thought" activities for Fiscal Year 2020 —

June 18, 2020 Opioid Crises Simulation with Virtual Reality	Kerri Shaw, Carrie Love and Matt Love, (Ohio University)	4 members
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CD – 5.2.2. Summary of "Food for Thought" activities for Fiscal Year 2021 —

Fiscal Year 2021 Date	Fiscal Year 2021 "Food for Thought" Program Topic	Fiscal Year 2021 Speaker(s)	Count of Attendance
July 2, 2020	OhioHealth O'Bleness Hospital Community Update	Mark Seckinger and Rhonda Dixon, MBA BSN RN, NE-BC (OhioHealth O'Bleness Hospital)	7
July 16, 2020	Tea Time	Cindy Parker (UpBEAT member)	8
July 23, 2020	How to Talk with Your Doctor	Caitlin Bond, RDN, LD (OhioHealth O'Bleness Hospital)	14
July 30, 2020	Technology for All	Sarie Cornwell (Athens County Public Library)	15
August 6, 2020	Birds in Nature	Julie Zickafoose (UpBEAT member)	10
August 20, 2020	Ohio Senior Medicare Patrol (Ohio SMP) Scams and Identity Theft	Lisa Dalga (ProSeniors)	6
August 27, 2020	Technology for All: Session Two	Sarie Cornwell (Athens County Public Library)	18
September 3, 2020	Medicare Updates and Ohio Senior Health Insurance Information Program	Sarah Florimonte, (<u>O</u> hio <u>S</u> enior <u>H</u> ealth Insurance Information <u>P</u> rogram [OSHIIP])	12
September 17, 2020	Influenza Vaccine and COVID- 19 Update	Dr. James Gaskell (Athens City- County Health Department)	8
September 24, 2020	Understanding and Organizing Your Vital Documents	Jerry Snyder (Central Ohio Professional Education Council, COPEC)	14
October 1, 2020	History of Homecoming Farm	John Wood (community member)	7
October 8, 2020	UpBEAT 24 th Anniversary	Caitlin Bond, RDN, LD (OhioHealth O'Bleness Hospital), Alice Ritchie and Joy MillerUpton (UpBEAT members)	14
October 15, 2020	It's More than Sunshine- Vitamin D	Dr. Douglas Woo (OhioHealth O'Bleness Hospital)	17
November 12, 2020	Eye-Q	Laura Swartz (Prevent Blindness Ohio)	11
November 19, 2020	Happy to 102. The Key to Healthy Longevity	Lori Wengerd (Central Ohio Professional Education Council (COPEC)	12
December 3, 2020	Staying Positive During Stressful Times	Rick Gehlbach (OhioHealth)	10
December 10, 2020	Halle's Journey to Becoming a Therapy Dog	Steve Trotta (UpBEAT member)	12
December 16, 2020	COVID-19 Vaccine	Dr. Joseph Gastaldo (OhioHealth)	38
December 17, 2020	Smart Energy Living	Andrew Tinkham (Ohio Consumer Counsel)	8

CD - 5.2.2. Continued,

Fiscal Year 2021	Fiscal Year 2021 "Food for	Fiscal Year 2021	Count of Attendance
Date	Thought" Program Topic	Speaker(s)	
December 31,	Game Day-Invention Game	Caitlin Bond, RDN, LD	7
2020		(OhioHealth O'Bleness	
		Hospital),	
January 7, 2021	The Lift Project	Heidi Fisher (Live Healthy	11
		Appalachia)	
	Be Well, through Eating and	Dr. Brian Clark (Ohio	
January 21, 2021	Moving Well	University)	12
	Consumer Protections	Andrew Tinkham (Ohio	
January 28, 2021		Consumer Counsel)	10
	COVID-19 Update and Vaccination		
		(OhioHealth O'Bleness	
February 3, 2021		Hospital)	18
	Invasive and Rare Plants in	Trey Scott (Wayne National	
February 4, 2021	Southeastern Ohio	Forest)	7
	Home and Auto Insurance 101	Robert Denhard, Jennifer	
		Ayers, and Scott Childers,	
		(Ohio Department of	
February 18, 2021		Insurance)	8
	Conversations with Purpose	Mark Mangia (OhioHealth	
February 25, 2021		Foundation)	18
	Stimulating our Mind through Art	Sally Delgado and Lisa	
		Quinn (Ohio University	
March 4, 2021		Kennedy Museum of Arts)	9
	Life Hacks	Melinda McGuire	
		(OhioHealth Dempsey	
March 18, 2021		Education Center)	9
	Experts in Arthritis	Suzanne Fortuna (United	
		States Bone and Joint	
March 25, 2021		Initiative Volunteer)	12
	Container Gardening 101	Ed Brown (Athens County	
April 1, 2021		Extension)	7
	Advance Directives	Melinda McGuire	
April 15, 2021		(OhioHealth)	10
	Building Resilience in a Warmer	Melissa Damico (Grey	
April 22, 2021	World	Green Alliance)	12
A	Game Day-Invention Game	Caitlin Bond (OhioHealth	
April 29, 2021		O'Bleness Hospital)	6
May 00, 0004	Complicated Grief in Complicated		
May 20, 2021	Times	Kelsey Funk (OhioHealth)	8
May 07, 0004	Game Day-Invention Game	Caitlin Bond (OhioHealth	-
May 27, 2021		O'Bleness Hospital)	7
	Conversation on COVID-19	Dr. James Gaskell (Health	
		Commissioner, Athens	
lupo 1 2021		City-County Health	12
June 1, 2021	Innovation for a Healthy	Department) Michelle Shively (Rural	13
luno 2, 2024	Innovation for a Healthy		7
June 3, 2021	Environment	Action) Andrea Williams	7
	The Brain and Body Connection		
luno 17 2021		(Alzheimer's Association of	0
June 17, 2021	UpBEAT Program Update-Our	Greater Cincinnati)	9
lupo 24, 2024	'New Normal'	Caitlin Bond (OhioHealth O'Bleness Hospital)	0
June 24, 2021			8

CD – 5.3. Summary of UpBEAT's "History Group" program in Fiscal Year 2020 and 2021 —

Fiscal Year 2020 Date	Fiscal Year 2020 "History Group" Topic/Activity	Fiscal Year 2020 Speaker(s)	Count of Attendance
July 11, 2019	"Our Town: Morgan County"	Evan Shaw (Community	
July 11, 2019	and Future Projects	Member)	17
	Dairy Barn Arts Center tour		
August 8, 2019	and viewing of Quilt	Cassie Meek (Dairy Barn	
	National Exhibit 2019	Arts Center)	12
September 12, 2019	Mill Creek Central (MCC)	Tom O'Grady (Southeast	
September 12, 2019	Railroad	Ohio History Center)	15
October 10, 2010	Sharing of Rendville	Burr Beard (Ohio	
October 10, 2019	Documentary Film	University)	14
	Meet the Author:		
Neversher 24, 2010	"Enchanted Ground: The	Sharon Hatfield	
November 24, 2019	Spirit Room of Jonathan	(Community Member and	
	Koons"	Author)	8
	"Nevertheless She		
December 40, 0040	Persisted and Other Life		
December 12, 2019	Stories from Area Coal	Dr. Nancy Tatarek (Ohio	
	Mining Towns"	University)	10
January 9, 2020	History of White's Mill	Carl Scott (White's Mill)	21
	History of the Wayne	Andy Tremayne (Wayne	
February 13, 2020	National Forest	National Forest)	14
	Rocky Brand Story "Sole	Ron Mash and Dave Norris	
	Survivor"	(Community Members,	
		Tales of Southeastern	
May 7, 2020		Ohio)	12
* :	"Music of the Knights of		
	Labor" Film Viewing and	Burr Beard (Ohio	
May 14, 2020	Discussion	University)	11
•	"Soldiers Remembered:	Cyrus Moore III (The	
	Discussion on Civil War	Baltimore Community	
May 28, 2020	Ancestors"	Museum)	11
June 11, 2020	Local Historian W.E. Peters	Tom O'Grady (Southeast	
·		Ohio History Center)	7
June 25, 2020	"Millfield Mine Disaster" Film	Burr Beard (Ohio	
-,	Viewing	University)	12

CD – 5.3.1. Summary of "History Group" activities held in Fiscal Year 2020

Fiscal Year 2021 Date	Fiscal Year 2021 "History Group" Topic/Activity	Fiscal Year 2021 Speaker(s)	Count of Attendance
July 9, 2020	The Evolution of Mental Health	George G. Eberts (UpBEAT member)	13
August 13, 2020	Exploring Remnants of Marietta and Cincinnati Railroad Lines	Cyrus Moore III (Baltimore Community Museum)	11
September 10, 2020	Tips, Tricks, and Tools for Writing a Personal History to Share with Others	Dr. Talinn Phillips (Ohio University)	10
October 22, 2020	Moundbuilders	Tom O'Grady (Southeast Ohio History Center)	15
November 5, 2020	Selective Migration and the Production of Ohio's Regional Cultural Landscapes During the Early National Period	Dr. Timothy Anderson (Ohio University)	11
January 14, 2021	First Family Pets	Dr. Katherine Jellison (Ohio University)	13
February 11, 2021	When the Kids Took on Corporate Culture, and the President	Dr. Kevin Mattson (Ohio University)	9
March 11, 2021	Ohio's Fauna and Flora: A Changing Landscape in History	Teresa Caldwell (Athens Soil and Water Conservation District)	11
April 8, 2021	America's Musical Journey Movie	Caitlin Bond (OhioHealth O'Bleness Hospital)	9
May 6, 2021	Regional Football that Helped to Shape the History of Professional Football	Lee Elder (Professional Football Research Association)	8
June 10, 2021	Inside Logan Clay	Ron Mash and Dave Norris (Community Member, Tales of Southeast Ohio)	8

CD – 5.3.2.	Summary of "History Group" activities held in Fiscal Year 2021
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CD – 5.4. Summary of UpBEAT's "Book Club" program in Fiscal Year 2020 and 2021 —

Fiscal Year 2020 Date	Fiscal Year 2020 "Book Club" Topic/Activity	Fiscal Year 2020 Facilitator	Count of Attendance
	"The Lying Game" by Ruth	UpBEAT member	
July 8, 2019	Ware		6
	"All Over but the Shoutin'"	UpBEAT member	
August 12, 2019	by Rick Bragg	-	7
September 9, 2019	"Autumn" by Ali Smith	UpBEAT member	6
	"The House of Mirth" by	UpBEAT member	
October 14, 2019	Edith Wharton		6
	"Miguel Street" by V.S.	UpBEAT member	
November 11, 2019	Naipaul		7
	Book Club Planning for	UpBEAT member	
December 9, 2019	Year 2020		5
	"The Only Story" by Julian	UpBEAT member	
January 13, 2020	Barnes		5
	"The Alice Network" by Kate	UpBEAT member	
February 10, 2020	Quinn		3
	"The Invention of Wings" by	UpBEAT member	
March 9, 2020	Sue Monk Kidd		7
	"The Soul of America" by	UpBEAT member	
April 13, 2020	Jon Meacham		3
	"The Outlander" by Gil	UpBEAT member	
May 11, 2020	Adamson		6
	"Eleanor and Hick" by	UpBEAT member	
June 8, 2020	Susan Quinn		5

CD - 5.4.1.	Summary	of "Book Club"	' activities in Fisc	al Year 2020 —
OD = 0.4.1.	ounnary			

Fiscal Year 2021 Date	Fiscal Year 2021 "Book Club" Topic/Activity	Fiscal Year 2021 Speaker(s)	Count of Attendance
July 13, 2020	"Olive, Again" by Elizabeth Stroud	UpBEAT Member	6
August 10, 2020	"Becoming" by Michelle Obama	UpBEAT Member	8
September 14, 2020	"Cry, The Beloved Country" by Alan Paton	UpBEAT Member	7
October 12, 2020	"A Confederacy of Dunces" by John Kennedy Toole	UpBEAT Member	4
November 9, 2020	"The Pioneers" by David McCullough	Caitlin Bond, RDN, LD (UpBEAT Program Coordinator, OhioHealth O'Bleness Hospital)	6
December 14, 2020	Book Club Planning for Calendar Year 2021	UpBEAT Members	5
January 11, 2021	"What Maisie Knew" by Henry James	UpBEAT Member	3
February 8, 2021	"Rabbit, Run" by John Updike	UpBEAT Member	6
March 9, 2021	"Nickel Boys" by Colson Whitehead	UpBEAT Member	7
April 12, 2021	"The Left Hand of Darkness" by Ursula K. LeGuin, first half	UpBEAT Member	3
May 10, 2021	"The Left Hand of Darkness" by Ursula K. LeGuin, first half	UpBEAT Member	2
June 14, 2021	"Circe" by Madeline Miller, first half	UpBEAT Member	3

Fiscal Year 2020 Date	Fiscal Year 2020 "Discovery Kitchen" Activity	Fiscal Year 2020 Speaker(s)	Count of Attendance
September 13, 2019	 Breakfast Meal — Vegetable Frittata & Sprout Salad Cooking for one or two 	 Chef Robin Blair (Community Food Initiatives) Caitlin Bond, RDN, LD, (UpBEAT Program Coordinator, OhioHealth O'Bleness Hospital 	4
October 11, 2019	 Lunch Meal — Spaghetti Squash with Marinara and Garbanzo Beans Freezing methods, food safety, nutrition, kitchen tools for arthritis 	 Chef Robin Blair (Community Food Initiatives) Caitlin Bond, RDN, LD, (UpBEAT Program Coordinator, OhioHealth O'Bleness Hospital 	6
November 8, 2019	 Evening Meal — Sweet Potato Black Bean Burgers and Sauteed Garlic Greens Daily fiber recommendations, ways to involve grandchildren in food preparation, adjusting recipes for food allergies and intolerances 	 Chef Robin Blair (Community Food Initiatives) Caitlin Bond, RDN, LD, (UpBEAT Program Coordinator, OhioHealth O'Bleness Hospital 	6

CD – 5.5. Summ	nary of "Discovery Kitchen'	'Activities for Older	Adults in Fiscal Year 2020 —
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CD – **5.6. Creation and Distribution of Monthly UpBEAT Newsletters** — fosters engagement and provides health and wellness education to members of UpBEAT in southeast Ohio

Month and Year of Release of Newsletter in Fiscal Year 2020	Health and Wellness Topic	Number of Persons Served in Fiscal Year 2020 (Printed Newsletter)	Number of Persons Served in Fiscal Year 2020 (Electronic Newsletter)
July 2019	 Nelsonville SeniorBEAT Listening Session How to become an UpBEAT member UpBEAT programming 	659	48
August 2019	Discovery KitchenUpBEAT programming	659	51
September 2019	 Discovery Kitchen Project 159 UpBEAT programming 	660	54
October 2019	 Support Network Community Resources Delay the Disease; UpBEAT Programming 	675	60
November 2019	UpBEAT Programming	675	60
December 2019	UpBEAT Programming	681	62
January 2020	 Movement and Well- being Transportation Resources Delay the Disease UpBEAT Programming 	685	63
February 2020	 Flu or Cold? Chronic Pain Self- Management Workshop UpBEAT programming 	686	67
March 2020	 Nutrition and Sleep Wellness Race for A Reason Message in A Bottle program UpBEAT programming 	693	68
April 2020	 Three Pillars of Brain Health (Mind, Body, Spirit) Senior Safety Day Southeast Ohio Chair Volleyball Tournament Skin Cancer Screening UpBEAT programming 	701	72

CD – 5.6.1. Scope of UpBEAT Newsletters Created and Distributed in Fiscal Year 2020 —

CD – 5.6.1 Continued

Month and Year of Release of Newsletter in Fiscal Year 2020	Health and Wellness Topic	Number of Persons Served in Fiscal Year 2020 (Printed Newsletter)	Number of Persons Served in Fiscal Year 2020 (Electronic Newsletter)
Special Edition: April/May 2020 Update	 Information on changes due to pandemic How to connect for virtual programs Virtual UpBEAT program offerings 	703	72
May.2020	 Event change updates How to become an UpBEAT member Staying Active and Engaged Staying Informed about COVID-19 UpBEAT programming 	702	74
June 2020	 Three Pillars of Brain Health (Mind, Body, Spirit) International Best Friends Day UpBEAT programming 	702	77

Month and Year of Release of Newsletter in Fiscal Year 2021	Health and Wellness Topic	Number of Persons Served in Fiscal Year 2021 (Printed Newsletter)	Number of Persons Served in Fiscal Year 2021 (Electronic Newsletter)
July 2020	 Three Pillars of Brain Health Mind, Body and Spirit Age Friendly Athens County UpBEAT programming 	700	76
August 2020	 Resources by Phone Athens County Public Library Technology Training Services; UpBEAT programming 	700	78
September 2020	 Six Foods that Fight Depression Ohio Senior Health Insurance Information Program (OSHIIP) Services Quotes from Members UpBEAT programming 	700	78
October 2020	 Telehealth Appointments and Communication with Your Doctor UpBEAT Exercise Class Quotes from Members UpBEAT Programming 	700	78
November 2020	 Balanced and Well Connecting Virtually with UpBEAT UpBEAT Programming 	700	79
December 2020	 Strategies to Ignite Your Emotional Health UpBEAT Webpage UpBEAT Programming 	700	80
January 2021	 How to Avoid Injury In Your 60s Athens County Public Library Technology Training Classes UpBEAT Programming 	707	80
February 2021	 Snack Attack! UpBEAT Exercise Class UpBEAT programming 	708	84

CD – 5.6.2. Scope of UpBEAT New	sletters Created and Distributed in Fiscal Year 2021 —
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CD 5.6.2. Continued

Month and Year of Release of Newsletter in Fiscal Year 2021	Health and Wellness Topic	Number of Persons Served in Fiscal Year 2021 (Printed Newsletter)	Number of Persons Served in Fiscal Year 2021 (Electronic Newsletter)
March 2021	 Cold Weather Safety: Hypothermia UpBEAT Survey Ohio University Area Health Education Center (AHEC) Telehealth 101 Series UpBEAT Programming 	702	85
April 2021	 Why Do We Need Vitamin D, and How Much is Enough? Live Healthy Appalachia Athens Lift Project UpBEAT programming 	707	87
May 2021	 Keep the Pain Out of Your Garden Chronic Pain Self- Management Workshop UpBEAT programming 	706	87
June 2021	Unexpected Benefits of Meditation; Options to Receive UpBEAT Newsletter; History of UpBEAT; UpBEAT programming	707	87