

Information Guide to
Outpatient
Surgery



Welcome

Thank you for choosing Doctors Hospital to be your healthcare provider. We hope to make your visit with us as pleasant as possible and our goal is to meet all of your expectations while you are here. All outpatients, overnight patients and admission day patients begin their surgical experience in Outpatient Surgery.



Central Ohio's trusted leader

Doctors Hospital is proud to be an integral part of OhioHealth, central Ohio's trusted leader for healthcare. In Columbus, OhioHealth includes Grant Medical Center and Riverside Methodist Hospital and numerous health centers conveniently located throughout Columbus. Together with Doctors, OhioHealth is dedicated to helping people get better and stay well. Maybe that's why more people in central Ohio rely on us for their family's healthcare.



Location

Doctors Hospital is located at 5100 West Broad Street, one mile west of I-270. Enter the hospital at the Broad Street entrance. You will need to stop at the registration desk located in the main lobby to pick up your registration papers.

Parking

General parking is available at the main hospital entrance. Park in the large parking lot just off West Broad Street.

Scheduling

Your physician will schedule your surgery for you. A Doctors “liaison nurse” will contact you one to two days before your surgery. The nurse will confirm the date and time of arrival for your surgery and ask for necessary pre-admission information. If you have any questions, please do not hesitate to ask them at this time. We are here to meet your needs and want this to be a positive experience for you. If we have not contacted you the day prior to your surgery, please call (614) 544-2170 or (614) 544-1011 between 2 p.m. and 4 p.m.

Pre-Admission Testing

Your surgeon or family physician may complete your pre-surgical testing. This service is also available by appointment at Doctors Hospital. Your surgeon can schedule this for you.

Pre-Surgery Instructions

For your safety and comfort, you must follow these instructions:

- Eat only a light meal at dinner the night before your surgery before 8 p.m.
- Do not drink any liquids after midnight. Between 8 p.m. and midnight you may have clear liquids only.
- Do not drink any alcoholic beverages during the 24 hours before your surgery.
- Carefully follow the instructions that you were given regarding food and fluid restrictions.
- Brush your teeth without swallowing.
- Do not wear jewelry. All jewelry must be removed before going to the operating room.
- Wear little or no makeup.
- Remove all nail polish before coming to the hospital.
- Bring the case in which you place your eyeglasses or contact lenses. Storing lenses in the case will help prevent loss.
- Wear casual, comfortable, loose-fitting clothing.
- You will be asked to remove your dentures before surgery. They will be placed in a denture cup and returned to you after surgery. If you have a partial-plate denture, please leave it at home.
- Bring to the hospital a list and the doses of all medications that you currently take.
- Your physician will notify you of any other special instructions.
- Arrange for a responsible adult to drive you to and from the hospital. You will not be permitted to drive after your surgery.

Day of Surgery



We ask that you arrive at the hospital approximately two hours before your surgery is scheduled to start. Enter the hospital at the West Broad Street entrance. You will need to stop at the registration desk to either register or pick up your registration papers. Please bring your insurance card and another form of identification with you. You may be asked to pay your insurance co-pay at that time. An identification band with your name and date of birth will be placed on your wrist at this time. The person assisting you will direct you to the appropriate Outpatient Surgery area.

We ask that you bring no more than two people with you. You may be allowed to have one person stay with you in the Outpatient Surgery area until you go to surgery. If you are an outpatient, you must have a responsible adult with you to drive you home. Outpatient Surgery patients will not be permitted to leave the hospital unless someone is with them. Surgery may be canceled for patients who have not made arrangements to be accompanied home.

All patients will be asked to sign a consent form prior to surgery. This may be done in your surgeon's office. When surgery is to be performed on a minor, the consent form must be signed by the parent or legal guardian who must be present during the surgery.

Before Surgery

An Outpatient Surgery waiting area is available for your family while you are in surgery. There is a liaison in this area to provide updated information and answer questions. Following your surgery, the surgeon will speak to your family either in the waiting area, by phone or after you have returned to Outpatient Surgery. There is a patient tracking system in the lobby that shows your progress through the department during your surgery. Your family will be given a number to allow them to see where you are in the surgical process.

Once you arrive in the Outpatient Surgery area from Registration, you will be given a belongings bag for your clothes. Please bring as little as possible with you. We DO NOT have a secure area to store your personal belongings while you are having surgery. We encourage you to leave all valuables at home. Your family will be responsible for your belongings while you are in surgery. Children should bring a security item with them.



After changing clothes, you will be asked a series of questions, if these were not asked prior to coming into the actual department. Please bring a list of all current medications with dosage and when taken with you. You will then have your blood pressure, heart and respiratory rate and temperature taken. An IV will be started in your hand or arm and any medications ordered by your surgeon or anesthesiologist will be given. You will go from this area directly to surgery. We generally walk the patient to surgery; if this is uncomfortable for you, let us know and we will place you on a bed or take you by wheelchair.

Anesthesia

Before going to surgery, someone from the Department of Anesthesiology will talk with you about your medical and anesthesia history. Decisions about the choice of the type of anesthesia administered will be made by the anesthesiologist and your surgeon. "Local" anesthesia involves only the area of the body on which the surgery is to be performed. It will be administered by your surgeon. "General" anesthesia involves receiving medications that allow you to sleep during your surgery. This is administered by a physician specialist called an anesthesiologist or in conjunction with a certified nurse anesthetist. If you are having general anesthesia you will be seen by an anesthesiologist before surgery.

After Surgery

Following your surgery, you will go to the Post Anesthesia Recovery Room for approximately one hour. Your family will be notified when you arrive in this area. During the time you are in this area you will have your heart rate and rhythm monitored, as well as your respiratory rate, temperature and oxygen utilization. You may have supplemental oxygen on for a short period of time. It is important to let your nurse know if you are experiencing pain. You will be asked to "rate your pain" on a scale of 1 to 10, with 10 being the worst pain you have ever had. The nurse will be able to give you medication to help control your pain or discomfort. Once you are ready to leave this area, you will be taken back to the Outpatient Surgery area if you are going home, or transferred to a patient room if you are staying overnight. There is NO visitation allowed in the Post Anesthesia Recovery Room.



It is normal to feel a little dizzy or drowsy for several hours after your surgery. This is due to the action of the medication used during anesthesia and pain medication given after surgery. You should not drive, operate any equipment, sign important papers or make any significant decisions during the first 24 hours after you surgery.

Once you have returned to Outpatient Surgery area, you will have your blood pressure, heart and respiratory rate and temperature checked. You will be given some fluids to drink and crackers to eat. If you are having any pain or discomfort, please let the nurse know, using the pain scale. The nurse will be able to give you oral medication at that time. Once you are ready to be discharged, usually in an hour, the nurse will go over home instructions with you and a responsible adult. You will be given a copy of these instructions. Any medications you take on a daily basis should be continued unless your surgeon tells you otherwise. An appointment for follow up care with your surgeon will be made before you leave, if their office is still open. Your IV will be discontinued and you will be able to get dressed. You will be discharged by wheelchair to the Broad Street entrance and assisted to your car. If you have any questions, please feel free to ask them before you leave. If we have not met your expectations for care, please let us know.

We attempt to call all outpatients 24 to 48 business hours after surgery. If you need to speak to your surgeon we will ask you to contact his or her office. You may receive a Patient Satisfaction Survey in the mail following your surgery. We encourage you to fill this out and return it by mail. If you feel someone has provided you with great care, feel free to mention them on the survey.

Post-Surgery Diet

Your surgeon may suggest specific diet restrictions, if necessary, after your surgery. If you have tolerated food well you may gradually add other foods to your diet, until you are back to your normal diet.

Thank You

Thank you for allowing Doctors Hospital to be your healthcare provider.



**Nationally
Recognized for
Quality**

Doctors Hospital is the only hospital in central Ohio to earn dual accreditation by AOA's Healthcare Facilities Accreditation Program (HFAP) and the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO), the nation's leading monitors of quality healthcare. And in 2004, Doctors Hospital, Grant and Riverside were the first three Columbus area hospitals to receive designation as accredited chest pain centers.



**Great Hospitals Start
with Great People**

At Doctors Hospital we have a full complement of healthcare services and state-of-the-art technology, but we know that truly great hospitals start with great people. People who go above and beyond the call of duty to take care of the patients and families we serve every day. It's why Doctors will always be a hospital as special as the incredible people working here.

Award Winning Staff

No matter what the department, no matter what the position, the staff at Doctors is extremely passionate about what they do. It's this personal commitment to deliver exceptional patient care that earned our nursing leaders the nurse executive of the year award from the state of Ohio's nursing society. In addition, the Ohio Health Care Association's 2003 healthcare worker of the year was a Doctors Hospital employee. And although we like all the attention – it's not the driving force behind our staff's dedication to deliver great healthcare. That just comes naturally.





Please Complete the Following Appointment Schedule:

Date of Surgery _____

Arrival Time to Hospital _____

Surgeon's Name _____

Surgeon's Phone _____

Pre-Admission Testing Date _____

Outpatient Surgery
(614) 544-1011



Together we are a faith-based, not-for-profit family of leading healthcare providers:

RIVERSIDE METHODIST HOSPITAL ■ GRANT MEDICAL CENTER ■ DOCTORS HOSPITAL ■ GRADY MEMORIAL HOSPITAL
DUBLIN METHODIST HOSPITAL ■ DOCTORS HOSPITAL – NELSONVILLE ■ HARDIN MEMORIAL HOSPITAL
MARION GENERAL HOSPITAL ■ HOMEREACH ■ OHIOHEALTH NEIGHBORHOOD CARE

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