

# DHFP UPDATE

Doctors Hospital Family Practice Newsletter

Summer 2020

## In the time of Health Crises

A lot has happened in this world since our last newsletter, and we want to take a moment to reflect on the current health crises and their impact on our community. We know that each individual has a story, and we will do our best to help that individuality not only exist but thrive in this constantly changing environment. We thank every patient who trusts us with their care, every staff member who trusts us with their safety, and every doctor who trusts us with their education. We are in this together.

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*The purpose of this newsletter is to keep our alumni informed about the happenings of Doctors Hospital Family Practice and also to let our future residents know the most up-to-date information about our program.*

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### In This Issue

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Above: Dr. Ahmed (PGY 2) Virtually Presents an Osteopathic Journal Review during Wednesday morning Didactics

## Welcome Dr. McKenna!

Alexandra McKenna, DO ('18) joined the clinical faculty as Assistant Director in April of this year. She hit the ground running with improvements in the didactic schedule for AY 20-21, Clinical Competency Committee meetings, and lending a listening ear to our current residents. With her background as a community physician, she helped the office move quickly through the ever-changing COVID-19 playbooks to ensure that staff, residents, and faculty were not overwhelmed with process changes. She offers a fresh perspective on the goings-on of the residency program, and we are grateful for her passionate drive to help the program improve!



# OFP

Osteopathic Family Physician

THE OFFICIAL PEER-REVIEWED  
PUBLICATION OF THE AMERICAN  
COLLEGE OF OSTEOPATHIC  
FAMILY PHYSICIANS

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#### EDITOR'S MESSAGE

Leadership and Optimism

#### RESEARCH ARTICLE

Barriers to End-Of-Life Discussion  
in the Primary Care Setting

#### REVIEW ARTICLES

Non-Allergic Rhinitis with Osteopathic  
Treatment Techniques

Primary Care Recognition and  
Treatment of Methamphetamine Use  
Disorder

#### CLINICAL IMAGE

Seizures in an Immunocompromised  
Patient

#### PATIENT EDUCATION HANDOUT

Borderline Personality



## DHFP on Paper

Congratulations to Devon  
Boydston, DO ('19) and Jill Porter,  
DO ('02) for their recent publication  
in the Osteopathic Family Physician  
Journal: "Barriers to End-of-Life  
Discussions in the Primary Care  
Setting"

## Around the Office: Meet Mariah!

Mariah Nevels is the residency program consultant for Family Medicine at Doctors Hospital. She is currently pursuing her Master's Degree in Healthcare Administration at Franklin University. She completed her undergraduate studies at Otterbein University where she received a degree in Public Health and Business Management. Mariah is passionate about education centered on social determinants of health and health disparities.



“While working in medical education one of the things I have enjoyed the most is learning the nuances of graduate medical education and interacting with the residents. I enjoy being a part of DHFP because of the faculty, residents, staff and family-oriented feel of this program. During my free time I enjoy trying new restaurants, reading and spending time with family and friends.”

-- Mariah

## In the Community



Above: Alexa Fiffick, DO (PGY2) and Jen Reynolds LSW, MS recently joined Dr. Porter and the Wellness on Wheels team to pack meal bags for their Helping the Homeless project.

Below: Dr. Porter and Jen participated in the OhioHealth PRIDE walk in 2019. The walk was cancelled this year due to COVID-19. DHFP faculty plans to engage residents and staff into more community-oriented activities during AY 20-21.





## Congratulations Class of 2020!

DHFP celebrated another successful class earlier this month! The graduation breakfast was in a different format this year, but we were able to have close friends and family participate virtually from afar!

Michael Basedow, DO — Basedow Family Clinic, Ironton, OH, recipient of Kenyon B Corry, D.O. and W Dayton Henceroth, D.O. Osteopathic Heritage Award

Nicole Hardeman, DO — OhioHealth Physician Group, Dublin, OH; recipient of hospital-based Ruth Purdy Award: (To an outstanding female in the profession who makes significant contributions to her community)

Michael Joseph, DO — OhioHealth Physician Group, Grove City, OH; recipient of Resident Teacher Award and Community Service Award

Melissa Koppelman, DO — Thornville Family Medical Center, Thornville, OH; recipient of Lori Gill-Grennan, D.O. DHFP Research Award

Jeff Marshall, DO — Westerville Family Physicians/COPC, Westerville, OH

Pavla Tymbel, DO — Upper Arlington Preventative Primary Care, UA, OH; recipient of hospital-based Spirit of Caring Award: (To an individual who embodies compassion for patients and “caring for those we serve”)



## Alumni Spotlight



**Daniel Clearfield, DO, MS, FAOASM ('10)** started his own primary care sports medicine practice in 2019: **Motion is Medicine Sports Medicine** in Fort Worth, Texas ([www.MotionisMedicineDFW.com](http://www.MotionisMedicineDFW.com)). He specializes in sports medicine, non-operative orthopedics, osteopathic manipulative medicine, regenerative medicine, and concussion management. He also stays busy with coverage of numerous sporting events as well as serving as an official team physician for USA Wrestling and USA Judo. In the past year as a USA Wrestling Team Physician he has covered the Pan American Olympic Games in Lima, Peru, the Women's National Championships, the Senior National Championships & Olympic Trials Qualifier, the NCWA National Championships and most recently the Pan American Championships in Ottawa, Canada. He also continuously precepts students and residents from all over the country and is adjunct faculty at UNTHSC-TCOM, where he was previously full-time and the Program Director for the UNTHSC-TCOM Primary Care Sports Medicine Fellowship. Dr. Clearfield was also a presenter at the annual OhioHealth Primary Care Conference last year.



# Save the Date: OhioHealth Primary Care Conference

October 2nd and 3rd, 2020

Please look out for more information regarding our annual CME conference, the OhioHealth Primary Care Conference, in October. Although the conference typically takes place at Doctors Hospital Heritage Medical Center, the Conference Planning Committee recently decided that it will be entirely virtual, at a reduced cost.

The conference is a collaborative effort among the family medicine programs at OhioHealth: Doctors, Dublin, Grant, O'Bleness, and Riverside. A variety of high-yield adult and pediatric topics will be presented. Stay tuned!

## Give Back to DHFP!

TWO easy ways to support our continued efforts in strengthening the DHFP program:

**1. Make a donation via the website below:**

<https://foundation.ohiohealth.com/doctors/education-giving>

(In the designation field, please select Doctors Family Medicine Residency)

**2. Send a check or money order to:**

OhioHealth Foundation  
3430 OhioHealth Parkway  
Columbus, OH 43202

\* Please note in the memo field of the check that the gift is for the DH Family Residency Fund #55039

## Step into the Alumni Spotlight!

Graduates from this program are doing great things, and we would love to celebrate those accomplishments! We will continue to feature an Alumni Spotlight in upcoming editions of this newsletter.

Please send any news you would like to share with your fellow DHFP Alumni to:  
[tejal.patel@ohiohealth.com](mailto:tejal.patel@ohiohealth.com)