

# DHFP UPDATE

Doctors Hospital Family Practice Newsletter

Winter 2020

## Happy New Year!

This past year has brought about a lot of positive change for the DHFP program! We are very thankful for our alumni and current residents for giving us constructive input for ways to improve the program! The year 2019 saw a lot of change including a new collaboration with PrimaryOne for our community medicine rotation, re-organization of our psychiatric rotation, and re-structuring of the OB experience with Grant Family Medicine, all of which were initiated based on feedback from our DHFP family! Thank you, and keep the comments coming!

## What will we see in 2020?

The Doctors Hospital Family Practice residency program continues to look for opportunities for growth! The program recently acquired a state-of-the-art ultrasound (US) machine for teaching purposes within the office setting. Hopes are to implement a longitudinal US curriculum to build our doctors' proficiency in the various uses of US in the office.

This will involve a detailed program by which the faculty will train on various uses including abdominal, pelvic, musculoskeletal, thyroid and then a structured yet flexible set of learning objectives for our residents!

*The purpose of this newsletter is to keep our alumni informed about the happenings of Doctors Hospital Family Practice and also to let our future residents know the most up-to-date information about our program.*



## In This Issue

- OMT Labs / Milestones
- DHFP Office Activities
- Fall Retreat
- Opportunity to Give Back

Class of 2022: Drs. Andrew, Booker, Fleischer, Miller, and Knight at Fall Retreat. Not pictured: Dr. Ravichandran

## Holiday OMT!

The holiday season provides plenty of opportunities to give thanks, but for us it also provides pediatric volunteers! Our pediatric OMT lab has traditionally taken place the Wednesday prior to the Thanksgiving Holiday, and our pediatric volunteers did not disappoint this year! Our residents had a great lab experience thanks to these simulated patients!

Monthly OMT labs are a standard part of the academic curriculum at DHFP. Topics are presented in evidence-based format, and most labs take place in the Heritage Center at Doctors Hospital.

Other specialized OMT labs that take place throughout the year include inpatient OMT (partners use hospital beds instead of standard OMT tables to practice techniques) and OMT for the obstetric patient (in collaboration with the OB/GYN residency at Doctors Hospital).

Below: Dawn Dilinger, DO instructing the pediatric OMT lab.



## MEETING OSTEOPATHIC MILESTONES

*“For accreditation purposes, the Milestones are competency-based developmental outcomes (e.g., knowledge, skills, attitudes, and performance) that can be demonstrated progressively by residents/fellows from the beginning of their education through graduation to the unsupervised practice of their specialties.” - acgme.org*

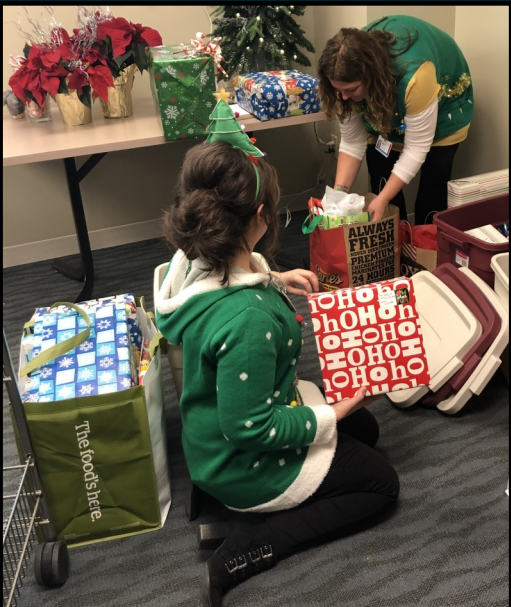
In addition to offering a variety of OMT labs to practice and expand osteopathic skills and knowledge, DHFP has implemented OMT lunch and learns that occur once a month to provide opportunities for osteopathic mentorship in line with the Osteopathic Milestones. These lunch & learns are led by our senior residents and address a variety of osteopathic topics. It has been rewarding to see the progression of DHFP residents from learner to mentor in their osteopathic skills sets!

# DHFP Togetherness

Below: Program Director Andrew Eilerman, DO ('06) and his family hosted an "international" potluck for DHFP!



Above: Pictures from our Autumn Harvest Party! / Below: Annual Holiday gathering and Adopt-A-Family!



# Fall Retreat 2019: Communication and Kindness

Jennifer Reynolds, LSW organized another successful fall retreat! This year it took place at the beautiful Cedar Ridge Lodge in Batelle Darby Creek MetroPark. Main topics included communication and kindness. Fall retreat typically includes the entire DHFP family, including our office manager, front office associates, RN, medical assistants, residents, and faculty. We practiced crucial conversations, as well as played “People BINGO,” participated in team-building activities, and took time to unwind with other games and activities! We also revisited our mission statement and had some meaningful discussion around what it means to be “DHFP!”



## **Give Back to DHFP!**

There are easy ways to support our continued efforts in strengthening the DHFP program:

1. **Make a donation via the website**

**below:**

<https://foundation.ohiohealth.com/doctors/education-giving>

**(In the dropdown menu under designation, please select Doctors Family Medicine Residency)**

2. **Send a check or money order to:**

**OhioHealth Foundation**

**180 East Broad Street, Floor 31**

**Columbus, OH 43215-3707**

**(Please note in the memo field of the check that the gift is for the DH Family Residency Fund #55039)**

## **We would like to hear from YOU!**

Graduates from this program are doing great things, and we would love to celebrate those accomplishments!

**Please send any news you would like to share with your fellow DHFP Alumni to:**

**tejal.patel@ohiohealth.com**