


This manual explores the issues of violence and sexuality faced by today’s teenagers and the role the church should play in response to sexual abuse. This revised and updated edition addresses the experiences of date rape, stranger rape, and incestuous abuse. It also looks at the cultural context in which these experiences occur—with a special emphasis on the media, especially music video television. The curriculum includes six-1 to 1 ½ hour sessions. Each carefully designed to facilitate an honest, respectful, Christian response to the sexual abuse of young people.
**CHILDREN/YOUTH/PARENTING**

This guidebook is designed to help you and your family find different ways to help your children cope with crisis. These methods work well with children ages 12 and under.

A practical guide for helping youth grow up healthy.


Film showing what happens when you are on a "McDonald's only" diet. This educationally enhanced version includes new, instructional content and games that help educate viewers on a host of subjects related to the film. Perfect for students grades 6-12. 100 minutes.

This booklet provides up to date information about diabetes, both Type 1 and Type 2, for parents, teachers and students. English/Spanish.


CLERGY HEALTH


Faithandleadership.com (with several articles on clergy health)

The Girlfriends’ Clergy Companion: Surviving and Thriving in Ministry. DeRosia, Melissa; DeRosia, Lynn; Grano, Marianne; Morgan, Amy and Riley, Amanda Adams. (2011) Alban.


This packet contains a 22 minute DVD presentation, a 7 step-color training manual and an educational PowerPoint CD presentation that discuss African-American end-of-life concerns and issues in a culturally sensitive way.

Things you need to know about end-of-life and help to get started.


Five Wishes booklets give you a way look at choices if you get seriously ill. They are not legal documents in Ohio, but can help families and faith communities look at how to have end of life treatment conversations.


4-part video series set with discussion guide—90 minutes each. Topics include: Living with Dying, A Different Kind of Care, A Death of One’s Own, A Time to Change.


DISABILITIES


This book offers practical advice and hope for families with a child who had a serious illness or disability. It will show you how to identify the strengths that already exist in your family and then use those strengths to enable your family to flourish - even in the face of burdens that feel unbearable.


ELDERLY


**FOOD**


Recipes from Latin American countries in English and Spanish.

This recipe booklet brings together many African American favorite recipes, prepared in a heart-healthy way lower in fat, especially saturated fat, cholesterol and sodium.

This curriculum will help participants understand the relationship between our Christian heritage and our food. It examines four aspects of our lives with food: the health of our bodies; the access others have to food; the health of the earth, which our food choices influence; the ways we use food to extend hospitality and enrich relationships.

**HEALTH & SPIRITUALITY**


The author draws on his own research as well as other findings from both scientific and spiritual literature to present the ways that such people can transcend pain and distress finding a sense of health deeper than the physical.


HEALTH CARE JUSTICE/HEALTH DISPARITIES


HEALTH IN YOUR CONGREGATION


Minor, Michael. Articles about “the Southern Pastor who banned fried chicken from his church”.
www.bendbulletin.com/article/20110827/NEWS0107/108270313/


HOME FROM THE HOSPITAL


MENTAL HEALTH AND SPIRITUALITY


**RACIAL/ETHNIC FOCUS**


**RELATIONSHIPS**


THEORY/BACKGROUND FOR HEALTH MINISTRIES


WELLNESS CURRICULA FOR CONGREGATIONS

Church Health Reader - www.chreader.org

Living Compass: Congregational Wellness for Heart, Soul, Mind, and Strength - www.livingcompass.org
The Living Compass curriculum was developed to equip churches become places where people could have authentic conversations about continuing to become more fully alive, as God would desire for them.